



Diabetic Eye Screening

Diabetic eye screening is a test to check for a condition called diabetic retinopathy. This is when diabetes causes the small blood vessels in the retina (backs of the eyes) to leak or become blocked. This screening test is offered to people aged 12 and over with type 1 or type 2 diabetes.

Diabetic Eye Screening- Social Story



✓ (1) Your eye screening appointment will be at one of the hospitals in your area. Your letter will tell you when and where your appointment is.



✓ (2) You will be asked to wait in the waiting area until the nurse is ready to see you.



✓ (3) The nurse will explain what is going to happen and will ask if you have any questions.



✓ (4) You will first do a sight test. If you wear glasses bring these with you and wear them for this test.



- ✓ (5) You will then have a photo taken of your eye. You should take your glasses off for this.



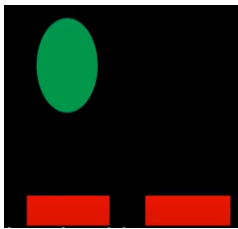
- ✓ (6) The camera will be brought towards you to see if your pupil is big enough to take a photo. You put your chin on the rest and your forehead on the bar.



- ✓ (7) If your pupils are not big enough the screener will put eye drops in your eyes. The drops may sting a little and you cannot drive for several hours after.



- ✓ (8) You will be asked to take a seat in the waiting area for 15-20 minutes to let the drops work.



- ✓ (9) The screener will then go ahead with the photos of your eye. To take the photo you should concentrate on the spot of light. This will be followed by a flashlight.



- ✓ (10) This will be done for both eyes. The test is then finished.



- ✓ (11) You and your GP will also be posted a letter with your results within 3 weeks.



When you get your invitation, read the information carefully and decide whether you want to take the test. If the date or time on the letter doesn't suit you, please phone the number on the letter to make a new appointment.