Draft Minutes of the Maternity Services Liaison Committee meeting held on 1st April 2021 via Microsoft Teams.

In Attendance:

Mathilde Peace(Chair) Lay RepresentativeLyndsay BairdCommittee Administrator

Justine Craig Director of Midwifery (Vice Chair)

Sarah Denniston La Leche League

Zoe Brown NCT Breastfeeding Project Coordinator

Carol Hodgkin Breastfeeding Network

Kat Prangle Breastfeeding Peer Support Facilitator

Liz Foster NCT Alison Hagan NCT

Yvonne Cunningham Obstetric Lead Labour Ward St John's Hospital

Lynn Rose Clinical Midwifery Manager

Hanan Mustafa Obstetrician RIE

Emma WestallCharge Midwife (ward 119 RIE)Catriona GraingerCharge Midwife (ward 211 RIE)Jacquelyn ImrieInfant Feeding Lead, NHS LothianElaine TurnbullProject Midwife RIE (breastfeeding)

Andie Hewitt Parent Education Coordinator

Emma Campbell Acting Community Midwifery Clinical Manager

Kate Park Community Midwife

Carolyn Worlock Team Manager, Community Health Visitors

Jillian Mackie Family Nurse Partnership

Movra Burns Health Promotion. Maternal & Infant Nutrition

Tracy McGillivray
Team Leader, Health Promotion
Best Start Implementation Manager
Karen Ormiston
Assistant Programme Manager

Carolyn Hollis-Martin Napier University
Connie McLuckie Napier University

Apologies: Nicola Welsh, Claire Mackie, Sara Ferreira-Jeffries, Torya Hughes, Karen Bryson, Sally Egan, Sue Shade, Sophie Orton.

Welcome and Introductions

The Chair opened the meeting and welcomed members attending for the first time: Jillian Mackie, Family Nurse Partnership, and Alison Hagan, NCT.

Mathilde Peace also welcomed the community midwives and Community Team Leaders attending the meeting.

1. Minutes of the Previous Meeting

1.1 The minutes of the meeting on 4 February 2021 were accepted as an accurate record.

2. Running Action Note

2.1 Online Survey Tool - NHS Lothian have signed a new contract with JISC (Joint Information Systems Committee), a not-for-profit network and IT services provider, which includes an online survey tool. Mathilde Peace has approached Justine Craig to ask for designated admin users in maternity services to be appointed.

JC

2.2 <u>Maternity Dashboard</u> – NHS Lothian are looking into the best way to share maternity data on a regular basis, perhaps through social media, once in place.

Alison Redpath of the Quality Improvement Team recommended reliable online sources of data which were circulated to the lay members.

Mathilde Peace has invited the new Quality Improvement Programme Team, led by Liz Bream, to present the current QI projects at the 3rd June meeting.

- 2.3 Better Birth Group RIE- Amanda Paton tbc as new lead.
- 2.4 <u>MSLC Working Group on shared decision-making and consent</u> The group will meet at 11.30am to discuss the proposal of a more extensive trial of a decision-making tool (BRAiN).

The maternity website review group has expanded the "How will I be involved in my care?" section, with input from lay Members. The updated website should be ready by the Summer.

2.5 <u>Maternity Engagement Groups</u>

Around 12 mothers are taking part in this quality improvement work. The groups on care on postnatal ward at RIE (including breastfeeding support) and welcome pack / discharge process will be contacted for further meetings.

2.6 Social Media

The short-life working group is making good progress. **Justine Craig to update**

3. Any Other Matters

3.1 <u>Homebirth Review Group</u> - The group is making good progress. Consensus is in favour of a dedicated homebirth team embedded in the Community Midwifery Teams. Work is underway around staffing and financing.

3.2 <u>Parent Education Leaflet</u> - The leaflet, which is given to every woman at booking, has been translated into the ten most prevalent languages in Lothian. The translations are available on the S Drive for staff to download and print when required.

Mathilde Peace thanked Andie Hewitt for ensuring the leaflet is available in other languages.

4. Infant Feeding Focus

4.1 Antenatal Expressing – Elaine Turnbull Project Midwife RIE

Please see attached slides.

Elaine Turnbull gave a detailed presentation on this project which is funded by the Programme for Government initiative. She explained the considerable work that went into writing the guideline and developing information and support for women. The early results are showing a positive impact. Feedback from women and staff is very positive.

Mathilde Peace thanked Elaine Turnbull for sharing her work on this project with the MSLC.

4.2 Jacquelyn Imrie – infant Feeding Lead

4.2.1 <u>Maternity Engagement Group</u> – Jacquelyn Imrie gave an update on the development of a baby feeding journal. The lay members on the group agreed that this was an excellent idea which would allow women to keep a personal record of the advice received and observations made throughout their feeding journey.

The group will be an integral part of the work towards achieving UNICEF Baby Friendly Gold Award accreditation.

- 4.2.2 <u>Specialist Breastfeeding Service</u> Jacquelyn Imrie said women continued to be supported through the specialist breastfeeding service. The pathway for referrals was working well and women had been supported first exclusively through "near me' consultations until face to face appointments could resume at RIE in May 2020.
- 4.2.3 <u>Peer Support on St John's Postnatal ward</u> This has been in place since October 2020 with 4 peer supporters visiting the ward on Wednesdays and Thursdays.

- 4.3 Health Promotion Tracy McGillivray (please see attached slides)
- 4.3.1 <u>Delivering Early Breastfeeding Support (DEBS)</u> This Programme for Government project is going well in West Lothian and is showing promising results.

Mathilde Peace to invite the project midwives to present to MSLC.

MP

- 4.3.2 <u>Healthy Start Vitamin D</u> A new streamlined pathway to deliver Vit D supplies to all pregnant women and babies/ children will be trialled from April 2021.
- 4.3.3 Online Drop-in BF Support Groups There are currently 13 online groups run by partner organisations. An information leaflet is given to all women at discharge and is available online.

Data collected from 400 women shows that women are accessing these groups earlier and primarily for help and advice. Pre-covid, women were joining these groups later and more for the social benefits they offer.

4.4 **Update from Partner Organisations**

Mathilde Peace apologised that due to time constraints this item would be postponed until 3rd June.

5. Birth Satisfaction Scale – Revised - Professor Caroline Hollins-Martin, Edinburgh Napier University

Please see attached slides.

Professor Hollins-Martin gave a detailed presentation of this assessment tool which she co-developed in 2011. The BSS-R is used worldwide and has been translated in many languages. It is easy to use, quick to score and can be used in a variety of contexts.

Justine Craig said the service needs to understand the intrapartum part of care better and that this tool will give information that is not currently available. It could be introduced alongside the Best Start implementation and in different settings.

Professor Hollins Martin will share the information with the Obstetric Lead, Emma Doubal, with a view to inviting Professor Hollins Martin for a presentation. Yvonne Cunningham will support this from SJH. Andie Hewitt was keen to be included.

The response from members attending was very positive and there is support across stakeholders to take this forward. **Justine Craig to progress.**

6. Date of Next meeting

6.1 The next meeting of the MSLC is scheduled for 3rd June 2021 (10.00 am to 11.30 am) via Microsoft Teams.

It will be followed by a meeting of the MSLC working group on shared decision-making and informed consent (11.30 am to 12.30 pm)

6.2 2021 meetings

3rd June, 26 August, 28 October, 16 December

All Thursdays at 10 am via Microsoft Teams

Running Action Note

ACTION NO.	DESCRIPTION	LEAD
2.1	Set up admin users for JISC online survey tool for maternity services	JC
2.5	Maternity Engagement Group update	MP
2.6	Social Media update	JC
3.1	Homebirth Review update	JC
4	Invite DEBS project midwives	MP
4	Infant Feeding Focus – Third Sector update	
5	Decision about BSS-R	JC