



NHS Lothian IBS Dietetic Service
2nd floor
Leith Community Treatment Centre
12 Junction Place
Edinburgh
EH6 5JQ
Telephone 0131 536 6281

DIETETIC REFERRAL FORM

Our service provides specialist dietary advice to help people who suffer with ongoing gut symptoms caused by troublesome irritable bowel syndrome (IBS). This form should be completed if you continue to suffer from significant IBS symptoms after following the 1st line dietary advice presented in our online video for at least 4 weeks. Please fill in this form and post it to the address above. If we do not hear from you within 8 weeks of receiving the video link, you will be discharged from our service.

1. Personal details

Full name	
Date of birth	
Tel/mobile	

2. Have you watched our IBS First Line Advice video? Yes /No
3. Have you followed the first line dietary advice for at least 4 weeks? Yes/No
4. Do you give your permission to be contacted by telephone? Yes/ No
5. Any other comments?