

Minutes of the Maternity Services Liaison Committee held on 28 March 2019 at 10 am in Seminar Room 1, Chancellor's Building, Little France Crescent, Edinburgh, EH16 4SB.

In Attendance:

Mathilde Peace	(Chair) Lay Representative
Liz Foster	National Childbirth Trust
Gail Stark	National Childbirth Trust
Sarah Denniston	Trustee, Pregnancy and Parents Centre
Karla Napier	La Leche League
Eden Anderson	Chair, La Leche League, GB
Kirstin Worsley	BFN PFG Project Manager
Kirsty McDonald	Midlothian Breastfeeding Alliance
Jenni Bonnar	Family Nurse Supervisor
Moyra Burns	Health Promotion Service Manager
Oli Campbell	SPM: Child & Maternal Health
Sue Shade	Clinical Midwifery Manager, SJH
Lynn Rose	Clinical Midwifery Manager, RIE
Pauline Smith	Clinical Midwifery Manager, RIE
Fiona MacLeod	Midwife, Ward 119
Catriona Grainger	Charge Midwife – Ward 211
Donna Swinney	Charge Midwife Lothian Birth Centre
Susan Brown	Midwife Lothian Birth Centre
Helen Macgregor	Practice Education Facilitator
Samantha Davidson	Midwife, Willow Team
Maureen Brownlee	Midwife
Torya Hughes	Student Midwife 3 rd year

Apologies:

Sally Egan, Jacqueline Imrie, Kate Cheesbrough, Nicola Welsh, Gail Norris, Carolyn Worlock, Sau Mei Fong and Andie Hewitt.

Welcome and Introductions

Members noted that due to an accident on the bypass the Chair was running late, therefore Ms Burns would take on the role of Chair until she arrived.

Ms Burns welcomed the Committee to the March meeting of the Maternity Services Liaison Committee. Members introduced themselves for the benefit of new members present. Welcome to Sarah Denniston (PPC) who will attend for a few meetings for Daisy Dinwoodie and Oli Campbell attending for Sally Egan.

1. Minutes of the Previous Meeting

1.1 The Minutes of 7 February 2019 Meeting were accepted as an accurate record.

2 Matters Arising/ Running Action Note

- 2.1 Appointment of Chair and Vice-Chair – The Chair confirmed that Ms Egan was content to extend her term as Vice-Chair for another two years.
- 2.2 Maternity QIT and LIG– Members noted that dates for 2019 had not yet been identified.
- 2.3 MSLC Website – Ms Burns noted that MP should have the figures on activity from JM. It was anticipated that they would be brought forward to a future meeting for consideration.
- 2.3.1 Ms Burns had advised the Chair of the cycle of review for the printed leaflets in respect of the inclusion of new groups. MP had circulated the information.
- 2.4 Thrush Guidelines – Members noted that Ms Kallat would work with Dr Stewart to provide clarity surrounding the Thrush Guidelines, ensure that they were visible to GPs on RefHelp. **Ms Burns would provide an update on progress at the next meeting.**
- 2.5 Triage – The Chair noted that she would pick up the action to bring an update on triage once Ms Barwick returned from leave.
- 2.6 Online Forums – The Chair advised that she had met with Mr Malzer (NHSL Public Involvement Manager) and though he was not against public forums, he could not see what value would be brought to the organisation by having one given the volume of forums already in place that can easily be accessed. The need for a moderator would also make it difficult .
- 2.6.1 Members were cautious in introducing a public forum without someone to monitor its contents; instead focus would look to the appointment of the MLSC Ambassadors and the Mothers’ Voices event.
- 2.7 Survey Monkey – Members were concerned that NHS Lothian had discontinued the use of survey monkey and no alternative had been identified. It was noted that the NHS Lothian Communications Department were exploring alternative options.
MP took the opportunity to ask Mr Malzer to raise the issue of the non-renewal of the NHSL contract with Survey Monkey with the Communications Dept.
- 2.8 There were no other matters arising for discussion.

MB

MP

3. Under MSLC Watch

- 3.1 Triage – Members noted that there was nothing to report pending MP meeting with AB.
- 3.2 Caesarean Section – Member noted that there was no update on caesarean sections at this time.

- 3.3 Induction of Labour – Inductions initiated by Cook's Balloon – Members noted the move to make Cook's Balloon induction first line option for induction instead of chemical induction.
- 3.4 Better Birth – Members noted that there was no update on Better Birth at this time.
- 3.5 Breastfeeding Support Services – Members noted progress to date detailed in the minutes of the MSLC Task Group meeting held on 8 February 2019. The main actions from the meeting focused on communication of what support was available to mothers, the NHS Lothian drop-in support groups leaflet and the proposed survey of mothers in respect of breastfeeding support.
- 3.5.1 The Chair advised that the Breastfeeding Support Task Group had agreed to trial a questionnaire on breastfeeding support as a small test of change. The Group proposed that 2-3 Health Visitors would hand out paper copies of the questionnaire to women at the 6-8 week check to complete over the period of a month. If successful it was hoped that the questionnaire would be rolled out online to all women across Lothian.
- 3.5.2 The Group had expressed frustration that no online survey tool was available for use. The Chair took an action to pick this matter up with **Ms McKay, Director of Communications**.
- 3.5.3 There was some discussion on how the information collated from the survey would be used and what benefit it would provide to mothers in Lothian. Members were cautious of doing surveys if benefits were not seen, though they acknowledged the power of feeling listened to. MP pointed out that the survey is primarily to gather information on what support women do access and potentially identify where and when support would be most useful to focus resources.
- 3.5.4 Ms Burns noted that when you googled 'breastfeeding support in Lothian', the NHS Lothian website was not instantly visible. She noted that without paying a significant sum to google NHS Lothian would not appear first on the list unless website usage increased. She encouraged colleagues to google breastfeeding support in Lothian and click on the Lothian Website regularly to raise the profile of the website and ensure that women in Lothian were being directed appropriately.

MP

4. MSLC and PPC combined Mother's Voices Event – 6 June 2019

- 4.1 The Chair announced that this event had received approval from Alex McMahon, Executive Director, Sally Egan and Frances McGuire. She described how Mothers' Voices events were held as part of the Maternity Voices Partnership Model in NHS England, where the MSLC was taken to areas where mothers /parents already met to engage and collate feedback in an environment they would be more familiar and comfortable with.

Members agreed that the Pregnancy and Parents Centre would be the ideal location to trial the model before holding similar event in other communities around Lothian.

- 4.2 The Chair had secured some funding for lunch as it would run from 11.30 to 15.30.

She noted that she would **circulate a grid for attendance** to ensure that there was presentation from across all NHS Lothian Maternity Services to meet with mothers and families. **MP**

- 4.3 A **small planning group will be convened** to prepare for the event and ensure it is widely advertised. It was noted that the event was open to everyone across Lothian. **MP**

- 4.4 Members agreed it was important that the purpose of the event was made clear when it was advertised as well as how the feedback would be processed and where to find information on actions taken post event.

5 MSLC Ambassadors

- 5.1 The Chair stressed that all current MSLC members were considered MSLC Ambassadors and invited to bring feedback to the committee.

- 5.2 Members discussed the proposed feedback form and guidelines. It was agreed that formal complaints should be directed to the Patient Experience Team (PET). **MP to make agreed amendments to the form.** MP

- 5.3 Members agreed at this time no new ambassadors would be recruited, a trial for a period of a year would be carried out. If successful, the Chair would look to interview and appoint new ambassadors from outwith the MSLC membership.

6. MSLC Informed Consent Sub-Group

- 6.1 Members noted that the Informed consent Sub-Group would meet directly after the meeting and that there would not be a subgroup meeting on 6th June. The group was in the process of trialling a decision-making tool given to women at booking.

7. MSLC Annual Reports

- 7.1 Members noted the final versions of the full report and short newsletter version. The full version would go to the Maternity QIT and be uploaded onto the MSLC website.

- 7.2 The Group explored how the newsletter version of the annual report could be printed and disseminated to public-facing areas such as waiting areas, NCT classes, wards and voluntary organisations across Lothian. **Mr**

Campbell took an action to speak to communications to expedite sign off of the newsletter report.

OC

8. Any Other Competent Business

8.1 Birth Centre Pain Pilot – Members noted the 6 month pilot in the birth centre that utilises sterile water injections as back pain relief for women in later stages of Birth. There was strong evidence to support the use of sterile water injections in reducing back pain without side effects to mother or baby. A guideline had been developed and staff were keen to get the word out to colleagues and women. DS and SB hoped that uptake would be good and the project would be rolled out across Lothian.

8.1.1 Members were very interested in this development and requested further information to disseminate widely. **Ms Swinney and Ms Brown would produce a brief paper** and send it to the Chair for circulation.

DS/SB

8.2 Tranent Peer Support Training Programme – Members noted the Government-funded Tranent peer support training programme in conjunction with La Leche League and Breastfeeding LENS. The project would run as a ‘train the trainer’ model for 3 years; over the 3 years there would be 2 cohorts of women and in each cohort there would be 10 women. There were one-off LLL training days scheduled for Aberdeen and Glasgow free of charge, each course would hold up to 25 participants and it was anticipated that 3 more dates would be in the diary, if Lothian were interested in holding a training event they only needed to provide a venue for the training.

8.3 Report on Breastfeeding Specialist Service Activity – Ms Burns advised that she would link with Ms Kallat to bring forward an **update on the activity** from the specialist service to the next meeting.

MB

8.4 Best Start Grant – Best start grants were being issued and women would be provided with a smart card to access the funds. The grants would run to the end of the year and it was important that the work with Best Start was not confused with Healthy Start vouchers. MB hoped that a one page document detailing essential information would be approved and uploaded on the website for women to access.

9. Date of the Next Meeting

9.1 The next meeting of the Maternity Services Liaison Committee is scheduled for 6 June 2019 at 10am in the Pregnancy and Parents Centre, 10 Lower Gilmore Place, Edinburgh. This will be followed by the Mothers’ Voices Event. Members noted that there would be no informed consent sub group meeting after the June Meeting.

RUNNING ACTION NOTE

ACTION NO.	DESCRIPTION	LEAD
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2.4	Members noted that Ms Kallat would work with Dr Stewart to provide clarity surrounding the Thrush Guidelines, ensure that they were visible to GPs on RefHelp. Ms Burns would provide an update on progress at the next meeting.	MB
2.5	The Chair noted that she would pick up the action to bring an update on triage once Ms Barwick returned from leave.	MP
3.5.2	The Group had expressed frustration that no online survey tool was available for use. The Chair took an action to pick this matter up with Ms McKay, Director of Communications.	MP
4.5	Mothers' Voices - small planning group to be convened	MP
5.3	The Chair took an action to revise the MSLC Ambassadors feedback form and guidelines.	MP
7.1	Mr Campbell took an action to speak to communications to expedite sign off of the newsletter annual report.	OC
8.1.1	Ms Swinney and Ms Brown would produce a brief paper on water injections and send it to the Chair for circulation.	DS/SB
8.3	Ms Burns advised that she would link with Ms Kallat to provide an update on the activity from the breastfeeding specialist service to the next meeting.	MB