

Maternal and Infant Nutrition Service Infant Feeding Support Near Me Video Call

If you have been referred to us for a Near Me video call, this is a virtual appointment that will enable one of our experienced Infant Feeding Advisors to discuss the feeding related difficulties you have been facing. During the call the Infant Feeding Advisor will ask you to tell them in your own words how feeding is going and then ask you to feed your baby so they can assess what is happening and make recommendations to help you. They may also ask you more about your baby or about how your breasts or nipples look and feel during or after feeding.

Preparing for your call:

- Normally our infant feeding staff are female, however if gender specific care is important to you, please get in touch to discuss your concerns on 0131 446 4589
- If you would like to feed your baby while you are on the video call with us, if possible, try not to have fed them too close to your appointment time.
- Wear something comfortable that will allow you to easily feed your baby.
- If you are using your mobile phone, you may want to have someone else available to hold your phone. This will make it easier for you to hold your baby and the Advisor will be able to see baby feed.
- If you are using a laptop, you may want to prop it up on something to provide an optimal view of the baby while feeding.
- The technology is secure and is authorised by the Scottish Government.
- A couple of weeks after the call, we will send you a link to a feedback survey, this will be sent to you via text message. The feedback is anonymous, and we value your feedback as it helps us to evaluate our service.



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**Breastfeeding
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