

**Lothian & Borders Stroke MCN
Training & Education Subgroup**

12th December 2013

MINUTES

Present:

Gillian Currie	Stroke Trainer, NHS Lothian & Borders
Pauline Halliday	Clinical specialist OT, RIE
Vanessa Hamilton	Dietitian, WGH
Gillian McClure	Physiotherapist, SJH
Morag Medwin (minutes)	Stroke MCN co-ordinator
Anne Rowat	Lecturer, Edinburgh Napier University
Mark Smith (chair)	Consultant Physiotherapist

In attendance: Lin Bei Lie and Liu Lamei (visiting Chinese stroke training educators to Napier University)

Apologies:

Gillian Baer	Queen Margaret University
Ros Fraser	Speech and Language Therapist
Sandi Haines	Stroke Nurse – NHS Borders
Denise Lenihan	Staff nurse, A&E, RIE
Dr Marion Murray	Clinical Neuropsychologist
Pat Taylor	Charge nurse, WGH

ACTION

1. Welcome & apologies

Apologies as noted above.

Mark also noted that Dr Marion Murray is now on sick leave again, and that Dr David Gillespie (consultant clinical neuropsychologist) will be taking up a new post in March, as Principal Clinical Neuropsychologist for DCN).

2. Minutes of the meeting of 22nd August 2013

Minutes approved as an accurate account of the meeting.

3. Actions/updates from previous meeting

Gillian advised that the post-holders for the new advocacy posts have attended the single study day on 26th November “more than just a stroke”, and also lead a session outlining the role of advocacy for attendees.

4. CHSS update

4.1 Completed training

Stroke awareness study days

29 August – 6 Edinburgh City Council, 5 voluntary and private sector

8 October – 7 Edinburgh City Council, 1 Advocacy and 1 private sector

CCIS 1

11/12 Sept — 20 staff attended

CCIS 2

5/6 Nov – 14 staff attended (several short notice cancellations). During this course we brought in a stroke survivor to part deliver the ‘living with aphasia’ talk alongside Lucy Felton-Edkins. This worked really well and

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the gentleman is going to take on a formal CHSS volunteer role in support of the training courses in Lothian in relation to sharing his story of his aphasia in CCIS2 and other related courses.

26 Nov – More than just a stroke

34 staff registered to attend online via Eventbrite. 29 actually attended on the day. Several staff just didn't turn up or inform of non-attendance (this has implications when ordering catering as it is very expensive at the RIE). All speakers were very knowledgeable and the advocacy presentation fitted in well to the overall programme. However, in the survey monkey evaluation (which is not complete as yet 23/29 returns to date) there was some criticism that the programme did not explicitly link the conditions directly to stroke. Feedback to date did note that when asked how useful and relevant the content of the day was to their work:

Not useful – 0%	Moderately useful – 13%
Quite useful – 27%	Very useful – 60%

When asked would they recommend the day to a colleagues. It was noted:

Yes – 82%	No – 4%	Maybe – 14%
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3 Oct – stroke awareness study day – to Ed College of Art (mood, mobility & place training).

This training was delivered to 14 students at Evolution House and it proved to be a very successful day up-skilling the students to have a better understanding of how to work with stroke clients during their qualitative interviewing. Gillian, Mark and Pauline lead the talks. With support from Campbell Culley, Clinical Psychologist, NHS Lanarkshire as Lothian Neuropsychology were unable to support on this occasion. Unfortunately only one student completed the online evaluation but informal feedback from Iain Scott who is one of the Project leads was wholly positive and they were very grateful for our input.

Non-attenders

There was discussion about the number of people who registered for training sessions and then didn't turn up and also didn't notify Gillian they couldn't attend. Agreed that they, and their managers, need to be contacted to be made aware of the cost implications and waiting list management that this creates. Mark, Gillian and Morag to action.

GC
MS
MM

4.2 Future training sessions – 2014 programme

CCIS 1 – 26 & 27 February

Course full with waiting list in operation.

CCIS 2 – 25 & 26 March

13 staff registered to attend.

CCIS 1 – 21 & 22 May

11 staff registered to attend.

CCIS 2 – 3 & 4 June

6 staff registered to attend.

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There has been an unprecedented level in interest in all the stroke training courses for 2014. It's been challenging responding to all these requests and being able to accommodate staff on their preferred dates but it's anticipated they will be allocated to a session throughout the year. There has been an extremely high volume of applications from Liberton (nursing and OT) and from Craighall Day Centre. Also continued high level of interest from Intermediate Care.

4.3 Single study days

Sensory awareness study day (5th March 2014)

The Royal National Institute of Blind People (RNIB) and Deaf Action have been given Scottish Government funding to deliver a free Sensory Loss Awareness course as part of the Edinburgh and Lothians Joint Sensory Partnership (ELJSP). This is an innovative and pioneering pilot project which is being developed over a two year period.

An email has been circulated via the MCN offering places on this single study day (5th March) as part of the wider Sensory Champion Training for stroke as part of the Edinburgh and Lothian Joint Sensory Partnership. Mark, Gillian, Sheena Borthwick, Linda Gibson and Audrey Bruce are all involved in this project.

The two-day sensory champion training is due to be on 8th & 9th April at RNIB and Deaf Action for up to 15 members of staff. It is expected that those staff who become sensory champions will have attended the single study day on 5th March.

Sage & Thyme

Morag noted that these training sessions are now offered on an ongoing basis by NHS Lothian and delivered by palliative care nurses. Dates are available on intranet, and staff should be encouraged to attend.

Upper Limb rehabilitation

Confirmed that a morning session has been arranged (19th March) for this academic feedback and overview session. It will primarily be of interest to OTs and physiotherapists, and will be advertised early in 2014.

GC
MM

18 June single study day

Agreed that this would be a session looking at complex acute medical management of patients, including positioning, airway management, thrombolysis etc. Topics will be confirmed following Gillian and Mark's meeting with Gareth Clinkscale at WGH on 9th January – to discuss how they can support upskilling the nurse at WGH.

Mark noted that a new RCP guideline has just been published and could be of interest for this day: Prolonged disorders of consciousness.

5. Ad hoc courses / initiatives

5.1 Pan Lothian training initiatives linked to Change Fund posts

Mark noted that the final year of Change Fund money will be from April 2014, and it is unclear what the future of these posts will be from 2015. Stroke training sessions have continued to be provided to community teams across Lothian, as they are often required to maintain acute levels of therapy to patients who have been discharged from hospital.

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- West Lothian: Mark has delivered sessions to the OTs at SJH and REACT.
- Midlothian: Mark has delivered two sessions to OTs and physios.
- East Lothian: sessions delivered to DRRT at Randall House.
- Edinburgh: Mark delivered three workshops twice to capture part time staff from both ICS teams. He is liaising with ICS to establish further training needs.

5.2 Stroke Workbook

Mark is still to contact Audrey Bruce / Linda Gibson to determine if there are ongoing training needs required for their colleagues for the delivery of the stroke workbook.

MS

5.3 Exercise after Stroke – Edinburgh & beyond

Edinburgh - 31 Oct, 12 Nov

The dates in Edinburgh had to be cancelled as Hannah Macrae has moved post and it has not been possible to facilitate these. These will be rescheduled to be delivered in 2014.

West Lothian Excite – 28 Nov

Physio sessions were delivered to fitness instructors by Gill McClure and Wendy Juner from SJH which was a fantastic opportunity for networking and building links between the NHS and Excite. Pauline Halliday and Gillian Currie also presented.

Midlothian – 3 Dec

Both fitness instructors and front of house staff attended this session, and presentations by Pauline Halliday, Gillian Currie and Mark Smith.

East Lothian

Agreed that this team will come into Edinburgh for a joint training session with Edinburgh Leisure.

5.4 Stroke Outreach Nurses / STAT

Gareth Clinkscale, service manager for stroke at WGH, has been in contact with Gillian and Mark – to request input for upskilling nurses in wards 50/55, as well as specific training for the Outreach Nurse role. They will meet on 9th January to discuss further.

There is an expectation that the outreach nurses will undertake STAT training. However, places for train the trainer courses are now very limited and it is unlikely that Lothian will have the opportunity to train a full cohort of trainer in 2014.

5.5 MECOPP

Gillian advised that MECOPP have contacted her to request stroke training for carers, as well as their usual link into the stroke awareness days. She has arranged a half day session for 14th January.

6. NHS Borders – training & funded projects

6.1 NHS Borders training

Gillian confirmed that Border's staff are continuing to access the training

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programme. They are also undertaking their STAT training today, so Morag will contact Sandi to get feedback on this.

MM

6.2 Emotional distress post-stroke in-service training

In Marion's absence, an update was received from David Gillespie: *We have now completed all training on Mears Ward (all nursing staff and therapy staff) and have agreed a 'going-live' start date of first week in January (when old methods of mood screening will be removed from the ward and the DMS will be used as replacement). It has been agreed that the DMS will be incorporated into Keyworker roles and responsibilities.*

The plan was to move the training beyond this site right after the Xmas break, but Emma and I will take a look at the feasibility of that. In the short term we may have to pick up some of Marion's cases before we can commit to more training.

6.3 Computer based communication learning

Noted that this was being rolled out to AAH (as per previous minutes), and Morag will contact the S< (Anne Feist) to ask for an update.

MM

Post-meeting update from Anne Feist at AAH.

We are using the Fizzbooks a lot on the Stroke Unit at AAH and also on the Charles Bell Pavilion with the stroke patients there. We have REACT 2 and Speech Sounds on Cue programmes on them. We tend to use them with the patient at first and once they can use them by themselves, we give them to the person for self practice. There is a Clinical Support worker who is very happy to help people in the evenings and at week-ends.

We are pulling together a more formal "evaluation" as an SLT Dept (Stroke Unit and Charles Bell staff). I will forward you a copy of this when it is ready.

6.4 Radiology training

No further update has been received from Andrew Farrall. Morag will make contact with him.

MM

7. Stroke modules at Napier & QMU

Details for the next Edinburgh Napier module (management of stroke: an evidence based approach) were circulate in October. Anne advised that there are 28 enrolments to date (5 trained nurses, 23 undergraduates). Gillian recommended a patient volunteer that is keen to participate in all areas of training and Anne will contact him for a March session.

AR

8. Scot Toolkit rollout

No further update from Pat Taylor regarding a band 5/6 nurse at WGH being given the training remit to promote the use of the SCoT as the evidence for their KSF.

Although Gillian C can provide details of staff who have registered for the SCoT, she is unable to see who has completed it. As it's not mandatory, this can only be determined by asking all registered users for their compliance.

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9. Any other business**9.1 OT training – Braintree (Cognition after stroke training)**

A request has been made from the Lothian Occupational Therapy Stroke network for financial assistance to run a two-day training event in Lothian for social care and NHS OTs on 24th/25th April 2014. Sheena Muir has agreed that funding will be available via the stroke training fund, in addition to the social care funding. The group agreed that the course would be a valuable session for developing cognitive assessment and the treatment pathway for all stroke patients seen by an OT.

9.2 Training database

Noted that the SGHD/audit annual review visit on 30th October reviewed the training template for all staff working in stroke units to ensure they were core competent. They noted that some staff had done their training some time ago (pre 2003) and advised that staff should be requested to update their training.

9.3 National stroke training issues

Post meeting note from Lynn Reid:

Heather Bryceland has started STARs 6, the self help web resource for people who have had a stroke. Fran Bailey is organising and supporting the development of a psychology video to be added to STARs.

10. Dates of future meetings

Thursday 13th March 2014

14.00 – 16.00

Meeting room 1, Leith CTC

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