

**Lothian & Borders Stroke MCN
Training & Education Subgroup
8th May 2012**

MINUTES

Present:

Gillian Currie (minutes)	Stroke Trainer, NHS Lothian & Borders
Ros Fraser	Speech and Language Therapist
Pauline Halliday	Clinical specialist OT, RIE
Gillian McClure	Physiotherapist, SJH
Dr Marion Murray	Clinical Neuropsychologist
Mark Smith (chair)	Consultant Physiotherapist
Dr Anne Rowat	Edinburgh Napier
Heather Bryceland	SCoT Project Manager, CHSS

Apologies:

Morag Medwin	Stroke MCN co-ordinator
Vanessa Hamilton	Dietitian, WGH/RVH
Elizabeth Eadie	Sonographer, WGH & SJH

Action

1. **Welcome & apologies**
As noted above
2. **Minutes of the meeting of 31st January 2012**
Noted as correct and accurate.
3. **Actions/updates from previous meeting**
Included within the minutes.
4. **CHSS update**
 - 4.1 **Completed training**

Social Services – 23 February

14 Social Services, 4 voluntary sector staff attended.

CCIS 1 28/29 March

10 participants attended. This was the first time the course ran in the new 2 day format and this worked well. Some modifications to timings will need to be adapted for the May 2012 course to accommodate all speakers/topics. Inclusion of the SCoT Toolkit was very well received with all those attending signing up to complete it.

Single Stroke Study Day – Right Hemisphere Stroke – 24 April

This proved to be a very popular topic again with staff with a large proportion of community staff present. 34 attendees overall. The use of case examples and video clips worked well and proved popular with participants.

Gillian raised the issue of access to rooms in the MEC at WGH. Previously CHSS had always been able to set up from 8am but rooms now remain locked until 9am. This has proved challenging in preparing and setting up the rooms for training over the last few months. However, it is hoped that soon rooms will be opened from 8.45am as

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not just CHSS have been affected by this change in access times. CHSS have a very positive relationship with the MEC and will try to work around these timing changes. E.g. asking participants to wait outside and give them access to the room at 9am once room has been set up between 8.45-9am.

4.2 Future training sessions - 2012 programme

CCIS 1 – 9/10 May

12 participants registered to attend.

CCIS 2 – 29/30 May

14 participants registered to attend.

Single Study Day – 19 June

There was discussion regarding offering a day for those new staff employed through intermediate care, rapid response and reablement as part of the change fund investment. This is hoped to offer an overview on existing stroke services, the pathway for stroke and the strategic drivers behind these developments in community care and stroke rehabilitation in Lothian. This will include input from CHSS, Mark Smith, Fiona Stratton, Jamie Hetherington and ECSS

Single Study Day – 21 November

The topic of technology in stroke is to be covered with very much a Lothian perspective on what initiatives are being implemented locally. Gillian will be attending the Society of Research in Rehabilitation summer meeting on 4/5 July 2012 in Leeds. This will be looking at the evidence base particularly around assistive technology for the upper limb which will inform and help guide preparations for Lothian study day.

5. Ad hoc courses

5.1 SAS

No further updates.

5.2 Edinburgh OPMOC Implementation project

Training needs of these staff being addressed through Single Study Day on 19/6/12. Fiona Stratton has suggested looking at the training needs of staff through the possibility of a survey also. It was discussed that places were available on CCIS 1 and CCIS 2 for community staff and Paddy Corscadden has put several staff forward for the courses in May already.

5.3 Stroke Workbook

Decision made at SPMT on 2nd March 2012 regarding how training will be delivered in Lothian. Community Services Subgroup will monitor how it is facilitated and rolled out with the stroke liaison nurses. The CHSS nurses have all received places on the Workbook training courses.

5.4 Exercise after Stroke – beyond Edinburgh

Health Foundation Grant applications: £10k has been successfully secured for REPS Level 4 stroke course for up to 12 Lothian Health and Wellbeing Providers from the Lothian fitness industry and the working group is meeting this pm. This course will be delivered by Later Life Training. We will also facilitate CHSS "access to stroke" courses

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for the other leisure centre staff in the four local authority areas, dates tbc. The stroke MCN website redesign, to include an electronic pathway for Lothian, has also been the successful subject of a HF Grant application for £16k. The pathway might look similar to the Maps for Medicine (Google) system which is searchable and links to RCP and NICE guidelines.

6. **STARs Project... STARs 5**

Gillian updated the group on STARs 5. Progressing very well across all modules ahead of schedule. Launch will be in December via email – no formal launch as STARs now so well established.

6.1 **Audit of staff completing STARs/CCIS**

STARs audit available for core competencies & advancing modules. Spreadsheet circulated to all AHP and nurse managers for completion on all acute & rehab units (sent end of March for responses by end June 2012)

When RVH has moved to WGH a thorough audit of staff & their training will be done. Involvement of QIT (quality improvement teams) – just need to be made aware that we are collecting the data – per Sheena Muir

- Rehab QIT (AAH) – Sheena Muir, Fiona Hutcheson
- MoE QIT (all other sites) – Catherine Crombie/Stuart Laidlaw, Patricia Cantley/ Carolyn Swift

Information Governance form needs to be completed. (will be done by Morag when info is received – end June 2012)

Gillian reported that she had cross checked data provided for STARs from nursing staff across WGH, SJH and NRIE with CHSS courses on database.

7. **Stroke modules at Napier & QMU**

Anne reported that Napier is restructuring its courses and stroke may no longer be a module in its own right. Instead it would be incorporated as a generic module.

8. **NHS Borders**

Gillian reported one Band 5 physiotherapist from NHS Borders attended the Right Hemisphere Single Study Day. No applications received for core stroke training courses as yet.

8.1 **Funded projects**

i **Emotional distress post-stroke in-service training**

Marion informed the group that Amy Cadden has now been in post since mid February 2012. She is working on putting the materials together for the distress thermometer. This has involved refining the materials and she has liaised with the SLTs at AAH re aphasia friendly elements. Training will be provided later in the year at AAH and hopefully at SJH.

ii **Computer based communication learning**

Fizzbooks now up and running at Liberton under Ros' guidance. Software all loaded and training being provided to staff on the unit. Fizzbooks left on the ward and signed in and out. One patient at

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present finding the technology very useful. Results of the implementation of the materials and their use can easily be collated.

iii Radiology training

Email update from Andrew Farrall – 10/4/12

'We have identified and collated the cases. I have a student helping with putting the images into the appropriate format - unfortunately she's been very sick for a few weeks so this has set us back. I'm hoping next week or the week thereafter she'll be back on the project. It will then be a matter of getting IT to package the imaging into the on line module format.'

9. SCoT (stroke competency toolkit) and E-SCoT news & updates

Heather discussed the Lothian rollout of the SCoT. (See attached report) She also highlighted that the SCoT would be going online on 21st May 2012. There was also discussion around the specialising competencies for physiotherapy, OT and SLT that have been funded by NACS for the next stage of the project. Mark Smith will sit on the physiotherapy competencies group representing NHS Lothian, and Pauline Halliday will represent OT. Gillian also reported that she has provided sessions on the SCoT to staff on who were unable to attend initial rollout in November 2011 and also attended SJH to support staff already working on their toolkits.

10. Any other business

10.1 Stroke training in primary care & care homes

Primary Care

Sessions continuing to be provided on request:

- Tranent 21/3/12 - 23 practice staff attended
- Inverleith 23/5/12
- Armadale 28/11/12

Care Homes

There have been several requests from care homes/providers over recent months.

- Davidson House Care Home – 23 staff trained
- Cluny Lodge – 13 staff trained

Session also scheduled with St Colm's Residential Home for 22/5/12

10.2 Stepping Out / Bridges

No further updates.

10.3 National Stroke Training Issues

Written update from Lynn Reid was circulated. Gillian reported that she attended a STAT training session in NHS Lanarkshire to learn more about the format and delivery of course before its national rollout.

11 Dates of future meetings

10.00am – 12.00pm, Tuesday 7th August 2012, Leith CTC