

**Lothian & Borders Stroke MCN
Training & Education Subgroup**

Monday 1st February 2016 (via VC from RIE and WGH)

MINUTES

Present:

RIE

Gillian Currie (chair)	Stroke education facilitator, NHS Lothian & Borders
Sandi Haines	Stroke Coordinator – NHS Borders
Morag Medwin (minutes)	Stroke MCN co-ordinator
Mags Morrow	Deputy charge nurse, W 101, RIE
Miriam Ramaboa	Charge nurse, W 201, RIE

WGH

Deirdre Elphinstone	Charge nurse, stroke unit (55), WGH
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Apologies:

Caroline Allan	Clinical Educator, RIE
Gillian Baer	Queen Margaret University
Sheena Borthwick	Service Lead, Adult Community and Rehabilitation S< Services; representing speech & language therapy service
Sandra Dewar	Charge nurse, SJH
Trish Elder-Gracie	Outreach, stroke education, RIE
Elizabeth Eadie	Sonographer, WGH
Pauline Halliday	Clinical specialist OT, RIE
Gillian McClure	Physiotherapist, SJH
Dr Marion Murray	Clinical neuropsychologist
Anne Rowat	Lecturer, Edinburgh Napier University
Mark Smith	Consultant physiotherapist
Claire Stirling	Charge nurse, stroke unit (50), WGH

action

1. **Welcome & apologies**
Apologies as noted above.
2. **Minutes of the meeting of 9th November 2015**
These were agreed as correct without change.
3. **Actions/updates from previous meeting**
Included in the agenda for this meeting.
4. **CHSS update**
 - 4.1 **Completed training**
CCIS 1 – 11/12 November
15 staff attended with 3 cancellations at short notice that were unable to be filled at short notice.

East Lothian – training for care homes – 19 November

This day was held at the Doughty Centre at Herdmanflat Hospital in Haddington in partnership with Val Reid, Care Home Nurse Advisor. Support for OT and PT session was provided by local therapists. SLT were unable to be involved on this occasion but hope to be available for future sessions. On the day 20 staff attended from care home settings throughout East Lothian. The staff were very receptive to

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the training and the only feedback that was received was that some would have liked more opportunity for 'hands on' experience of dressing and positioning. Based on the success of the day it could be feasible to run on annual basis if there is a required need.

Single study day - Sensory awareness – 25 November 2015

Final study day to be offered as part of the Stroke Sensory Champion training provided by Katharine Jackson at RNIB. The day focused on pre-existing sensory loss and its impact on stroke. 16 staff attended the day and it was positive to have representation from WGH and RIE stroke unit nursing staff.

4.2 Future training sessions

Stroke Awareness Days

2 February – WGH

26 April – Edinburgh Council Chambers

23 August - WGH

5 October – Edinburgh Council Chambers

It has been agreed that two SA days will be held in non council premises to allow attendance from other local authorities pan Lothian.

Post meeting note – 2 February WGH

17 staff registered to attend but we had 15 on the day after one left in the morning to return to work and one DNA. Very good feedback on evaluation and interest in CHSS materials and support.

"I thought Gillian and her colleagues were excellent, super, outstanding and magnificent to convey their skills and knowledge in a layman's way to the class. One could see the enthusiasm, keenness, warmth, passion, zeal, energy and excitement one still has in their profession. Top of the class, gold star to them."

CCIS 1

- 24/25 February – 17 staff registered
- 4/5 May – 17 staff registered
- 7/8 September – 4 registered
- 9/10 November – 3 registered

CCIS 2

- 16/17 March – 11 staff registered
- 24/25 May – 12 staff registered
- 25 & 26 October – 12 staff registered

Thanks to charge nurses for pre-booking nursing staff onto the courses already and please note places will be available as a matter of priority for nursing staff to attend throughout the year.

4.3 Single study days

13 April – Care homes Stroke Awareness Day - RIE

An offer of a study day similar to the one run in East Lothian in Nov 2015 has been made to Jackie Sloan at CEC. Jackie is liaising at a local level to gauge interest and it is hoped that the day will take a practical focus with hands on experience for staff working in care home settings.

21 June & 30 November - RIE

There was some discussion about future topics that could be offered including Christine Hazelton coming back from GCU to offer another visual rehabilitation

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action

session as per the popular session held in June 2015.

It was also discussed that in line with the new Advancing STARS module on 'sensitive and effective conversations in end of life care in acute strokes, perhaps a day exploring this topic could be offered. The charge nurses from WGH and RIE were in agreement that this could be very helpful. Gillian will look into this further.

GC

5. Acute site training

5.1 Stroke Improvement Plan – review (9th December 2015)

Updates with regard to the Stroke Improvement Plan and the workshops arranged in October/November 2015.

Education template

The meeting was informed that there is a requirement for the training template to be updated and submitted to the Stroke Improvement Team by 29th February 2016. A reminder email will be circulated to charge and deputy charge nurses this week to ask their nursing staff to complete STARS modules by 15th February. The database will be downloaded at this time and spreadsheets for the acute sites will be updated for the training template.

MM
GC

IPC (27 Oct)

Deirdre confirmed that a nurse from the unit at WGJ has received training from Covidien and a training plan for the unit has now been implemented to ensure nurses are competent.

Post-stroke vision workshop (17 Nov)

[post-meeting note]: The physiotherapist at WGH is now aware of ongoing work with OTs and will liaise with them. A meeting has been arranged by ECSS with lead orthoptist and a consultant on 17th February. Following this, the action plan will be reviewed and they will liaise with Gillian Currie if any training needs are identified.

5.2 Site updates

i. RIE

Mags confirmed that ward 101 continues to hold buzz sessions on a variety of topics on Mondays. Trish noted that there are a few nurses on the unit to do the reading for swallow screen before sign-off from Mirriam Ramaboa. The upcoming revalidation for all nursing staff should provide an extra impetus for staff to complete it.

[post-meeting note]: Caroline advised that five staff (from 201) attended the cardiac monitoring study day in October 2015, but are still to do the shadowing of experienced staff in a monitored area to consolidate this session. Lynn Stewart (CNM) confirmed that she would follow this up with Mirriam Ramaboa.

ii. SJH

There was no feedback from SJH.

iii. WGH

Deirdre noted that the stroke unit had recently amended the generic care plan template to make it more appropriate for use with stroke and MOE patients. They have added prompts, and this has taken the place of the 'prompt cards' that had been initially suggested for use with the nursing staff.

Deirdre agreed to share this paperwork with RIE units and will email to Mags Morrow and Mirriam Ramaboa.

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5.3 STAT

Gillian confirmed that interest in the STAT sessions is continuing and the first session on 26th February is full. There is only one medical doctor now available to deliver training, and Mags Morrow will undertake training to assist in future sessions.

Dates for the year:

- Friday 26th February
- Friday 22nd April
- Tuesday 28th June
- Friday 26th August
- Friday 21st October
- Friday 25th November

5.4 Swallow screen training

Morag reported that there have been several requests for further edits to the swallow screen documentation, but Sheena Borthwick has advised there is no plan to add the word 'stroke' to the document, or a time clock – to indicate that it is required to be done within four hours (as per the changing standard from April 2016).

Data has been received from a specialty doctor at RIE: roughly 50% of stroke patients have a swallow screen in the first 4 hours; 60% within 6 hours; 75% within 8 hours but 10% are still waiting over 12 hours to have a screen performed.

Trish raised concerns with staff not undertaking the required reading of the dysphagia training package to understand the theoretical knowledge underpinning the basic swallow screen.

Post-meeting note: There had been discussion at the weekly breach meetings at RIE regarding who has been trained to sign off this competency, from outwith the stroke units. A list of 12 nursing staff from ED, AMU and 208 has since been passed to Julie Dixon and she will be liaising with them to promote this competency in the front door nursing staff. She has also made contact with the ANP who delivers the hospital induction for registered nurses, to ask about the addition of this training to the induction programme.

6. Ad hoc courses / initiatives

6.1 Sensory champions

As Katharine Jackson has now moved onto to a new role the Sensory Champions project has now finished, but it is hoped that the great amount of work that has been undertaken can be continued and sustained. However, how this can continue will merit further discussion at next T&E meeting. Gillian remains a link person for the sensory champions who are still in post and is linking with them as appropriate.

7. NHS Borders – training & funded projects

7.1 NHS Borders training

Sandi updated the group. NHS Borders continues to access the CCIS 1 and 2 sessions here in Lothian and with several new nurses lately, she will be registering them. Sandi noted that the SAS have requested a STAT session aimed primarily for them.

7.2 Emotional Distress post-stroke resource pack

Morag met with Deborah Tinson in November to finalise this resource pack. It is now available and being used by those staff at AAH who have been trained. The intention is that its use will be rolled out to other sites, but there will be some staff training required. Dr Marion Murray will now lead on this.

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8. **Stroke modules at Napier & QMU**

[post-meeting note: Audrey Bruce (lead CHSS liaison nurse) has advised that her team of six nurses are now taking 3rd year Napier nurses for their community placement. From January to April 2016 they will have four student nurses undertaking two week placements with them (and two weeks with a district nurse). From September 2016, there will be rotations of four weeks with the CHSS nurses, with one student at a time doing either their community placement or an elective. Fiona Ryan and Tom Jones are the named mentors, but all of the nurses will be involved in the placements.

9. **Any other business**

9.1 **National stroke training issues** (details from Lynn Reid)

STAT

STAT project has officially completed and the NHS Boards should be self sufficient. All boards have been sent a pack with participant packs and MCQs to cover them for their first four days this year. Lynn Reid is supporting STAT days when areas are short of a trainer. At the end of the project, 617 (including 36 in Orkney that attended a bespoke training day which included STAT materials) people had attended STAT session and 72 people had attended training.

STARs

End of Life module in stroke has been launched and content was based on a survey of 600 professionals from medical and nursing (including 54 GPs).

Stroke Improvement Team

National training days organised by the Stroke Improvement Team – dates for 2016 still to be confirmed.

9.2 **Stroke training & education budget**

The group was reminded that there is funding still available for training - to be used before the end of the financial year.

Noted that there had been some interest from nursing staff to undertake credits towards a Masters course via the University of Glasgow in March → May 2016: 'clinical issues in stroke care'.

9.3 **Revalidation of nursing staff**

Gillian noted that she had been approached by MOE nurses wishing to attend CCIS1 & 2 training. It was discussed that priority for training would go to those staff that work in stroke care settings. It was apparent that these nurses were looking for evidence for their NMC revalidation. Gillian explained that she advised the nurses to speak with their clinical educators and charge nurses should choose appropriate courses for their teams.

However it should be noted that the CHSS courses are essential for nurses working in stroke care but can be used as evidence for their revalidation as can the SCoT and all STARs modules.

10. **Dates of future meetings**

To be arranged.

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