

**Lothian & Borders Stroke MCN
Training & Education Subgroup**

Thursday 25th August 2016

MINUTES

Present:

Gillian Currie (GC)	Stroke education facilitator, NHS Lothian & Borders
Lynne Gray	Deputy Charge Nurse, W201, RIE
Pauline Halliday (PH)	Clinical specialist OT, RIE
Morag Medwin (minutes)	Stroke MCN co-ordinator
Dr Marion Murray (MMu)	Clinical neuropsychologist
Gillian McComiskie (GMcC)	Physiotherapist, SJH
Mark Smith (MS) (chair)	Consultant physiotherapist

action

1. Welcome & apologies

Apologies were noted from: Sheena Borthwick, Mags Morrow, Elizabeth Eadie, Trish Elder-Gracie, Jackie Sloan, Claire Stirling, Anne Rowat.

2. Minutes of the meeting of 19th May 2016

Approved without amendment.

3. Actions/updates from previous meeting

MS advised he had contacted the dietetic lead regarding dietetic students doing the presentations for the CCIS 1 nutrition talk. They have confirmed that a trained dietitian will be available to at these sessions to answer questions.

4. CHSS update

4.1 Completed training

CCIS 2 25th / 26th May

12 attendees

RIE – 6; WGH – 4, SJH – 2

Stroke Awareness Day (23rd August).

12 attendees 2 DNA

Some excellent feedback received from this study day:

"I arrived knowing fairly basic information about how a stroke can effect someone. Mostly the physical aspect of losing sensation on one side of the body, poor balance and having speech problems. However I left with extensive and practical knowledge of how a stroke can really impact someone and their family in soo many different and life changing ways e.g. sight, perception, depression, dyspraxia and also gained help about how to access help and support for clients. I also learned about TIA's and how to support clients in making lifestyle changes that could stop further risks of stroke"

4.2 Future training sessions

CCIS1 – 7th/8th September

[post-meeting note:]

12 registrations: 3 apologies

RIE – 3, WGH – 3, community (ECSS, ICS) – 3

CCIS2 – 25th / 26th October

13 staff registered to attend at present.

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Stroke Awareness – 5th October

20 places available to CEC – names awaited.

GC reported that she contacted Paddy Corscadden at Intermediate Care and he was going to send 2 staff on CCIS1 in Sept. He admitted that due to ongoing change within their service staff had not been accessing CCIS courses in 2016. However they hope to send more staff in the future.

4.3 Single study days

21st November 2016

There was discussion on the previously scheduled single study day (from 30th November) now to be run on Monday 21st November. Charlie Chung (OT with NHS Fife) has structured a day on Executive Functioning, and is offering it to all health boards. This will be open to a wide range of staff, including AHPs and nursing staff.

GC noted that there had been some concern that this Single Study Day may have an impact on the cognitive pathway already established within NHS Lothian. MM and PH reviewed the planned programme and felt that it would enhance the pathway further. It was therefore agreed to proceed with advertising the study day.

4.4 2017 training dates

GC tabled a list of 2017 training dates and these will be circulated to the speakers before being published for bookings to be made. Part 1 sessions will continue to be held at WGH, and part 2 sessions have been booked to take place at RIE.

Dates for single study days are still to be arranged, and it was agreed that these need to be more flexible and strategically target training needs as they arise.

4.5 Speaker availability

GC confirmed that medical cover will be given by Dr Sarah Keir for the CCIS1 sessions at WGH, and Dr Simon Hart will provide medical input for the CCIS2 sessions at RIE.

Therapy speakers for CCIS1 and CCIS2 are still problematic and will become more so with the introduction of seven day working. The current pool of therapists is now required to cover weekends so there will be less availability of them during the week.

- OT - GMcC suggested contacting the OTs at CRABIS for their assistance. PH will follow-up. PH
- S< - generally covered by Sasha Bain, and GC if required.
- PT – GMcC is happy to cover these, and MS will confirm cover with GC. MS
- Psychology – GC generally covers the Stroke Awareness sessions; David Gillespie (now based at WGH) has agreed to cover the CCIS1 sessions (at WGH); and MMu will cover the CCIS2 sessions at RIE.
- Dietetics – GC liaises with Anne Lamb who populates.
- Nursing – Maria Pilcher covers the continence care in CCIS1 and Caroline Allan has agreed to cover the skin care talks.

GC noted that some health boards have changed the current model of delivering CCIS1 and CCIS2 sessions, and this could be something Lothian may have to do in the future. It was suggested that recording some

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presentations could provide a way of delivering them – but with questions from attendees, this may be difficult.

5. Acute site training

5.1 Site updates

i. RIE

Problems with nursing staff unable to attend the cardiac monitoring training is still ongoing. Five staff attended initial training in October 2015 and have since been unable to undertake the shadowing component, so the monitoring in the bays are still unable to be used. LG agreed to follow this up with charge nurse Mirriam Ramaboa (201).

LG

[post-meeting note: new charge nurse in 201, Yvonne Perry, has met with Caroline Allan and will take this training forward.

LG advised that three new band 5 nurses have started in W201 and will be booking for training.

ii. SJH

GC noted ongoing problems with nursing (and therapy?) staff attending the CCIS1 and CCIS2 sessions in Edinburgh and suggested that a condensed CCIS1 session and sensory awareness training could be offered at SJH. She suggested that a session before Christmas and another in spring 2017 could be planned. GC will liaise with the stroke unit to plan this training.

GC

Dr Scott Ramsay has previously noted that Wednesday is the best day for him to deliver training at SJH.

[post-meeting note: charge nurse Sandra Dewar has moved from the stroke unit to the post of clinical nurse manager, as at mid October. DCN, Anne Knox will be the nursing contact in the ward.]

iii. WGH

No update from WGH.

5.2 Swallow screen training

Noted that further training is required for front door staff and LG advised that Trish Elder-Gracie is continuing to offer face-to-face sessions to these teams at RIE.

GC reported that work is still ongoing to try and develop a national Learn Pro Swallow Screen Module based on work done in NHS Ayrshire & Arran and NHS Forth Valley.

5.3 IPC training

MMe advised that she recently circulated data on staff having done the IPC module to RIE and WGH charge nurses. The majority of the SJH team have done this training. GC suggested that the Covidien rep be contacted to provide some onsite training at WGH.

5.4 STAT

Noted that the national report for STAT project (2013 – 2015) has been published and shows that although Lothian has only trained three trainers, they have gone on to train the highest number of participants across the

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boards. GC confirmed that she will now record the STAT training figures on her database, as the national programme is no longer funded.

GC thanked the efforts from the trainers, and also Sandi Haines who has stepped in for a few of the Lothian sessions when we have not had two trainers available. There is only one medical doctor available to deliver training, and it has been difficult to recruit further trainers.

The latest session was on Tuesday 28th June and there were 13 attendees:

- RIE ISU – 7; SJH A&E – 1; WGH ISU – 1, WGH A&E -2; SAS – 2

Further sessions are planned for Friday 26th August, Friday 21st October and Friday 25th November.

5.5 Stroke Improvement Plan – Education RAG chart (April 2016)

MS noted that Lothian self-assessed the education priority on the Action Plan (March 2016) as amber, but this needs to be revisited as the Education RAG template (April 2016) circulated by Heather Bryceland (national stroke education facilitator) has given an overall benchmark of green.

Proposed actions from the template have been received from SJH and WGH (w50), and this document will be discussed further at the annual review (1st November) with Katrina Brennan and Moranne MacGillivray.

LG advised that she would seek feedback from the RIE stroke units.

LG

6. Ad hoc courses / initiatives

6.1 Sensory champions

GC updated the group on a recent meeting with OT staff from AAH and ECSS for improving the visual pathway. They had looked into arranging a national training event with Mary Warren (international expert from USA), prior to her retirement. The costs involved (flights, accommodation, fees) would require paying registrations from a considerable number of delegates, and a substantial allocation from the stroke education fund. At that meeting, GC had advised that Katrina Brennan and Therese Jackson should be contacted to see if a national event could be arranged and appropriate event management undertaken (using Eventbrite for registrations is still not allowed for NHS staff).

PH is aware of Mary Warren, but suggested that there are local (UK) speakers available in this area of expertise that should be investigated in the first instance. She also advised that we should consolidate our cognitive pathway before such an event is arranged.

7. NHS Borders – training & funded projects

7.1 NHS Borders training

No feedback from NHS Borders. GC noted that they continue to register staff onto the CCIS1 courses. The invitation for the single study day (Executive Functioning on 21st November) would also be extended to Borders.

7.2 Emotional Distress post-stroke resource pack

MMu updated the group. She has been running training sessions to AAH staff and 25 staff (nurses, physiotherapists and speech & language therapists) have been trained. The questionnaire feedback has been very positive. She

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will target staff at RIE and WGH at a later stage, and will get them to do a psychological survey before she runs sessions, after seeking advice from the charge nurses.

There is the possibility that this training could be included in the CCIS2 training, which would capture community staff also. MMu noted that although this training is not part of the STARs training, it is included in Heart-e training. GC noted that there are some psychological videos contained within the CHSS e-learning portfolio.

8. **Stroke modules at Napier & QMU**

No updates received.

9. **Any other business**

9.1 **National Stroke Training Issues**

Notes received from Lynn Reid, head of education programmes, CHSS

- Sarah Florida James will return early October to her post as the National Stroke Education facilitator, replacing Heather Bryceland.
- Lynn will meet Katrina Brennan to get an update around each boards issues specific areas of stroke education.
- SSNF conference in Sept will discuss how revalidation could link to the SEF/SSCA.
- STAT is now facilitated in the boards with minimal input from CHSS. Lynn will offer her services as a co-trainer, when required. She will be assisting Lothian on 21st Oct and 25th Nov.

The MCN would like to offer thanks to Heather Bryceland for her support and assistance across the educational projects co-ordinated from CHSS over the last 12 years. She has been instrumental in the SCoT, STARs modules and in the National Stroke Education Facilitator role. We wish her all the best in the future.

10. **Date of next meeting**

Thursday 26th January 2017, 14.00 - 16.00

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