

**Lothian & Borders Stroke MCN
Training & Education Subgroup**

Thursday 26th January 2017 (via VC to RIE, SJH & WGH)

MINUTES

Present:

RIE

Sheena Borthwick	Service Lead, Adult Community and Rehabilitation SLT Services; representing speech & language therapy service
Gillian Currie	Stroke education facilitator, NHS Lothian & Borders
Trish Elder-Gracie	Outreach, stroke education, RIE
Gillian McComiskie	Physiotherapist, SJH
Morag Medwin (minutes)	Stroke MCN co-ordinator
Anne Rowat	Lecturer, Edinburgh Napier University
Mark Smith (chair)	Consultant physiotherapist

SJH

Anne Knox	Deputy charge nurse, SJH
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WGH

Ceirwen Roberts	Deputy charge nurse (55) WGH
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action

1. Welcome & apologies

Welcome to those attending, and a poignant note for the recent bereavement of Marion Murray, neuropsychologist, who was very involved in this group over the years. Her input will be greatly missed across the stroke service here in Lothian and Borders.

Apologies: Claire Stirling, Laura Smith, Deirdre Elphinstone, Elizabeth Eadie, Caroline Allan, Sam Tuff, Sandi Haines, Jackie Sloan

2. Minutes of the meeting of 25th August 2016

Approved without change.

3. Actions/updates from previous meeting

Noted within minutes.

4. CHSS update

4.1 Completed training

Stroke Awareness – 5th Oct

16 CEC staff registered to attend – 13 attended on the day

7 - 8 Sept 2016 (CCIS 1)

Day 1 of CCIS1 went well. Twelve registered but only 9 people attended - which is very low numbers for a CCIS1.

1 from 55; 2 from 50; 2 from 201; 1 from 101; 1 from ECSS; 2 from Intermediate Care.

No AHPs at all which is very unusual. English not the first language of 3-4 of the staff so that was challenging.

9 – 10 Nov (CCIS 1)

13 staff registered - 11 attended on the day

2 from ECSS, 2 nurses and an OT from NHS Borders, 1 OT from RIE, 1 nurse from 50 and 1 from 101, 2 student nurses and a student physio.

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25 – 26 Oct (CCIS 2)

13 staff registered – 7 attended on the day
 3 nurses from 50, 1 from Intermediate Care, 1 OT from Midlothian, 1 SLT from WGH and 1 support worker from ECSS

GC discussed that a drop in AHPs attending due to 5 day working over 7 has had a significant impact on course attendance. Nursing staff have been booked on courses but frequently having to cancel at last minute due to staff shortages and it has not been possible to fill these places at short notice. At present the current model of two days face to face training is proving challenging for CCIS 1 and 2 and more creative ways to develop training opportunities with the nursing staff will be required.

Single study day – executive functioning (21 Nov 2016)

28 staff attended on the day with some excellent feedback. There was a mix of OTs, physios, SLTs, CHSS nurses and a few acute nurses.

Feedback from staff who attended included the following comments:

I found it was a lot of information to take in on one day but I thoroughly enjoyed it and feel it has provided me with the drive to go away and further read up on and study the areas of executive functioning and working memory more in depth.

Very informative and I left with a lot of new knowledge that I am now seeking to input into practice and share with colleagues on the ward

I found the structure of the day flowed very well and in a logical order. I found the group work at towards the end of the day when we used the model with case studies allowed us to consolidate what we had learnt. I found the structure of the day flowed very well and in a logical order. I found the group work at towards the end of the day when we used the model with case studies allowed us to consolidate what we had learnt.

I thought the practical session in the afternoon was an excellent addition to the day as it allowed us to then put the theory into practice. It was great to hear Charlie speak on this topic as he has an excellent knowledge of the current evidence base around executive dysfunction.

Thanks were expressed to Charlie Chung (NHS Fife) for delivering such a successful study day which has impacts on practice and further enhanced the well established cognitive pathway for stroke in NHS Lothian.

4.2 Future training sessions**CCIS 1: 1st & 2nd Feb**

12 registrations so far but none received from nursing staff at RIE or WGH unfortunately due to staffing challenges.

Stroke Awareness: 22 Feb

Awaiting names from CEC at present.

CCIS 2: 7th & 8th March

6 registrations all from community staff at present.

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CCIS 1: 2 & 3 May

14 staff from community including AHPs and support workers. Ceirwen reported that 2 new nurses from WGH to attend. Gillian will follow up on this booking.

GC

GC reported that to date there has been an increase in registrations on CCIS1 and 2 mostly from staff from community (intermediate care, ECSS and NHS Borders OT).

Gillian to follow up with all the charge nurses on each acute site regarding nurses still requiring training in relation to completion of the Stroke Education Template. There have been changes of staff at RIE with Yvonne Perry now CN in 201 and Sam Tuff at SJH. Gillian will meet with the new CNs to ensure they are briefed on the training available and stroke education pathway. Ceirwen at WGH also reported that she has a specialist interest in education and Gillian offered to meet with her too.

GC

4.4 2017 training dates

2017 courses are now available and circulated to relevant clinical areas and community teams. Gillian noted that Stroke Awareness Days are all to be offered at WGH site as this ensures that extra places can be offered to other council areas who may wish to access training pan Lothian in line with health and social care integration.

Trish discussed the possibility of rotating courses across clinical sites to try and best capture attendance. Gillian explained CCIS1 held at WGH and now CCIS2 at RIE.

4.5 Speaker availability**Dietetics**

Speakers now all confirmed for 2017 in conjunction with Ann Lamb and Jill Docherty.

Physio

Gill McComskie kindly covering CCIS1 on 2nd Feb. Still proving challenging to cover all teaching slots due to availability of speakers. Gillian and Mark liaising with Physio Stroke Network Group re this.

Psychology

Gillian covering Stroke Awareness Days, and all other courses except one are being covered by Jo Gouick's team. CCIS2 in May still requires cover.

Gillian has liaised with all other speakers, and the situation with Medic cover has improved with Sarah Keir and her team covering CCIS1 at WGH. Simon Hart kindly covering CCIS2 at RIE. Bruce Watson has come into post as Pharmacist for Stroke at RIE. Gillian to follow up with him re Medicines presentation for CCIS1.

GC

5. Acute site training**5.1 Site updates****i. RIE**

Update from Trish

- New charge nurse in 201 (Yvonne Perry) and acting band 6 (Shona Scott).
- Continued challenges with staffing, and five vacancies in 201.

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action

ii. SJH

A Core Competency one day course has been arranged for 26th April in SJH Education Centre. Gill McComiskie has made Sam Tuff (new CN) aware of this and Gillian to speak with Sam regarding registrations, content etc.

GC

iii. WGH

Ceirwen noted that she has requested help with developing appropriate training for nursing care for those patients on the thrombectomy pathway. She is in discussion with Prof Dennis.

5.2 Swallow screen training

Agreed that it is evident that with changes of staff across all the sites and further train the trainer sessions were required to be organised. Gillian and Sheena to plan extra sessions. Sheena also discussed that work is about to begin on a Learn Pro Swallow Screen module with a group of SLTs from across Scotland and SSAHPF will provide a standardised theory based module that could be used in each health board.

**GC
SB**

5.3 IPC training

Gillian noted that Katrina Brennan from SIP had acknowledged that completion of the STARs IPC module was required as per the education template but that practical hands on sessions were also valuable. This will be confirmed with Katrina Brennan regarding the criteria for completion of knowledge for IPC training. Eg module/Covidien rep or local champion.

GC

To date this has been done on an ad hoc basis on each site either by a local champion or by visits by the Covidien representative. Trish reported that she was carrying out informal sessions at the RIE with Prof Denis on the wards but this would be part of a wider Quality Improvement project. Gillian shared an example of the IPC practical training sessions provided by the CHSS Stroke Education Facilitator in NHS Fife to their stroke units and explained that a similar model could be helpful for NHS Lothian.

Ceirwen also reported that she has been involved in writing the IPC protocol when she worked in GGC and was also happy to share this with the group.

CR

Gillian McComiskie suggested that therapists should also receive some training as they are often the ones who are taking them off patients prior to therapy sessions and should be adept at putting them back on. Noted that the STARs module is available for all staff to access.

5.4 STAT

Dates for 2017 have been booked:

Friday 24th February 2017 (new date added Jan 2017)

Friday 23rd June 2017

Friday 22nd September 2017

Friday 24th November 2017

Ceirwen volunteered as a trainer (previously did this in Glasgow) for future courses, and agreed that Trish, Ceirwen and Richard O'Brien should liaise to adapt the current programme to be fit for purpose for Lothian. Noted that Kate Easterford (speciality doctor in ED) has offered to assist with training and suggested that the registrars may also be suitable for the medical input.

**TEG
CR**

The sessions continue to be well established and there is good buy-in from the

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front door nursing teams across the sites. There may be different programmes available for medical teams, nursing staff and SAS, and this will be clarified with Lynn Reid.

5.5 Stroke Improvement Plan – Education template

Advised that the national Stroke Improvement Team will be circulating a template for completion and submission to SIP by 31st March. Data will be collected as at 19th March, for nursing staff on acute sites only.

6. Strategic delivery of stroke-specific training in Lothian

Mark noted that he, Gillian and Morag had met Katrina Brennan's team in Lanarkshire on 5th December. Agreed that our training requires a more strategic approach to meet the demands of the SIP audit, and the following suggestions for improved uptake of stroke training were discussed:

Reducing the numbers of CCIS 1 and CCIS 2 courses:

- Reduce pressure on speakers?
- Help increase numbers?
- Free up SEF to provide other training sessions?

Change format of the courses?

- Complete STARs core competency
- Offer only one face to face course a blend of CCIS1 and 2?
- What should we deliver face to face and online?
- Encourage learning by different methods

Offer one-off bite size sessions that staff can attend:

- Gillian circulated NHS Dumfries & Galloway 2016 stroke education on-site drop in study sessions as an example
- Small delivery of sessions on the ward?
- Troubleshooting sessions?

Paid time off for nursing staff to complete online modules? Anne asked if providing "points" to staff for undertaking the advancing modules could promote better uptake of them.

The regular use of the SCoT Toolkit would allow staff to collate all their learning in one place, as ad hoc sessions are not being routinely recorded. Stroke Education Facilitator could then support drop-in sessions for completion of the SCoT but staff access to computers would be necessary to do this at all sites.

7. Ad hoc courses / initiatives

7.1 Sensory champions

Nominated for Scottish Council for Deafness Star Award for the Stroke Sensory Champion training. Gillian and Katharine Jackson attended the awards ceremony in November but unfortunately they were not successful.

8. NHS Borders – training & funded projects

8.1 NHS Borders training

No updates from Borders.

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8.2 Emotional Distress post-stroke resource pack

Gillian confirmed she is happy to support Jo Gouick's team with this roll out. The next roll-out will be with East Pavilion (AAH), SJH and RIE.

9. Stroke modules at Napier & QMU

Anne advised that there were no stroke-specific modules offered at Napier, and there is more emphasis on long term conditions. She also noted that Glasgow Uni have dropped their MSc this year.

10. Any other business

10.1 National stroke training updates

The spasticity and tone STARs module has begun development.

Sarah Florida-James is collating the most recent data around the education templates and will be supporting NHS Boards as necessary. Her final report will be disseminated around May. Her temporary post completes in July and at present there is no funding available to extend it, however Katrina Brennan is investigating this further.

STAT in Lothian – Lynne Reid is no longer be able to support STAT in Lothian as she won't have capacity this year. She will hopefully be able to support the first STAT day so that someone else can be trained.

11. Dates of future meetings

To be agreed

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