

**Lothian & Borders Stroke MCN
Training & Education Subgroup
7th August 2012**

MINUTES

Present:

Gillian Currie	Stroke Trainer, NHS Lothian & Borders
Pauline Halliday	Clinical specialist OT, RIE
Gillian McClure	Physiotherapist, SJH
Morag Medwin (minutes)	Stroke MCN co-ordinator
Dr Marion Murray	Clinical Neuropsychologist
Mark Smith (chair)	Consultant Physiotherapist
Dr Anne Rowat	Edinburgh Napier

Apologies:

Elizabeth Eadie	Sonographer, WGH & SJH
Pat Wynne	Clinical Nurse Manager, WGH
Gill Baer	Queen Margaret University

- action**
1. **Welcome & apologies**
As noted above
 2. **Minutes of the meeting of 8th May 2012**
Minutes were approved with the following amendments:
 - o 8.1 (i) Clarify that training will hopefully be provided at SJH.
 - o Add Pauline Halliday for OT representation for the Specialising Competencies for the SCoT
 3. **Actions/updates from previous meeting**
Info governance (6.1) still to be done **MMe**
 4. **CHSS update**
 - 4.1 **Completed training**
 - CCIS 1 – 9/10 May
10 participants attended. Two day format working well and response to SCoT session positive from hospital and community staff.
 - CCIS 2 – 29/30 May
11 participants attended. Carer from vocal attended and this was very well received.
 - Single Study Day (19 June): Developments in stroke care and rehabilitation
34 attendees from social care attended. Feedback on the whole positive but some staff felt study did not meet their needs as they were looking for a more hands-on stroke training course. They were signposted on to Social Services days instead. But overall it was an excellent opportunity to network, learn about the teams working in stroke in the community and the strategy/pathway involved in these services.
 - 4.2 **Future training sessions - 2012 programme**
 - CCIS 1 – 5/6 September
7 participants registered at present. Gillian has emailed out to encourage attendance. It was also discussed that many community based staff from intermediate care are accessing Part 2 training only. Pauline agreed to contact **PH**

action

Paddy Corscadden to explain the merits of staff accessing Part 1 training too. Morag noted that the recent audit of core competency for stroke staff may reveal staff that need this training, and managers will be encouraged to register them.

MM

Social Services Day – 4 October

7 voluntary sector staff registered. Edinburgh City Council will provide 15 names by September.

The group discussed the ongoing issue of payment for Edinburgh City Council staff to attend Social Services training days. It was explained that this was a historical agreement put into place when health and social care worked more independently. Gillian agreed to speak to Lynn Reid at CHSS to discuss if Edinburgh City Council are still paying for staff to attend and whether it is feasible to not charge as no charge is levied for other training courses delivered in Lothian.

GC

CCIS 2 – 7/8 November

16 staff registered (6 from intermediate care) and will cap at 20.

Technology and Stroke – 21 November

Gillian attended the Society of Rehab Conference in Leeds on Assistive Technology in July and made useful contacts with exhibitors of various technologies who would be willing to exhibit at the single study day and possibly sponsor lunch for delegates.

The focus of the study day will be on initiatives being used in NHS Lothian. To date Anna Jones is going to talk on her PhD 'computer assisted therapy for aphasia and FMRI'. Cait McSweeney is no longer working with Keycomm and Julie King, OT, has been contacted instead. She is seconded into a post looking at technology and its use in various settings including stroke rehab.

Other topics/speakers could include:

- Telerehabilitation in East Lothian
- Fizzbooks at Liberton – Ros Fraser
- FES – Jane Shiels

More possible speakers will be needed. Query bringing in a user of assistive technology to explain its impact on their life?

4.3 2013 programme

Calendar of dates for 2013 circulated to the group. Course complements to consist of:

- 4 Social Services Day (1 extra to reflect the needs of community staff)
- 3 CCIS 1
- 2 CCIS 2
- 3 Single Stroke Study Days

Topics for consideration for the single days include these suggestions from course participants during 2012:

- Working with complex families (this was asked for in 2011)
- Issues around capacity and how to assess
- Working with people with multiple co-morbidities
- Upper limb rehabilitation
- Higher executive functions

action

- Shoulder pain
- Young stroke issues
- Assessments & interventions for longer term eg community and return to work
- Stroke diabetes management

Any other ideas/preferences for topics should be forwarded to Gillian.

ALL

5. Ad hoc courses

5.1 SAS

Gillian confirmed that national funding for specific SAS training sessions had now finished. Reports and evaluations from the sessions have been previously circulated. It was agreed that this item should be taken off the agenda, unless there are specific requests from SAS for local training.

5.2 Lothian OPMOC Implementation project

Marion raised the issue of social care representative on the group, following the retirement of Kitty Mason. It was agreed that representation from social care would be beneficial, and Gillian suggested that Kirsty Dewar – an OT, but who has a learning and development role within Edinburgh council, would be ideal to contact. Mark will contact her.

MS

See item 4.1 above for details on the training day (19 June 2012) that was arranged for this project.

Edinburgh: Mark will liaise with Paddy Corscadden and Kelly to determine if there are any further gaps in training requirements, following this specific training session. Mark will deliver 'what is a stroke' session to staff to support council/social care staff and add to their current knowledge.

MS

Midlothian: Mark is delivering stroke sessions to the staff, and Gillian confirmed that there is good attendance at CCIS sessions.

East: emerging services

West: Gill McClure confirmed that the structure of service is still to be clarified, and they currently signpost people to current courses offered by CHSS. Mark will contact Pat Donald

MS

5.3 Stroke Workbook

Noted that community and intermediate care staff are keen to assist the stroke nurses to deliver the workbook to people. There are ongoing discussions with the Stroke Workbook team to agree a compressed programme of awareness training that can be done in a one-day session, rather than the full two-day workbook training. There will be a cost to this training, and Mark confirmed that Sheena Muir (chair of SPMT) has noted that stroke training monies could be available for this. The next meeting with the Stroke Workbook Team will be held on 30th October, and Mark, Marion and Morag will be in attendance.

5.4 Exercise after Stroke – beyond Edinburgh

Course has been arranged and 14 instructors will be doing the Later Life training, REPS level 4, starting in October. It consists of four weekends in October, November, January and March. When this is complete, there will be 'access to stroke' courses arranged for each local authority and Thistle Foundation. Mark will contact stroke clinicians to assist in these training sessions.

MS

6. **STARs Project... STARs 5**

Gillian noted that work on STARs 5 is well underway and modules will be circulated in August/September for external peer review. It is expected to launch the completed modules in December 2012.

6.1 **Audit of staff completing STARs/CCIS**

Morag noted that the audit of staff competencies is underway and a few responses are still to be received. Once received an overview of what training needs to be prioritised will be circulated to managers. Mark agreed to assist with this task.

MM
MS

7. **Stroke modules at Napier & QMU**

Anne noted that confirmed stroke courses at Napier will be available in October, and she will contact staff then for their participation in delivering these. There was some discussion on the possible change of focus from acute issues to research/rehabilitation/self-management.

8. **NHS Borders**

8.1 **Funded projects**

a) Emotional distress post-stroke in-service training

Marion updated the group with the three strands to this project:

- i. Revision of the current distress monitoring tools. Following a full literature review and staff/patient feedback, the tools have been slightly changed and are now ready to use. Consideration is also being given to developing an aphasia-friendly tool.
- ii. Development of resource pack to provide back-up for the tool. Once completed, this will contain patient information leaflets, self-help material, clinical guidelines and relevant referral forms.
- iii. Roll-out of training to all sites. Draft sessions have been circulated to AAH staff for comment. The project has planned that each stroke unit will receive one ½ day training session (run twice to maximise the number of staff attending), and this will be repeated annually to cover staff turnover. In addition, there will be three quarterly trouble-shooting meeting, and a one day optional annual meeting for all stroke unit staff. These subsequent meetings are aimed to support the implementation of the distress management system and to continue to enhance the psychological skills of staff working on stroke units.

Marion advised the group that the £12.5k funding received for this project will be under spent by £2k at the end of the 15 months (May 2013). It was agreed that this funding should be used to prolong the post-holder for a further three months in order to complete the proposal and arrange the training sessions and ensure it is rolled out to all stroke units.

b) Computer based communication learning

No feedback from Ros

c) Radiology training

As per previous minutes, there have been some delays with this project, and an update has since been requested from Andrew Farrall.

9. e-SCoT news & updates

An update from Heather Bryceland (SCoT project manager) was circulated. Gillian confirmed that staff are now directed to use the online system (www.scotonline.org). The (push) is for staff to complete the core level of the toolkit, and when the specialised therapy competencies are developed, these can also be completed.

If teams need support or guidance on the use of the SCoT, they should contact Gillian in the first instance.

See attached report from Heather. Gillian has continues to offer a session on the SCoT at CCIS 1 Day 2. A store of hard copy folders remains at CHSS Head Office but CHSS are encouraging the use of the E-SCoT for all new users.

10. Any other business**10.1 Stroke training in primary care & care homes**

Gillian confirmed that she is receiving requests from care homes for stroke training and is able to deliver these. There is often a donation to the CHSS for their time. She also noted that requests are being received from private care agencies and there was discussion on charging policy for these.

Primary Care

Sessions continuing to be provided on request:

- Inverleith 23/5/12
- Armadale 28/11/12

Care Homes

Session delivered to St Colm's Residential Home on 22/5/12 to residents around stroke, FAST and secondary prevention.

10.2 Stepping Out / Bridges

It was agreed that this item should be taken of future agendas, as the stroke workbook is now the preferred self-management tool.

10.3 National Stroke Training Issues - STAT

A summary of the STAT (stroke and TIA assessment training) initiative was circulated to the group, for discussion on whether Lothian should be fully signed-up to delivering this on acute sites. A national co-ordinator is to be appointed and the expectation is that each health board will provide three clinicians who will be trained to deliver the sessions to staff in their emergency admission units, on a rolling basis.

It was agreed that it would be very labour intensive and Mark will liaise with Martin Dennis to agree the Lothian position on whether to take this forward.

[post-meeting note]: There are ongoing discussions through the National Stroke MCN Managers forum that Morag attends, and pan-Scotland consultation will be undertaken prior to the roll-out of this initiative.

MS

MMe

11. Dates of future meetings

Tuesday 30th October 2012, 10am → 12 noon, Leith CTC (room 1)