

Minutes of the Maternity Services Liaison Committee meeting held on 26 August 2021 via Microsoft Teams.

**In Attendance:**

<b>Mathilde Peace</b>	Lay Chair
<b>Justine Craig</b>	Director of Midwifery (Vice Chair)
<b>Lyndsay Baird</b>	Committee Administrator
<b>Zoe Brown</b>	NCT Breastfeeding Project Coordinator
<b>Kat Prangle</b>	Breastfeeding Peer Support Facilitator
<b>Sau Mei Fong</b>	Chinese Link worker MEHIS
<b>Francesca Dymond</b>	Pregnancy and Parents Centre
<b>Daisy Dinwoodie</b>	Pregnancy and Parents Centre
<b>Jenny Hunter</b>	Breastfeeding Network
<b>Cat Berry</b>	JUNO
<b>Emma Cashmore-Gordon</b>	Aberlour Child Care Trust
<b>Judith Drake</b>	Lay member
<b>Sophie Orton</b>	Lay member
<b>Pauline Smith</b>	Clinical Manager, Obs & Gynae
<b>Lynn Rose</b>	Clinical Midwifery Manager, Obs & Gynae
<b>Julia MacLeod (for Emma Westall)</b>	Charge Midwife (ward 119 RIE)
<b>Catriona Grainger</b>	Charge Midwife (ward 211 RIE)
<b>Sue Shade</b>	Clinical Midwifery Manager, St John's
<b>Emma Jaimie</b>	Ward Manager, St John's
<b>Yvonne Cunningham</b>	Consultant Obs & Gynae, St John's
<b>Lynn Brown</b>	Community midwife
<b>Carole Downie</b>	Community midwife
<b>Carrie McIntosh</b>	Community midwife
<b>Kate Park</b>	Community midwife
<b>Lesley Scott</b>	Community midwife
<b>Catrina Wade</b>	Community Health Visitors, Team Lead
<b>Jillian Mackie</b>	Family Nurse Partnership
<b>Tracy McGillivray</b>	Team Leader, Health Promotion Service
<b>Karen Ormiston</b>	Assistant Programme Manager
<b>Connie Mcluckie</b>	Edinburgh Napier University

**Guests and speakers in attendance:**

<b>Julia Critchley</b>	Consultant, Theatres and Anaesthetics
<b>Anna Quinn</b>	ST6, Theatres and Anaesthetics
<b>Megan Lanigan</b>	Change and Improvement Manager, Mental Health Team

**Apologies:** Charlotte Scott, Sarah Denniston, Liz Foster, Alison Hagan, Emma Westall, Karen Bryson, Hanan Mustafa, Carolyn Worlock, Nicola Welsh, Andrea Hewitt and Chris Kissack.

## **Welcome and Introductions**

The Chair opened the meeting and welcomed members attending for the first time: Jenny Hunter, Breastfeeding Network; Cat Berry, JUNO; Judith Drake, lay member.

Mathilde Peace also gave a warm welcome to the midwives and Community Team Leaders attending the meeting. The MSLC is very grateful for their interest and input.

On behalf of the Committee, Mathilde Peace thanked retiring members, Moyra Burns, Health Promotion Services Manager, and Carol Hodgkin, Breastfeeding Network, for their contribution to the work of the MSLC and their support. She wished Moyra Burns all the very best for her upcoming retirement.

### **1. Minutes of the Previous Meeting**

1.1 The minutes of the meeting on 3<sup>rd</sup> June 2021 were accepted as an accurate record.

### **2. Running Action Note**

2.1 Surveys – The best options for online surveys will be considered once a maternity services social media presence (Facebook Page) has been established.

2.1.1 There was currently a variety of feedback being collected both from staff and users, happening in many ways. A satisfaction survey was currently used in all settings, led by Eli Begg, and a survey of staff about Elective Section processes was under way (Pauline Smith).

2.1.2 Mathilde Pace asked for survey results to be shared with the MSLC and offered help to involve users of the service for the Elective Section survey.

2.2 Baby Feeding Journal – The project is making good progress. Next step is to do a test of change.

2.3 Better Birth Group RIE - Amanda Paton is the new lead. Mathilde Peace has been in touch to ensure MSLC lay members are included in the future meetings but has not heard back yet.

2.4 Social Media – Lothian now has a maternity and neonatal social media policy, a framework and content ready to be posted. It is hoped that the Lothian Maternity Facebook account will be live soon.

2.5 Homebirth Team – It was noted that recruitment to the homebirth team has gone well with 4 midwives recruited (3 FTE - Full Time Equivalent). More

interviews were due to take place soon to fill the remaining posts and the team will start booking women in September, prioritising areas with the highest demand.

2.6 Birth satisfaction Scale - Will start being used in all settings from January 2022.

### **3. Any Other Matters**

3.1 Covid Vaccination for Pregnant Women - Covid-19 vaccines are now recommended when pregnant. Vaccination is the best way to protect against the known risks of COVID-19 in pregnancy for both women and babies, including admission of the woman to intensive care and premature birth of the baby.

3.1.1 Detailed information can be found on the NHS Lothian Maternity Services website, including how to book a vaccination slot:

- <https://services.nhsllothian.scot/Maternity/covid-19/Pages/Covid-Vaccination-Information.aspx>
- Link to the RCOG and RCM information sheet and decision aid is here: <https://services.nhsllothian.scot/Maternity/covid-19/Pages/Covid-Vaccination-Information.aspx>

3.3 The Best start - Daisy Dinwoodie, PPC, asked for an update on progress. Justine Craig explained that the programme and implementation had been due to restart but staffing issues over the Summer meant it was still currently paused. The Implementation Board is due to meet in October.

3.3.1 There is ongoing work around continuity with two active continuity midwifery teams in Lothian but there is little data reporting being done now. The Best start has been given an extension of two years. The next steps for Lothian are to add the Homebirth team and a team focusing on women with high clinical needs to the continuity programme.

### **4. MSLC Working Group on Informed Decision Making and Consent**

4.1 Mathilde Peace updated on progress.

4.2 The BRAIN sticker, BRAIN posters and NHS Inform booklet "Consent: It's your decision" are all ready to order. Mathilde Peace will visit the Community Midwifery Teams to discuss implementation as the sticker and booklet will be given to all women at their booking appointment. Roll-out to follow.

4.3 The Realistic Medicine Team, Scottish Department of Health, is following this project with interest and have offered support for the evaluation phase.

## 5. Epidural Pain Relief

- 5.1 Julia Critchley, Consultant Anaesthetist, explained that changes will be made to the epidural pain relief service with the introduction of new pumps. Satisfaction with the current service is very high (95% of women reviewed are satisfied with the service) but the new pumps have been shown to improve outcomes.
- 5.2 The new pumps allow for delivery of intermittent doses of pain relief, which has been shown to help women stay more mobile and have fewer heavy legs. This leads to higher vaginal delivery rates and fewer interventions. This will apply to women in labour but also to surgical use of epidural.
- 5.3 Julia Critchley noted several useful contacts to help communicate the change to staff and women. She is hoping for a change in attitudes and culture where keeping mobile during labour becomes the norm. Justine Craig was also directed to the Maternity Quality Improvement Team for support.

## 6. Maternal and Infant Mental Health – Megan Lanigan, Change and Improvement Manager, NHS Lothian Mental Health Team.

- 6.1 Mathilde Peace was pleased to welcome Megan Lanigan to the meeting and thanked her for agreeing to present an overview of Lothian Perinatal Mental health services.
- 6.2 Megan Lanigan gave a detailed presentation of the existing services and explained the proposed developments, in particular relating to Infant Mental Health.
- 6.3 The slides from the presentation are attached.
- 6.4 Megan Lanigan agreed to be contacted for an update to the MSLC in 6 months time.

## 7. AOCB

- 7.1 Edinburgh Napier University - Connie Mcluckie, Lead Midwife for Education, explained that the new NMC set of standards will apply to courses from September. The expected intake for 2021-22 is 61 midwifery students at BSC level, 20 at master's and 20 qualified nurses for the shortened course.

Connie Mcluckie asked for help to recruit volunteers with experience of maternity services to take part in a short-life working group which will monitor and evaluate the new programmes. There were several offers of help from the members. **Mathilde Peace to circulate request.**

- 7.2 Breastfeeding Buddies, NCT - Zoe Brown, NCT, said that the Lothian Breastfeeding Buddies are looking to recruit more peer supporters. Training spaces are now available. For more information:

<https://www.facebook.com/NCTLothianBFSupport/>

- 7.3 Infant Feeding Videos - Two new videos (breastfeeding and formula feeding) produced by the NHS Lothian Parenthood Education Team are now available on the website.

<https://services.nhslothian.scot/Maternity/FeedingYourBaby/Pages/default.aspx>

- 7.4 St John's Children's Fund - The Fund helps raise money for St John's Hospital children's services and wards, maternity services and the Special Care Baby Unit. To get involved, contact hello@echcharity or phone 0131 668 4949.

## 8. Date of Next meeting

- 8.1 The next meeting of the MSLC is scheduled for 28 October 2021 (10.00 am to 11.30 am) via Microsoft Teams. It will be followed by a meeting of the MSLC working group on shared decision-making and informed consent (11.30 am to 12.30 pm)

- 8.2 Remaining 2021 meetings: 16 December

- 8.3 Meeting dates for 2022, on MS Teams, all Thursdays 10am to 12 noon.

03 February, 07 April, 02 June, 25 August, 27 October, 15 December.

## Running Action Note

See below

<b>ACTION NO.</b>	<b>DESCRIPTION</b>	<b>LEAD</b>
<b>2.2</b>	Baby feeding journal update	<b>JC</b>
<b>2.3</b>	Better Birth Group RIE update	<b>JC /AP</b>
<b>2.4</b>	Social Media update	<b>JC/ GL</b>
<b>2.5</b>	Homebirth Team update	<b>JC</b>
<b>7.1</b>	Circulate request for volunteers (Napier)	<b>MP</b>