

**Lothian & Borders Stroke MCN
Training & Education Subgroup**

**Thursday 13th March 2014
MINUTES**

Present:

Gillian Currie	Stroke Trainer, NHS Lothian & Borders
Sandi Haines	Stroke Nurse – NHS Borders
Vanessa Hamilton	Dietitian, WGH (part meeting)
Gill McClure	Physiotherapist, SJH
Morag Medwin (minutes)	Stroke MCN co-ordinator
Anne Rowat	Lecturer, Edinburgh Napier University
Jackie Sloan	Learning & Development Advisor, Workforce Planning, CEC
Mark Smith (chair)	Consultant Physiotherapist
Pat Taylor	Charge nurse, WGH

Apologies:

Gillian Baer	Queen Margaret University
Ros Fraser	Speech and Language Therapist
Dr Marion Murray	Clinical Neuropsychologist
Pauline Halliday	Clinical specialist OT, RIE

action

1. **Welcome & apologies**
Apologies as noted above.
Welcome to Jackie Sloan and introductions were made by the group.
2. **Minutes of the meeting of 12th December 2013**
Approved.
3. **Actions/updates from previous meeting**
All included in agenda items.
4. **CHSS update**
 - 4.1 **Completed training**
Stroke Awareness Day (6 Feb)
15 staff from Edinburgh City Council attended and there were no voluntary or private sector. Jackie asked if it would have been possible to allocate the five unused places that were not used by the voluntary/private sector to Council staff. Gillian explained that due to tight timescales this had not been possible.

CCIS 1 (26/27 Feb)
18 staff attended with a few last minute cancellations, which were able to be filled with staff on the waiting list.

Leuchie House, North Berwick (8 January)
Provided afternoon learning session comprised of a refresher session for those who attended last year and a session for staff new to stroke. 18 staff attended in total. Gillian to share her contact details for Leuchie with Mark who wishes to follow up on therapy provision there.

MS

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MECOPP half day session (14 January)

Session was actually for stroke carers and families, not staff as had been initially requested. Good attendance and discussion around stroke, but clear that the FAST message still not reaching all ethnic minorities. Able to inform attendees about the CHSS Tackling Barriers Project, which is addressing the needs of hard to reach groups. With access to our new free Advice Line number and materials provided in several languages. Sandi also reported that the Stroke Association also provides information translated into a number of languages. Also noted that a FAST video has been done in Bollywood style, which could be of interest to particular minority ethnic groups.

Jackie noted that the council has equalities officers who work with translators and ascertain where there are shortfalls in services.

4.2 Future training sessions – 2014 programme

CCIS 2 (25/26 March)

18 staff registered

Stroke Awareness Day (1 May)

2 staff registered from Edinburgh City Council – await further 13 names,
4 staff from East Lothian Council

CCIS 1 (21/22 May)

20 staff registered with 2 on waiting list

CCIS 2 (3 /4 June)

16 staff registered

CCIS 1 (3 & 4 Sept)

16 staff registered

Stroke Awareness Day (13 Nov)

3 staff East Lothian Council, Edinburgh City Council await 15 names

CCIS 2 (25/26 November)

10 staff registered

St David's Day Centre – Newtongrange (18 March)

Two hour session on stroke being offered to volunteers and staff.

Jackie asked if it would be possible to provide further Stroke Awareness Training to Council staff as all the places on the Stroke Awareness Days for the rest of 2014 are allocated with 20 people on a waiting list. Mark lead a discussion that were was expertise within therapy staff in ECSS who could support perhaps support this further request for training, with the support of Gillian if she can accommodate. Jackie agreed to follow up with Linda Gibson and Gill Murray.

JS

4.3 Single study days**i Sensory awareness training sessions**

General study day (5 March)

31 staff attended and survey monkey evaluation not complete as yet.
Positive verbal feedback from staff who attended particularly on the

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hearing loss session as it was felt this was an area that is not well understood within stroke care. Two staff failed to attend and didn't inform CHSS, so this will be followed up on via email. Unfortunately no nursing staff from any of the stroke units attended.

Sensory Champion Training (8 & 9 April)

13 staff registered to attend, including the CHSS Liaison Nurses. There was discussion around the fact that as no nursing staff were able to attend training could it be possible for those trained as Sensory Champions to share this knowledge with MDT colleagues at ward level. Agreed that with the CHSS nurses having attended the study day and also undertaking this training, it would be possible for them to do ad hoc sessions on the stroke units.

Sandi enquired if Borders staff could attend the training on 8 & 9 April. Gillian and Mark to raise this request with Katharine Jackson at RNIB at next meeting on 17th March. Noted that the programme is being piloted here in Lothian, but there may be future opportunities across other health boards.

GC
MS

ii **Update on physical rehabilitation – 19th March**

19 staff have registered to attend, including one OT from the Borders.

iii **18th June – complex acute management of pts**

Sandi reported that there was a RCP training day also on 18th June which may impact on involvement of medical staff in the day.

To date Anne agreed to speak on nursing issues around physiological monitoring. STAT could also be a topic with Trish Elder, Nolan Arulraj or Simon Hart if they would be willing to speak on this. Gillian has been in discussions with Carolyn Allan on the Deteriorating Patient Project, but she is now on extended sick leave. Pat suggested contacting Lindy Manson in Carolyn's absence. Mark or Gill agreed that one of them would speak on issues around positioning.

There was also discussion within the group around possible topics for the single study day planned for 28th October at St John's Hospital. Pat suggested that the acute day could be repeated. There was also discussion around the emerging evidence base, and this could also be included.

Group members to contact Gillian with any further topics of interest.

All

5. **Ad hoc courses / initiatives**

5.1 **Pan Lothian training initiatives linked to Change Fund**

No further comments on this and will be taken off agenda.

5.2 **Stroke Workbook**

Gill tabled a 'My stroke workbook' folder from NHS Forth Valley for information. There was a general discussion on its purpose and whether it was being used as an alternative to the Stroke Workbook. Gillian confirmed that there were no CHSS Liaison Nurses in Forth Valley, so the folder was most probably being used as the bundle of information that is given to patients by the CHSS Liaison Nurses in other health boards.

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5.3 Exercise after Stroke – Edinburgh & beyond

Two Access to Stroke days for Edinburgh Leisure are still be offered. However this hasn't happened as yet due to Hannah Macrae leaving her post. Mark to follow up on who has replaced Hannah and whether this training can be moved forward.

MS

5.4 STAT (Stroke and TIA Assessment Training)

The format of STAT in Lothian was outlined by Gillian in relation to the national rollout by CHSS. There would be an expectation that Gillian would support STAT training in a facilitation capacity but this would need to be considered in relation to the already populated training calendar.

There are now three trainers in Lothian (Nolan Arulraj, Trish Elder and Simon Hart), and the strategic plan for it to be rolled out across Lothian is still to be agreed. It is anticipated that training sessions will be made available to stroke unit staff in the first instance and then rolled out to front door staff across Lothian. Noted that the training would have to take place at RIE, as this is where the SIM man is located.

As Simon is on the circulation list for this group, he will be asked to keep the group informed of the strategic plans for STAT, to ensure it fits in with the overall plans for delivering comprehensive stroke education and training that this group has responsibility for.

MS

6. NHS Borders – training & funded projects**6.1 NHS Borders training**

Two OTs from NHS Borders attended CCIS1 in February and several more have registered for future CCIS2 sessions. Sandi noted several other training opportunities being undertaken:

- Stroke staff doing a training slot on the grand rounds;
- Education huddles – for ad hoc quick questions regarding stroke;
- Staff from Borders have attended the STAT train the trainers session, and have since offered a training day to their staff and paramedics. They are planning to offer Med STAT in June;
- For each of the six areas within NHS Borders, there has been one person trained to deliver the 'exercise after stroke' programme.

6.2 Emotional distress post-stroke in-service training

In Marion's absence, an update was received from David Gillespie:
We have not been able to progress the training beyond AAH. Jackie Wood has helped us make up full resource packs for different venues, but these are likely not to be used for training purposes till later in the year.

6.3 Computer based communication learning

Update received from Anne Feist, S< at AAH:
Work is in progress to do a more formal evaluation and a questionnaire is being drawn up by the S< clinical lead.

6.4 Radiology training

This project is ongoing despite considerable delays and problems.

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7. Stroke modules at Napier & QMU

Anne noted that there are 20 students on the current module, including a couple of nurses from WGH.

8. Scot Toolkit rollout

Gillian is offering a session to Wards 50/55 on use of SCoT online on 2nd April. Mark highlighted the importance of offering support to staff as a Pan Lothian initiative and not just site based. It was agreed that Gillian could support this on a group basis across Lothian, but doesn't have the capacity to do this for individuals. This however does have an impact for the stroke unit charge nurses. There may also be challenges in staff gaining access to IT to complete the SCoT online.

Heather Bryceland's evaluation on the national roll out of the SCoT is complete and due to be circulated soon.

GC

9. Any other business**9.1 OT training – Braintree (Cognition after stroke training)**

The registrations for this two day course are now open and to date there have been 44 registrations (27 Edinburgh Council and 17 NHS OTs). The 27 council registrations include five non-OT staff. Jackie confirmed that she will contact Rhona and Linda Gibson to ensure that OTs from other local authorities are aware of this training opportunity.

£2,000 funding has been approved from stroke education funds for 20 places for NHS OTs to attend, and Rhona Smyth is co-ordinating the NHS registrations.

9.2 Training database (audit)

Morag noted that she had circulated a request to all charge nurses & lead therapists to update their training database (currently held by Morag) by mid April. As per discussion at the annual review meeting, staff were also asked to review their STARS or CCIS1 training if it had been done some years ago. These spreadsheets are updated by staff and form the basis of the training audit that is used for the annual review with SSCA/SGHD.

However, there is not a standardised spreadsheet that is used across Scotland, and Gillian noted that the CHSS Stroke Education Facilitators are meeting with Katrina Brennan and Hazel Dodds on 24th March. This meeting will outline how the proposed National Education Pathway for stroke will be implemented locally, as part of the Scottish Stroke Improvement Plan.

There was discussion regarding the best way for staff to achieve core competency in stroke care. Currently we have been requesting all staff to have done CCIS1 and STARS 1, but with some boards not having a trainer, it isn't possible for them to offer CCIS1 courses. However, the online modules available to all and staff should be undertaking these. Mark noted that his lead therapy colleagues were concerned following the request to revisit their STARS1 or CCIS1 training, as it implied the staff were no longer competent.

The role of SCoT was discussed and how it demonstrated ongoing

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learning. Now that it is available online, it is much easier to use, and staff would be encouraged to use it to evidence their competency (see item 8).

Next steps / issues to be followed up:

1. meeting on 24th March will look at the document and implications on its use in boards with no trainer
2. the database for registering for STARS is currently unsearchable and there will be costs involved in improving it so it's fit for purpose
3. proposed document has not been available for consultation.

9.3 National Stroke Training Issues

STARS 6 – self help for stroke survivors

Gillian noted that this new module has just been commissioned and will be specifically for facilitating self help for stroke survivors. There will be lots of service user involvement in its development and will be tablet-friendly and using lots of Apps. It's expected to be finished in June 2015.

10. Dates of future meetings

Monday 16th June, 2pm
Leith CTC

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