

**Lothian & Borders Stroke MCN
Training & Education Subgroup
31st January 2012**

MINUTES

Present:

Gillian Currie	Stroke Trainer, NHS Lothian & Borders
Gillian McClure	Physiotherapist, SJH
Morag Medwin (minutes)	Stroke MCN co-ordinator
Dr Marion Murray	Clinical Neuropsychologist
Dr Anne Rowat	Lecturer, Napier University
Mark Smith (chair)	Consultant Physiotherapist

action

1. **Welcome & apologies**
Apologies: Ros Fraser, Elizabeth Eadie, Pat Wynne, Gillian Baer, Vanessa Hamilton, Pauline Halliday.
Lynn Reid & Clare Adams will continue to support the subgroup from a national stroke training perspective and STARS developments but won't attend any particular MCN T&E subgroup routinely. CHSS initiatives will be represented by Gillian Currie.
2. **Minutes of the meeting of 1st Nov 2011**
These minutes were approved with the addition of Lorraine Somerville in attendance at the meeting.
3. **Actions/updates from previous meeting**
Included within agenda
4. **CHSS update**
 - 4.1 **Completed training**
Single Study Day – Enhancing end of life care – 23rd November 2011
14 attendees on the day, lower numbers than expected. But this did work well for the topic and group work. Evaluations wholly positive.

Attendees also noted possible topics for future single study days. These included: working with complex families, pain – CPSP, migraine, subluxed shoulder and psychological/cognitive issues
 - 4.2 **Future training sessions – 2012 programme**
Social Services Day – 23 February
15 members of social services registered and 5 from the voluntary sector (Places for People and Headway).

CCIS 1: 28/29 March
Six registrations to date. Speakers all contacted and aware of new two day format. Some modifications to presentations required. Also new session incorporating the SCoT to be included.

Single Study Day – Right Hemisphere Stroke – 24 April
Topic and speakers confirmed. To be advertised soon.

CCIS 1 9/10 May & CCIS 2 29/30 May
Registrations already coming in for these courses.

Single Study Days – 19 June & 21 November

The group discussed the possibility of running a day on dealing with complex family issues post-stroke with a different focus than the previous single day that was ran with the department of violence and aggression. Topics recommended were crisis intervention for staff and managing expectations of families. Mark agreed to contact Dr Stewart Donald at AAH who has worked with family counselling.

The suggestion of the topic “Technology in stroke” was also discussed looking at communication aids, robotic devices and the use of the Wii for rehab.

ACTION: Gillian to contact SLTs and OT Cait McSweeney at Keycomm. Mark to contact Stewart Donald

**GC
MS**

There was discussion on the training monies available for staff to attend training, and clarity was sought on whether staff from both CHP and UHD are able to attend external courses and training. Sheena Muir and Tracey McKigen will be contacted to clarify the position.

MM

[post meeting note: SM & TMcK confirmed that any training requests (internal and external) as appropriate for the development of the individual and service and with line manager’s approval will be supported by CHP and UHD – for UK travel only.

5. Ad hoc courses

5.1 SAS

Gillian reported back on the NACS-funded national Acute Stroke Management day for the south east Scotland region on 8th November 2011 in Dunfermline. There were 17 attendees which was lower numbers than expected due to last minute cancellations. There were several attendees from Lothian. Evaluation was positive and staff very receptive to all sessions. However, it was noted that there were ongoing issues with differing protocols and pathways in use across the south east region. This was discussed on the day with Paul Kelly, Clinical Governance from SAS.

5.2 Edinburgh OPMOC Implementation project

Mark noted that as a result of the transformation Change Fund increase in staff resources in Edinburgh, staff that require training will need to be identified. Training will either be for bespoke sessions or subsumed within the existing training as required.

5.3 Stroke Workbook

The first feedback session for the first set of trainers had been held on 10th January and mixed comments had been received by the attendees. The next set of training is planned for end of February. As part of the Rehab Medicine postgraduate education programme, there will be a lunchtime meeting on Thursday 2nd February at AAH – to which all staff are invited to attend.

Anne noted that Glasgow Caledonian and Edin. Napier Universities have been successful in a bid to fund a one year project in a nurse-led, tailored self management support for stroke patients from Burdett trust for Nursing. Lisa Kidd at GCU is the lead researcher on this bid. They are collecting qualitative data from in three health board NHS Highland, Fife and Lanarkshire to evaluate a nurse-led support intervention.

Mark also noted that the Scottish Stroke Knowledge into Action Community - SSKiA (formerly SSKiP), developed under the auspices of The Stroke Association Scotland, is also looking at developing self management toolkits. Linda Gibson (ECSS) and Mark are sitting on the Self Management Working Group.

5.4 Exercise after Stroke – beyond Edinburgh

Mark noted that he has submitted an application for a Health Foundation grant of £10k to provide REPS Level 4 training for 12 specialist fitness instructors (currently at REPS Level 3) from across all four Lothian local authority areas. There is also the aim to deliver four “Access to stroke” courses, one in each area, for the staff teams on each site.

6. STARS Project... STARS 4&5

Notes from Lynn Reid:

STARS 4: www.stroke4carers.org is now online and well visited. Over 2500 hits from 63 countries with an average time of around 6 ½ minutes on site. 440 on line evaluations completed so far, all very positive. A more qualitative evaluation will be done by approaching carers at groups etc. Fran Bailey has had her contract extended to evaluate the project - part time, 15 hours a week for a year.

STARS 5 has just had its first away day and they are planning to launch it at the Stroke Forum in December 2012. The modules are:

- Pain management in stroke - Gill Alexander
- End of life care in stroke - Hazel Fraser
- Vision - Therese Jackson
- Communication - Gillian Currie
- Service improvement (research)-Peter Langhorne and Martin Dennis
- Goal setting and self management – Jane Shiels

Clare Adams will provide updates to this group as the project progresses.

6.1 Audit of staff completing STARS/CCIS

STARS data is now available for those staff who have completed core competencies & advancing modules, with Morag being the Lothian contact for accessing this data. She noted issues with free text fields (when staff registering) creates difficulties in auditing for hospital sites or job titles. This has been raised with the web developers, and although they recognise the problem there have been no other health boards that have raised this as a problem. This was briefly discussed and agreed that because Lothian has a large number of stroke units across multiple hospitals, unlike other boards, this would be an issue here.

Anne noted that the auditing of nurse training is part of the SSNF (Scottish Stroke Nurses Forum) strategy, and she will ask Campbell Chalmers how the audit is conducted in Lanarkshire.

AR

Wider issues around the wording of the action relating to all staff trained within three months on a stroke unit were discussed. As these audits can only be a snapshot in time for staff, then does a rolling audit of staff need to be undertaken – and how often? Clarity will also be sought from Sheena Muir regarding whether local QIT need to be involved and aware of the audit data being captured.

MM

[post meeting note]: SM agreed that MoE and Rehab QITs should be informed of the data being collected, but wouldn't need to be further involved.

CCIS 1

Gillian discussed the challenges with collecting this data in relation to the information held on the CHSS database, as it would involve accessing up-to-date records of who is in post in each unit in 'real time'.

ACTION

Gillian to liaise with SPDF from NHS Lanarkshire to clarify how their data for CCIS 1 is collected and maintained

GC

7. Stroke modules at Napier & QMU

Anne noted that the 'Management of stroke: an evidence-based approach' module is running at Napier University this semester. There were 27 registrations for the module from nurses, medical students, physiotherapists and a doctor, amongst others.

There was no update from QMU.

8. NHS Borders

Gillian reported that the 2012 training calendar had been shared with Sandi via T&E Group but no applications as yet from NHS Borders staff. One query received from Galashiels Social Work and places offered on Lothian Social Services days but no applications have been received as yet. Also suggested possibility of one off Social Services day in the Borders to Galashiels staff but there would need to be sufficient numbers to justify this.

8.1 Borders SLA-funded projects

i. Emotional distress post-stroke in-service training

Marion noted that the successful applicant for this post – Amy Cadden – will be starting mid February, 2 days a week for 15 months. She has previously developed self-help resource packs for RHSC and will be building on this to devise the self-help resource packs for stroke, with advice from the stroke units. Once finalised Amy will assist Marion and David in rolling out training in all the stroke units. The Clinical Neuropsychology service are currently approaching stroke units to discuss their training needs.

ii. Computer based communication learning

Comments were received from Ros regarding the roll-out & expansion of the computer-based service. She will be meeting the software company this week for them to set up the programmes on the computer. However she didn't get funding from the CHSS Innovations Fund for these to be rolled out to other sites (than Liberton).

iii. Imaging learning tool & training materials

Feedback will be requested from Andrew Farrall.

MM

9. SCoT (Stroke Competency Toolkit) rollout

A report from Heather Bryceland on the Lothian rollout of the SCoT was circulated to the group. Representation across Lothian had been varied,

with 79 staff attending a session across the seven site visits. Heather will contact these staff in May 2012 to report their progress and this will be reported accordingly, but it will not be a qualitative evaluation.

Gillian reported that Heather Bryceland's post as Project Manager for the SCoT has been extended for a further 18 months and NACS funding has been secured to develop specialising competencies for physiotherapy, occupational therapy and speech & language therapy.

Continued dissemination will be supported by Gillian, and staff attending CCIS 1 training from March 2012 will receive a toolkit. An online version of the toolkit will be launched in April 2012 and there was discussion around if the toolkit could be linked to STARs and to e-KSF, as they are all online.

Gillian also reported that she has clarified with members of community staff that when the toolkit goes online in early April they will be able to access it then, as they were not part of the initial rollout.

Post meeting note: the toolkit can be used as supporting evidence, but unfortunately cannot be directly uploaded into their e-KSF. Staff will be encouraged to provide a web link to it on their e-KSF.

10. Any other business

10.1 Stroke training in primary care

Gillian is continuing to offer training sessions to primary care practices. There has been one session to reception staff at Polwarth Medical Centre on 18th January. A further two sessions are planned for Tranent (East Lothian) on 21st March and Ashgrove (West Lothian) on 31st October. It has been made explicit that the sessions are for practice nurses and reception staff; signposting GPs to the Lister as appropriate.

10.2 Stepping Out / Bridges

Marion noted that the audit on staff using this toolkit is still to be done, but general feedback is similar to the Stroke Workbook – ie, it is a resource that is not suitable for all patients.

10.3 National Stroke Training Issues

Updates from Lynn Reid:

STAT (Stroke and TIA Awareness Training) is being discussed at NACS regarding funding for rollout. It uses the Sim man and video clips to support training in A&E and hyperacute settings. You work through scenarios and the Sim man's vital signs change etc. It was developed by Northumbria Medical Education/Stroke Team and has a cost implication for training and getting the appropriate resources.

Acute stroke for A&E staff (23 Nov 2011)

Evaluation for the A&E session. There were 10 no shows so only 12 people there but a really good event as far as discussion was concerned.

11 Dates of future meetings

10.00am – 12 noon, Tuesday 8th May 2012