

Minutes of the Maternity Services Liaison Committee held on 6 June 2019 at 10am in the Pregnancy and Parents Centre, 10 Lower Gilmore Place, Edinburgh.

**In Attendance:**

<b>Mathilde Peace</b>	(Chair) Lay Representative
<b>Sarah Denniston</b>	Trustee, Pregnancy and Parents Centre
<b>Daisy Dinwoodie</b>	Trustee, Pregnancy and Parents Centre
<b>Liz Foster</b>	National Childbirth Trust
<b>Karla Napier</b>	La Leche League
<b>Pauline Smith</b>	Clinical Midwifery Manager, RIE
<b>Catriona Grainger</b>	Charge Midwife – Ward 211
<b>Fiona Thomson</b>	Charge Midwife, RIE Labour Ward
<b>Ros Burns</b>	Lead obstetric anaesthetist RIE
<b>Jenni Bonnar</b>	Family Nurse Supervisor
<b>Helen Macgregor</b>	Practice Education Facilitator
<b>Tracy McGillivray</b>	Team Leader, Health Promotion
<b>Carolyn Worlock</b>	Team Leader, Health Visiting
<b>Sean Donaldson</b>	Child & Maternal Health, Assistant Programme Manager

**Apologies:**

Moyra Burns, Mo Brownlee

**Welcome and Introductions**

The Chair welcomed the Committee to the June meeting of the MSLC. Members introduced themselves for the benefit of the new members present.

**Membership**

The Chair announced that Jessica Miller had moved to a new post and welcomed her replacement Sean Donaldson, Assistant Programme Manager, Child & Maternal Health to his first meeting of the Maternity Services Liaison Committee. The Chair also welcomed back to the Committee Daisy Dinwoodie, who was on a leave of absence from the Committee. It was noted that Sarah Denniston would cover Daisy Dinwoodie's leave of absence.

The Chair noted that Melissa Kallat, Lead Infant Feeding Advisor, was on secondment; a replacement had been appointment and would be made public in due course.

## **Pregnancy and Parent Centre**

Sarah Denniston gave an overview of the work the Pregnancy and Parents Centre (PPC) does for the local community . The members were advised that Kirsten Small, an Australian obstetrician will be talking about the influences of fetal monitoring on maternity care. The talk will be held on Thursday 13<sup>th</sup> June 2019, and all information about the event and registration can be found online.

The Chair commended the PPC for their exemplary work within the Community. She went on to thank the PPC for supporting the MSLC and for working in partnership to meet the maternity care needs of local families.

### **1. Minutes of the previous meeting**

- 1.1 The minutes of meeting held on 28 March 2019 were accepted as an accurate record.

### **2. Matters Arising Running Action Note**

- 2.1 Thrush Guidelines - Tracy McGillivray stated that the Thrush Guidelines would sit under the mothers' and the children's sections of Ref Help to be more easily accessible. She agreed to confirm whether Ref Help was available to the public and voluntary sectors and feedback at the next meeting.

**TG/MB**

*Karla Napier entered*

- 2.2 Triage - The Chair would revisit her action to meet with Annette Barwick now that she has returned from leave. She anticipated that she will meet with Annette Barwick during the Summer.
- 2.3 Survey Monkey - Sean Donaldson confirmed that the contract with Survey Monkey had ceased, and the Communications team were looking for alternative solutions, but nothing has been decided yet.
- 2.4 Mothers' Voices – The event would follow the Maternity Services Liaison Committee Meeting; commencing at 11.30 a.m. and run until 3:30 p.m. The Chair wanted to record her thanks to the group that organised the event and to the PPC for hosting the first event of this kind in Lothian.
- 2.5 MSLC Ambassadors feedback form and guidelines – The Chair advised that this will be discussed later on during the meeting.
- 2.6 Newsletter annual report – The newsletter format annual report had been categorised as non – clinical and therefore was not subject to the scrutiny of the Communications Department. Copies of the annual report were available

for download via Lothian Maternity Services Liaison Committee website. Paper copies of the annual report would be made available to the public at the Mothers' Voices event.

2.7 Sterile Water injections – The Chair circulated an overview of the process out with the meeting. There has been positive feedback about this new pain relief option at the Birth Centre. The process of review, expansion and the programme of training remained ongoing.

2.7.1 It was unclear whether there was currently sufficient capacity to support the demand for the service. The service was currently limited to the Birth Centre with plans to roll out wider in the organisation if the pilot was deemed successful. Pauline Smith agreed to clarify whether promotion of the service was appropriate at this time and feedback at the next meeting.

**PS**

2.7.2 Pauline Smith confirmed that the Birth Centre would try to accommodate anyone who requested the treatment in triage or on labour ward.

2.8 Breastfeeding specialist service – An update will be provided during the meeting.

2.9 Any other matters arising – there were no other matters arising from the previous minutes.

### **3. Under MSLC Watch**

3.1 Triage – Meeting with AB to be agreed.

3.2 Caesarean Section – Member noted that there was no update on caesarean sections at this time

3.3 Induction of Labour – Members noted that there was nothing to report

3.4 Better Birth – Members noted that next meeting will be held on 20<sup>th</sup> June 2019, at 10am at the RIE. The Chair noted that all MSLC members were welcome to attend the meeting.

### **4. Breastfeeding Support Services**

4.1 Update on Test of Survey – The Chair advised the Committee that the survey on early support for women wanting to breastfeed was about to be tested. Health Visitors would hand out paper copies of the questionnaire to women in four different areas at the 6-8 week post natal check-up appointment. The Chair would like to reach around 100 responses. If the feedback gathered proves useful the survey would be rolled out online to all women across

Lothian. This is depending on a replacement for Survey Monkey being secured.

- 4.2 Specialist Service activity – The Committee requested that Tracy McGillivray liaise with Moyra Burns to bring a report on the specialist service activity to the August meeting for consideration. The report should include the number of attendees, the reason they are attending, the number of visits to the service per mother and the age of the baby.

**TMG /MB**

- 4.3 Tracy McGillivray advised the Committee that the Scottish Government Health Department (SGHD) funded program for peer support through the National Childbirth Trust (NCT) has been approved.
- 4.4 The Breastfeeding Support Leaflet was released in May and was available to download from the 'Parents' Club' Website. Leaflets were previously held on the 'Feedgood' website which would now automatically redirect to the 'Parents' Club' website. Stickers on the red book had been updated to 'Parents' Club'.
- 4.5 It was noted that the profile of 'breastfeeding support in Lothian' on Google would only increase if the number of hits increased significantly. The members were encouraged to keep searching Google for "breastfeeding support in Lothian" and click on the Lothian Website regularly to raise the profile of the website.
- 4.6 Tracy McGillivray advised that the SGHD had funded posts to encourage Antenatal expressing and West Lothian Early proactive breastfeeding support of mum's projects. The projects would run for 18 months and regular updates and feedback on progress was expected.
- 4.7 Tracy McGillivray advised the members that promotion of the breastfeeding and skin to skin initiative RIE SHGD resources had been delayed. Work remained ongoing.
- 4.8 Tracy McGillivray informed the Committee about the Scottish Breastfeeding award that will be awarded at the end of the month, and the "Golden Drops" program that was currently running via twitter.

*Helen MacGregor entered.*

## **5. MSLC Ambassador Guidelines**

- 5.1 The Chair presented the draft guidelines for the MSLC Ambassadors. She noted that the process was an additional option to the standard feedback and complaint process for Maternity Services. She sought the Committees views on the appropriateness of the proposal.

5.2 The Committee approved the MSLC Ambassador Guidelines.

## **6. Lothian Website**

6.1 Sean Donaldson provided an update on the progress of the new Lothian maternity services website. After a lengthy period the website now had a dedicated tile for non-English speakers including essential local essential information PDF translated into 12 languages. Social media posts signposting the new resources would also be translated into the 12 languages.

## **7. Scotland Maternity Care Survey 2018**

7.1 The Chair advised the members that SGHD had sent out 5,000 survey forms to service users of which 2,000 have been returned, and the results have been analysed and are now available online.

<https://www.gov.scot/publications/maternity-care-survey-2018-national-results>

The Chair presented the main findings as below:

### Antenatal -

- 63% of women had the same midwife during antenatal care.
- 86% of women felt that they had time to ask questions during their antenatal appointments

### Labour –

- 84% had skin to skin contact after birth.
- 90% felt involved in decisions and listened to.

### Postnatal -

- 74% of women said that during their stay on the postnatal ward the staff spent enough time with them
- 86% felt listened to.
- 83% had enough information.

### Breastfeeding -

- 55% of the women had difficulties with breastfeeding
- 53% of women felt they were provided with consistent advice about breastfeeding
- 60% had active support from staff.

### Back home -

- 90% of women were positive about the support given by the Health Visitors after they returned home (felt listened to, HV had time for them)
- 53% of women felt they had been given enough information about local support groups

## **8. MSLC Working Group on Consent**

- 8.1 Ruth Stevenson and Mathilde Peace had presented the results of the MSLC survey on consent to student midwives at Napier University where it had been well received. Future presentations would be made to Band 7 midwives and consultants at the RIE.
- 8.2 The Chair presented the decision-making tool (BRAINS stickers) produced in line with the NHS Inform consent leaflet colour scheme. The stickers will be professionally printed and disseminated for testing to midwives in four areas including Leith, Tollcross, East Lothian and the PrePare Team. They will be given to mums in early and late pregnancy and the feedback will be analysed.

## **9. AOCB**

- 9.1 Best Start Grants - Tracy McGillivray advised that stage 2 of the Best Start grants for school age children had been released. Work to promote the grants and advertise to those who are eligible for the grants was underway. It was hoped that uptake of the grants would increase, ensuring that those in need receive the benefits they are entitled to.

## **10. Date of the Next Meeting**

- 10.1 The next meeting of the Maternity Services Liaison Committee was scheduled for 29<sup>th</sup> August 2019 at 10 am in the Almond Room, St John's Hospital, Livingston.
- 10.2 The Chair noted that the agenda for the meeting would have a West Lothian focus. She would seek items for the agenda from colleagues within West Lothian during the preparation of the agenda.
- 10.3 The Chair advised the Committee that the parking situation was much improved at St. John's Hospital, it was much easier to get a parking space and the parking remains free of charge for visitors. The Chair asked that travel and parking information be included in the invitation that will be sent out to MSLC members for the next meeting.

<b>ACTION NO.</b>	<b>DESCRIPTION</b>	<b>LEAD</b>
<b>1.</b>	Name of new Lead IFA	<b>MB</b>
<b>2.1</b>	Thrush Guidelines on RefHelp. Public access?	<b>TMG</b>
<b>2.2</b>	MP to meet with AB for update on Triage at RIE	<b>MP</b>
<b>2.3</b>	Replacement for Survey Monkey. Update.	<b>SD</b>
<b>2.7</b>	Update on sterile water injections availability.	<b>PS</b>
<b>4.2</b>	Specialist service activity. Data to be presented.	<b>MB TMG</b>