

Breastfeeding Clinic

Information for Parents

Your Midwife, Health Visitor and Family Nurse should always be the first point of contact and support if you are experiencing any feeding issues. They are all trained to the very high standards of UNICEF Baby Friendly. <https://www.unicef.org.uk/babyfriendly>

If you experience difficulties at any point, do not hesitate to ask for help from your Midwife, Health Visitor or Family Nurse. They will work closely with you to develop a plan alongside the local Infant Feeding Advisor.

Where breastfeeding issues cannot be resolved with their support they can arrange an appointment in partnership with the local Infant Feeding Advisor to the breastfeeding clinic for mother and baby. There is one clinic in each hospital (Edinburgh Royal Infirmary and St John's Hospital).

Mothers can also get advice and support from any of the drop-in breastfeeding support groups which are available throughout Lothian. In support groups mothers learn about life with a breastfeeding baby, managing common problems and what changes to expect as their baby grow. The details of these support groups can be found under the '*Breastfeeding groups*' tab on the NHS Lothian Feeding Your Baby pages.

Feedback from parents

The NHS Lothian Maternity Services Liaison Committee (MSCL) welcomes feedback from parents about their experience of getting help with their breastfeeding journey. Please click on the link to send your comments to the MSLC.

<https://www.nhslothian.scot.nhs.uk/Services/AZ/MaternityServicesLiaisonCommittee/Pages/Feedback.aspx>