

**Lothian & Borders Stroke MCN
Training & Education Subgroup**

**Monday 16th June 2014
minutes**

Present:

Gillian Currie	Stroke Education Facilitator, NHS Lothian & Borders
Pauline Halliday	Clinical specialist OT, RIE
Morag Medwin (minutes)	Stroke MCN co-ordinator
Mark Smith (chair)	Consultant Physiotherapist
Ros Fraser	Speech and Language Therapist, Liberton
Pat Taylor	Charge nurse, WGH

Apologies:

Gillian Baer	Queen Margaret University
Elizabeth Eadie	Sonographer, WGH
Sandi Haines	Stroke Nurse – NHS Borders
Vanessa Hamilton	Dietitian, WGH
Gillian McClure	Physiotherapist, SJH
Dr Marion Murray	Clinical Neuropsychologist
Jackie Sloan	Learning & Development Advisor, CEC
Anne Rowat	Lecturer, Edinburgh Napier University

action

1. **Welcome & apologies**
Noted above
2. **Minutes of the meeting of 13th March 2014**
Approved.
3. **Actions/updates from previous meeting**
Included in agenda items.
4. **CHSS update**
 - 4.1 **Completed training**

CCIS 2 (25/26 March)
16 attendees and 3 Liberton nursing staff failed to attend. This has been followed up with the Charge Nurse.

Stroke Awareness (1 May)
10 attendees from City of Edinburgh Council and 4 East Lothian Council. Five CEC staff failed to attend and this was followed up with Jackie Sloan regarding reimbursement for catering costs incurred due to non-attendance.

CCIS 1 (21/22 May)
20 attendees.

CCIS 2 (3 /4 June)
19 attendees although some issues with the NHS catering and late running of speakers.

It was discussed that due to reduced psychology cover at present there could be scope to use new psychology DVD clips that have been recently

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action

been completed for the STARs website. These would supplement sessions that Stroke Education Facilitator could lead if a psychologist was unable to attend.

There was also discussion regarding the often very late apologies from staff for their inability to attend these sessions. It was agreed that for sick leave there will often be a last minute non-attender and apologies, but where staff do not attend and no notification is given to the trainer, it is unacceptable and managers will be made aware of this. Pat Taylor agreed that as a charge nurse, she would expect to be notified if her staff members didn't attend a training course. Agreed that charge nurses or line managers will be contacted in all cases of non-attendance.

GC

4.2 Future training sessions – 2014 programme, strategic approach

Following a request for extra stroke awareness days for City of Edinburgh Council (CEC), two extra dates for 2014 have been arranged alongside the already timetabled 13th November date. The extra sessions on 7th October and 5th November will be held at City Chambers and supported by Gill Murray, Linda Gibson and Gillian Currie. CEC will also supply catering and prepare the materials.

It was also discussed that Jackie Sloan from CEC has requested six Stroke Awareness Days for CEC for 2015. This is a significant increase in what is already provided, and with the focus on the Stroke Education Pathway for stroke unit staff it may prove challenging to deliver this in 2015. The Training & Education group had also been approached in 2014 to deliver training in East Lothian Council and to date this has not been possible to organise due to training commitments. Therefore it may be worthwhile to discuss the training needs of these extra CEC staff from day services. As they may not require a full Stroke Awareness Day and there could be scope to deliver half day larger sessions incorporating 'what is a stroke' and an 'experiencing stroke' workshop. This will be discussed further with Jackie Sloan and Linda Gibson.

GC
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Post-meeting note: confirmation that CEC will supply tea/coffee for the additional Stroke Awareness days on 7th Oct and 5th Nov. Delegates will be asked to provide their own lunch.

Jackie Sloan also confirmed that their (CEC) training needs had been over-estimated and 3 - 4 Stroke Awareness sessions in 2015 would now be sufficient, as there is no specific day service need, and the additional days (7th Oct & 5th Nov) have been helpful.

Stroke Awareness (13 Nov) – 15 places available for CEC. Three East Lothian Council staff already registered.

CCIS 1 (3/4 Sept)
20 staff registered and seven on waiting list

CCIS2 (25/26 Nov)
17 staff registered to attend.

4.3 Single study days

i Upper Limb rehabilitation – 19th March

17 staff attended this half day which was facilitated by NMAHP and

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Glasgow Caledonian University. It was well received by the OTs and PTs that attended.

ii 18th June – complex acute management of patients

This study day was designed to meet the learning needs of nursing staff working in acute stroke. Representation came from all stroke unit sites except St John's. This included 18 nursing staff (including one from front door at RIE) and one physiotherapist. Ten Chinese overseas summer school nursing students from Napier University also attended. Online evaluation has been sent to attendees and feedback so far has been mixed. This reflects the skill mix of staff who attended with some staff indicating that it refreshed their knowledge while others who were newer to acute stroke found it extremely helpful.

Future Single Study Day – 28th October

No topic has been confirmed for this day but as it is being held at St John's it was felt that staff from the site should be approached to suggest topics of interest. Gillian will speak with AHPs on 24 June at SCoT Toolkit session and contact Sandra Dewar, Charge Nurse.

GC

5. **Ad hoc courses / initiatives**

5.1 **Exercise after Stroke – Edinburgh & beyond**

Mark will contact Hannah's replacement at CEC to arrange the two training days (awareness raising for fitness instructors) for Edinburgh. He confirmed that these sessions had been completed for the leisure services in East, West and Midlothian.

MS

5.2 **STAT Stroke / Outreach Nurses**

STAT

Confirmed that Nolan Arulraj (consultant at RIE) and Trish Elder-Gracie (stroke outreach at RIE) have attended the Train the Trainers training on 13th February and Simon Hart attended similar session on 13th March.

They have since arranged a training day at RIE on 23rd May and there were five nurses (2 x SJH, 2 x WGH, 1 x PAA, RIE) in attendance. The session evaluated very well and further sessions will be planned throughout the year. The next session will be Friday 8th August, and Gillian confirmed that she will attend this session.

Gillian met with Trish and Nolan on 15th May and discussed providing support for future STAT days when Lynn Reid steps back from the initial roll out. This would involve STAT 2015 dates going on the CHSS flyer and being booked through CHSS. Nolan and Trish seemed keen for this support.

Outreach nurses

Noted that the standard operational procedure developed for the outreach nurses still needs to be checked, for any other specific training for them, apart from the requirement to attend a STAT day.

MM

5.5 **Sensory champions**

Sensory Champion Training – 8th & 9th April

Twelve staff (including CHSS Stroke Nurses) attended and feedback was positive with staff feeling they gained most from increasing their

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awareness of hearing loss, an area they felt less skilled in. Katharine Jackson has been keen to provide ongoing support for the Sensory Champions but she has been unwell and further meetings have been put on hold.

Gillian attended the Edinburgh and Lothians Joint Sensory Partnership Stakeholder Meeting on 29th May and there were ongoing discussions regarding funding and how to support sustainability of this project beyond March 2015.

6. NHS Borders – training & funded projects

6.1 NHS Borders training

OT and PT staff from NHS Borders continue to apply for places on Lothian courses and these are being accommodated with some staff on waiting lists. Gillian noted that few nurses attend the training days, but this is probably because they have a fairly static nursing staff group.

6.2 Emotional distress post-stroke in-service training

No update.

6.3 Computer based communication learning

Noted that this computer-based communication learning has now been rolled out to patients at AAH and the S< team have been very complimentary of its benefits. A questionnaire has been circulated to staff and patients to evaluate its helpfulness, and they are sourcing funding for the purchase of more hardware so that more patients can take advantage of it.

6.4 Radiology training

Noted from Andrew Farrall that the training package is almost complete.

“All images are now on the review platform and linked to the finalized questionnaire. Now that I'm back from leave this week, I will be completing the "Gold Standard" answer set. Next week I will release a beta version for my colleagues and the registrars to test and feed-back on. Once any bugs at this stage are ironed out, we'll launch!”

7. Stroke modules at Napier & QMU

Prior to the meeting, Anne reported no updates from Napier University.

post-meeting note: circulation of two opportunities for colleagues.

1. Management of stroke - an evidence-based approach -- for trimester one (starting in Sept 2014)
2. PhD opportunity: they are keen for nurse interest (not stroke specific). Noted that there is a very tight deadline for this. (7th July). This was sent to Melanie Johnson's (nurse director) PA for onward circulation to all CNMs in Lothian.

8. Measuring staff competencies (training template)

Morag noted that the nursing and therapy staff from stroke units from acute and rehab sites have been updating the training template, with details of them attending CCIS 1 and 2, and completing online STARS

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action

modules. This is almost complete and the details will be transferred across to the revised (and shorter) version of the training template – for the annual SGHD/SSCA review in the autumn.

The new Stroke Unit Education Pathway template was circulated to the group. It was agreed that it is difficult for new staff to complete all the requirements within three months.

AHP leads (Pauline – OT, Mark – PT, Ros – S<) agreed to add this to their AHP agendas for staff to be aware of their responsibility to update their competencies, especially where they have been originally done more than six years ago.

PH
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RF

9. Any other business

9.1 OT training – Braintree (Cognition after stroke training)

£2,000 funding was approved from stroke education training funds (2014/15) for 20 places for NHS OTs (AAH – 10; RIE – 2; WGH – 2; SJH – 2; Lib – 1; ICT – 2; Midlothian – 1) to attend this two day training event on 26/27th April. Rhona Smyth (S<, AAH) co-ordinated the NHS registrations, and the post-event evaluation was circulated to the group. There were also 27 CEC OTs who attended.

Further work will now be progressed via the OT network to develop a cognitive pathway across Lothian. Pauline agreed to liaise with Rhona and Linda Gibson to produce a non-OT day for cognitive pathway.

PH

9.2 National Stroke Training Issues

No national issues to note.

9.3 Stroke Association – stroke awareness training (train the trainers) Free Stroke Awareness Training

It was noted that the Stroke Association in Scotland is offering free "train the trainer" courses to organisations from the voluntary, statutory and private sector which provide social care services or community support.

“Funded by the Scottish Government, the Vascular Health and Stroke Training Programme is designed to improve the knowledge and skills of staff and volunteers. It is pitched at a general awareness "non-medical" level and covers themes including: what is a stroke, what are the risk factors for stroke, and understanding some of the effects of stroke. “

However, it was agreed that this training is along the lines of train the trainer sessions and mainly for vascular awareness, so it was unlikely to impact on the training that we currently offer. Mark will enquire with The Stroke Association to see if there are plans for it to evolve to suit local Scottish requirements.

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10. Dates of future meetings

Monday 29th September (14.00 – 16.00)

ALL

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