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**Nursing, Midwifery, Allied Health Professions, Psychology, Pharmacy, and Health Care Science
Research Conference
7th November 2023
John McIntyre Conference Centre, University of Edinburgh**

Achieving impactful healthcare research through clinical academic collaborations

- 08.45 Registration**
- 9.15 Welcome and Introduction**
Morning Chair: Justine Craig, Chief Midwifery Officer, Scottish Government
- 9.20 NHS Lothian R&D Strategy: people and culture**
Professor Alasdair Gray, Director Research & Development, NHS Lothian
- 9.30 Building research capacity through collaboration: our story**
Professor Juliet MacArthur, Chief Nurse Research & Development, NHS Lothian/Honorary
Professor Queen's University Belfast
- 9.45 Unlocking the path to clinical academic success? Building research capacity and capability in NMAHPPS**
Professor Mary Wells, Deputy Director of Nursing Research/Professor of Practice in Cancer
Nursing, Imperial College Healthcare NHS Trust and Imperial College London
- 10.30 Coffee, poster viewing and voting**
- 11.00 Concurrent Sessions A (Breakout Rooms)**
- 12.00 Travel time to next concurrent session**
- 12.05 Concurrent Sessions B (Breakout Rooms)**
- 13.05 Lunch, poster viewing and voting**
- 14.00 Welcome back**
Afternoon Chair: Professor Catherine Ross, Chief Scientific Officer, Scottish Government
- 14.05 Research capacity building in the NMAHP workforce: a Council of Deans of Health perspective.**
Professor Alison Machin, Dean of School of Health and Social Care, Edinburgh Napier University
and Chair of Council of Deans of Health
Professor Susan Dawkes, Dean/Professor of Nursing and Cardiovascular Health, Robert Gordon
University and Convener Council of Deans of Health Scotland.
- 14.20 Travel time to concurrent session**
- 14.25 Concurrent Sessions C (Breakout Rooms)**
- 15.25 Coffee, poster viewing and final voting**

15.45 Research Perspectives and Opportunities

1. **"Year in Year out, the credit goes to the top researchers" Healthcare professional, Kenya; Developing Global Research Capacity for the Health Workforce: grassroots mobilisation.**
Professor Aisha Holloway, Professor of Nursing Studies, University of Edinburgh/Co-Director Edinburgh Global Nursing Initiative
2. **Can clinical homes influence practice? A description of a first of a kind clinical home for Healthcare Science in Scotland.**
Professor Cathal Breen, Professor of Simulation and Clinical Skills, Edinburgh Napier University and Honorary Research Consultant NHS Lothian
3. **Research Funding Opportunities**
Tom Barlow, Senior Research Manager, Chief Scientist Office

16.15 Presentations of prizes

Andy Peters, AHP Research Facilitator, NHS Lothian

Voted for by Conference delegates:

- **Best Poster Presentation**
- **Best Oral Concurrent Presentation**
- **Best Student Presentation/Poster** (sponsored by University of Stirling)

Voted for by Pharmacy representatives

- Best NHS Lothian Pharmacy Presentation (sponsored by Robert Gordon University, Strathclyde University and NHS Lothian Pharmacy Department) – presented by Best NHS Lothian Pharmacy Presentation (sponsored by Robert Gordon University, Strathclyde University and NHS Lothian Pharmacy Department) – presented by Alexa Wall, Associate Director of Pharmacy, NHS Lothian

Queen Margaret University Sue Pembrey Award 2023 – presented by Professor Angie Titchen, Independent Practice Development and Research Consultant

16.30 Closing Remarks

Professor Catherine Ross, Chief Scientific Officer, Scottish Government

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Concurrent Sessions A: 11.00 – 12.00

Session A1 **Location: Main Room (Pentland East & West), John McIntyre**
Chair: Dr Kath Stoddart, Clinical Doctorate Programme Director, University of Stirling

	New Perspectives on Outcomes in Life-Threatening Situations	Presenter
11.00 – 11.20	What modifiable factors delay initiation of bystander CPR in out-of-hospital cardiac arrest? Results from an analysis of 200 recorded ambulance calls	Dr Barbara Farquharson, Associate Professor of Nursing, University of Stirling @bfarq1
11.20 – 11.40	Effectiveness of voice stimulus on the level of consciousness, physiological parameters and behavioural responses in comatose patients – A feasibility study	Roseminu Varghese, Lecturer in Nursing, Edinburgh Napier University @RoseminuV
11.40 – 12.00	Post-operative delirium in cardiac surgery - exploring the incidence, risk factors and actual patient experience	Dr Daisy Sandeman, Lead ANP & Clinical Nurse Manager Advanced Practice, NHS Lothian @daisy_Varghese

Session A2 **Location: Holyrood Meeting Room, John McIntyre**
Chair: Prof. Erna Haraldsdottir, Deputy Head, Division of Nursing & Paramedic Science, Queen Margaret University

	Clinical Trials and Co-Production of Health and Social Care Services	Presenter
11.00 – 11.20	Complexities of recruiting patients with type 2 myocardial infarction to clinical trials	Dr Amy Ferry, Senior Research Nurse, Centre for Cardiovascular Science, University of Edinburgh
11.20 – 11.40	“The end of one person’s life is the start of another person's changed journey”: exploring the delivery of palliative and end of life care by community nurses	Prof Juliet MacArthur, Chief Nurse Research & Development; Liz Ferguson, District Nurse; Lea Wiseman, District Nurse, NHS Lothian @julietmacarthur@nhslothian.scot.nhs.uk
11.40 – 12.00	Community-led study of access to antiretroviral therapy and viral load testing	Kwadjo Konadu, PhD Student/Pharmacist, Robert Gordon University @KonaduKwadjo

Session A3 **Location: Duddingston Meeting Room, John McIntyre**
Chair: Dr Gearóid Brennan, Senior Charge Nurse, Psychological Medicine, NHS Lothian

	Re-Shaping Mental Health Interventions	Presenter
11.00 – 11.20	The acceptability and feasibility of a Ketogenic diet in Bipolar Disorder	Helen Grossi, Research Dietitian, NHS Lothian
11.20 – 11.40	Mindfulness-based interventions for people experiencing psychosis: a randomised feasibility study	Dr Audrey Millar, Consultant Clinical Psychologist, NHS Lothian
11.40 – 12.00	Using realist evaluation to understand the implementation and practice of the Continuous Intervention Policy in inpatient mental health wards in NHS Lothian	Jenny Revel, Clinical Academic Senior Mental Health Nurse/PhD Student, NHS Lothian/Edinburgh Napier University @Jenny_Revel

Session A7 **Location: Salisbury Meeting Room, John McIntyre**
Chair: Andy Peters, AHP Research Facilitator, NHS Lothian Chair

	Taking Care of Our Workforce	Presenter
11.00 – 11.20	Piloting the Lothian Work Support Service model with public sector workers: In progress findings for acceptability and impact on employee return to work	Gerard McFeely, Consultant Occupational Therapist – Vocational Rehabilitation & Jason Newman, Occupational Therapist, NHS Lothian
11.20 – 11.40	Feasibility study of a Compassionate Mind Training (CMT) intervention for pre-registration mental health student nurses	Gavin Cullen, Lecturer in Nursing/PhD Student, Edinburgh Napier University
11.40 – 12.00	Second Nature – A NHS Lothian staff wellbeing pilot project	Caroline Dakers, Team Lead, Weight Management & Type 2 Diabetes Prevention Service, NHS Lothian @NHSL_Dietetics

Session A5 **Location: St Trinnean’s Meeting Room, St Leonard’s**
Chair: Professor Scott Cunningham, Professor of Pharmacy Education & Practice, Robert Gordon University

	Helping People to Live Better Lives with Chronic Conditions	Presenter
11.00 – 11.20	Caring for people living with severe obesity (BMI ≥40 kg/m ²) in the community; use of specialist equipment and housing adaptations, and associated costs	Dr Kath Williamson, NRS Clinician/District Nurse/Manual Handling Advisor, NHS Lothian @kathwills1
11.20 – 11.40	The acceptability of Cognitive Behavioural Therapy for autistic adults	Chloe Kennedy, PhD Student (Psychology), Edinburgh Napier University @Chloe104628
11.40 – 12.00	Using storytelling to explore the lived experience of alcohol consumption in people with diabetes mellitus	Jacqui Charlton, Lecturer in Nursing, Edinburgh Napier University & Dr Kath MacDonald, Director of Listen Up Storytelling @JacquiCharlton8

Session A6 **Location: Nelson Meeting Room, St Leonard’s**
Chair: Professor Cathal Breen, Professor of Simulation and Clinical Skills, Edinburgh Napier University

	Empirical Advances for People with Neurological and Neuroprogressive Disorders	Presenter
11.00 – 11.20	Development and evaluation of an online ‘Better Living with Neurological Conditions’ group based on Compassion-Focused Therapy principles	Caitlin Black, Trainee Clinical Psychologist, NHS Lothian
11.20 – 11.40	The feasibility of Frame Running as an exercise option for people with Multiple Sclerosis with impaired mobility and balance: A pilot study.	Dr Gary McEwan, Research Fellow, Queen Margaret University @GaryMcEwan90
11.40 – 12.00	Scoliosis development for people with cerebral palsy: In collaboration with the Cerebral Palsy Integrated Pathway Scotland	Bethany Dufton, PhD Student (Physiotherapist), Queen Margaret University

Session A4 **Location: Bonnar Meeting Room, St Leonard’s**
Chair: Elaine Rankine, Head of Pharmacy Education, Research and Development, NHS Lothian

	Fresh Insights from the COVID-19 Pandemic	Presenter
11.00 – 11.20	COVID-19 vaccine concerns amongst health and social care professionals: an online mixed-methods study	Dr Carol Gray Brunton, Lecturer in Nursing/Research Psychologist, Edinburgh Napier University & Dr Iain Atherton Reader Edinburgh Napier University Co-director Scottish Centre for Administrative Data Research (SCADR) @GrayBrunton
11.20 – 11.40	Young adults living with Type 1 Diabetes during COVID in Lebanon: effect, experiences, and lessons learned (results from a mixed methods study)	Dr Amani Al Bayrakdar, Lecturer in Nursing, Edinburgh Napier University @amanibayrakdar
11.40 – 12.00	An umbrella review and quality assessment of renin-angiotensin system drugs use and COVID-19 outcomes: What is the quality of the research evidence?	Dr Natalie Weir, Pharmacy Lecturer, University of Strathclyde

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Concurrent Sessions B: 12.05 – 13.05

Session B4 **Location: Main Room (Pentland East & West), John McIntyre**
Chair: Dr Natalie Weir, Lecturer, Strathclyde Institute of Pharmacy and Biomedical Science, University of Strathclyde

Time	Developing Practice Models for People with Complex Health Needs	Presenter
12.05 – 12.25	Exploring the impact of remote appointments on multi-morbidity patients in NHS Lothian outpatient and GP contexts	Liam Gilchrist, Our Health Co-Leader/PhD Student & Hinnah Imtiaz, Research Assistant, University of Edinburgh @liamgilchrist_ @szoomcelhinney
12.25 – 12.45	Home intervention for patients with moderate-severe COPD and co-morbidities by pharmacists and physicians: methods, baseline characteristics and potential impact from a pilot RCT	Gillian Cameron, Advanced Clinical Pharmacist & Lynda Attwood, Clinical Trials Assistant, NHS Lothian
12.45 – 13.05	Mental health nurses and the burden of accountability and risk for physical healthcare practice: a qualitative analysis	Gearóid Brennan, Lead Psychiatric Liaison Nurse, NHS Lothian @gearoidbrennan

Session B7 **Location: Holyrood Meeting Room, John McIntyre**
Chair: Dr Catherine Clarissa, Lecturer in Nursing, University of Edinburgh

Time	Training Needs across the Career	Presenter
12.05 – 12.25	Exploration of nursing staff feedback, following participation in the South of Scotland coaching approach to practice learning for pre-registration student nurses	Kirsten Thomas, PhD Student (Nursing) & Emma Trotter, Lecturer in Nursing, Edinburgh Napier University
12.25 – 12.45	Developing a global citizenship workforce - creating immersive virtual clinical settings to explore care of marginalised patients in undergraduate teaching	Leila Neshat-Mokadem, Senior Lecturer (Clinical Pharmacy) & Dr Helen Henderson, Principal Lecturer, Robert Gordon University
12.45 – 13.05	Experiences of nurses, midwives and AHPs returning to prescribing	Dr Alison Wood, Lecturer in Nursing, Queen Margaret University & Margot McCulloch, Lead for Advancing Roles, NHS Lothian @alisonwood_phd

Session B3 **Location: Duddingston Meeting Room, John McIntyre**
Chair: Dr Margaret Dunham, Associate Professor of Nursing, Edinburgh Napier University

Time	Preserving Wellbeing for Service Users, their Families, and Those Who Care for Them	Presenter
12.05 – 12.25	The Influence of a Single Antenatal Relaxation Class (ARC) on Perinatal Psychological Wellbeing and Childbirth Experience; an observational study	Dr Mo Tabib, Midwifery Lecturer, Robert Gordon University @TabinM2
12.25 – 12.45	A Grounded Theory of sibling experiences of adolescent self-harm	Dr Nienke van Alphen, Clinical Psychologist, NHS Lothian
12.45 – 13.05	Leadership lessons from the COVID-19 pandemic: practices that promote healthful workplaces.	Dr Caroline Dickson, Senior Lecturer in Nursing, Queen Margaret University @cawdickson

Session B1 **Location: Salisbury Meeting Room, John McIntyre**
Chair: Professor Susan Dawkes, Head of the School of Nursing, Midwifery and Paramedic Practice, Robert Gordon University

Time	Complex Systems 'Under the Microscope'	Presenter
12.05 – 12.25	Understanding and comparing the impact of antenatal care factors on preterm birth prevalence in rural Georgia and rural Scotland	Dr Joanna Shim, Allied Health Professions Research Fellow, Robert Gordon University
12.25 – 12.45	Investigating the role of community pharmacies within Sexual and Reproductive Health Care for women in Scotland: a systems-informed study of stakeholder perspectives.	Kirsten Kernaghan, PhD Student/Senior Sexual Health Nurse Specialist, University of Glasgow/NHS Lothian @kernaghan6
12.45 – 13.05	A critical analysis of discharge practice for older people in the acute hospital setting: Preliminary findings of a PhD research project.	Gemma Stevenson, Lecturer in Nursing, Queen Margaret University

Session B5 **Location: St Trinnean’s Meeting Room, St Leonard’s**
Chair: Professor Marietta van der Linden, Co-director of Centre for Health, Activity and Rehabilitation Research, Queen Margaret University

Time	New Horizons in Illness, Health, and Healthcare	Presenter
12.05 – 12.25	The minefield of health – exploring healthy eating motivations in eating disorders from the perspective of UK mental health professionals	Dr Marie-Christine Opitz, Post-doctoral Research Fellow, University of Edinburgh @OpitzTine
12.25 – 12.45	Is there hope for Chronic Idiopathic Urinary Retention? A survey of Physiotherapists’ perspectives.	Sarah McRae, Physiotherapist, NHS Lothian @Sarahmc10017575
12.45 – 13.05	Amplifying the voices of young people: Using the diamond ranking method to explore digital mental health help-seeking preferences of adolescents in Scotland	Rowena Piers, Research Assistant at Heriot-Watt University @rowenapiers

Session B6 **Location: Nelson Meeting Room, St Leonard’s**
Chair: Dr Kath Stoddart, Clinical Doctorate Programme Director, University of Stirling

Time	Innovating When Working for Vulnerable People & Exploring the Insider Researcher Role	Presenter
12.05 – 12.25	Getting real with services for mothers with drug and alcohol problems: A Realist Evaluation	Dr Alix Aitken-Arbuckle, Clinical Academic Senior Midwife, NHS Lothian/Edinburgh Napier University
12.25 – 12.45	Implementing trauma-informed change: wellbeing baseline survey for people working in prison	Andie Sterricks, Assistant Psychologist & Clodagh Coyle, Trainee Clinical Psychologist, NHS Lothian
12.45 – 13.05	Beyond Number and Tasks: A longitudinal ethnographic study exploring the role and work of district nursing teams and the impact this has on patients, careers, families and communities. Methodological Considerations of Being an Insider Researcher	Bruce Harper-Ovstebo, Principal Lecturer, Robert Gordon University/District Nurse, NHS Lothian/PhD Student (Nursing), Edinburgh Napier University

Session B2 **Location: Bonnar Meeting Room, St Leonard's**
Chair: Charlotte Taylor, Teaching Fellow, University of Edinburgh

Time	Learning from Professional Role Experience to Improve Services	Presenter
12.05 – 12.25	Behind the labour room door : Into the unknown – midwives’ views and mothers’ experiences and perceptions of labour during 3rd trimester stillbirth	Charlotte Mutton, PhD Student/Specialist Midwife, Edinburgh Napier University
12.25 – 12.45	Exploring school nurses' work in supporting primary school-age children's mental health	Alison Hackett, Lecturer in Nursing/PhD Student, University of Stirling, @alisonhackett6
12.45 – 13.05	Lothian Listening Chair - Supporting practice change to improve care home staff retention and wellbeing	Lucy Johnston, Senior Research Fellow & Dr Geraldine Finnan, Lecturer in Nursing, Edinburgh Napier University @lucyjohnston555

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Concurrent Sessions C: 14.25 – 15.25

Session C3 Location: Main Room (Pentland East & West), John McIntyre

Chair: Prof. Erna Haraldsdottir, Deputy Head, Division of Nursing & Paramedic Science, Queen Margaret University

Time	Enhancing Healthcare for Women	Presenter
14.25 – 14.45	Using a co-design approach to promote awareness of preconception health in central Scotland	Dr Sinead Currie, Lecturer in Health Psychology, University of Stirling @sinead_currie
14.45 – 15.05	Experiences of menopause for people with severe and enduring mental illnesses from the perspective of women and healthcare professionals: a scoping review	Professor Lois McKellar, Professor Liz Hughes, Edinburgh Napier University & Anna Wollman, Community Mental Health Nurse, NHS Lothian @DrLoisMcKellar1 @LizHughesDD @annawollman
15.05 – 15.25	Translating informed consent in Scottish maternity services: perspectives from student midwife workshops.	Dr Jenny Patterson, Lecturer in Midwifery, Edinburgh Napier University & Professor Sebnem Susam-Saraeva, Senior Lecturer in Translations Studies, University of Edinburgh @jpmidwifery @SebnemSaraeva

Session C2 Location: Holyrood Meeting Room, John McIntyre

Chair: Professor Cathal Breen, Professor of Simulation and Clinical Skills, Edinburgh Napier University

Time	Emergent Approaches in the Acute Hospital Setting	Presenter
14.25 – 14.45	Exploring how enrolment in the TARGET-CTCA clinical trial may modify patient perception of heart health	Dr Amy Ferry, Senior Research Nurse Cardiology, University of Edinburgh
14.45 – 15.05	The impact of lung ultrasound on physiotherapy practice in the cardiac surgery population: a mixed methods study	Casey Farrall, Physiotherapist/Practice-based Lecturer in Physiotherapy/Doctor of Physiotherapy Student, Robert Gordon University @PhysioFarrell
15.05 – 15.25	mHealth Applications: Developing the collaborative infrastructure to enable SMARTer solutions to prehabilitation for patients with oesophago-gastric cancer.	Alison Kelly, Lecturer in Physiotherapy/PhD Student, Queen Margaret University @Alison_E_Kelly

Session C1 **Location: Duddingston Meeting Room, John McIntyre**
Chair: Dr Margaret Dunham, Associate Professor of Nursing, Edinburgh Napier University

Time	Empowering the Person in Cancer Care and Rehabilitation	Presenter
14.25 – 14.45	Exploring the physical activity behaviours, lived experiences and preferences of teenagers and young adults (TYA) with cancer	Eilidh McLeod, Physiotherapist/Doctorate of Physiotherapy Student, Robert Gordon University @EilidhMcLeodPT
14.45 – 15.05	Informing patient choice and service planning in surgical voice restoration: valve usage over three years in a UK head and neck cancer unit.	Kirsty McLachlan, Speech & Language Therapist, NHS Lothian
15.05 – 15.25	Balancing the reality of resectable colorectal liver metastases and preserving hope: an intervention study to improve the patient experience of those being considered for liver resection	Dr Linda Sherwood, Clinical Nurse Specialist Colorectal Cancer, NHS Lothian @sherwood_la

Session C4 **Location: Salisbury Meeting Room, John McIntyre**
Chair: Andy Peters, AHP Research Facilitator, NHS Lothian

Time	When People and Healthcare Systems Meet	Presenter
14.25 – 14.45	Patient experience of catheter laboratory services; a qualitative study	Iain Gillingham, Lecturer in Nursing, Edinburgh Napier University @iaingil
14.45 – 15.05	Recovery experiences of adults with moderate and major trauma after discharge from the acute care setting: a qualitative systematic review	Laura Kromrey, Doctorate in Physiotherapy Student, Robert Gordon University @ak_kromrey
15.05 – 15.25	How children and young people with chronic pain and their families experience and perceive pain services and treatments and living with pain: a meta-ethnography	Dr Emma France, Associate Professor, NMAHP Research Unit, University of Stirling @Emma_France

Session C7 **Location: St Trinnean’s Meeting Room, St Leonard’s**
Chair: Professor Aisha Holloway, Professor of Nursing Studies, University of Edinburgh

Time	Healthcare Professionals Engaging in and with Research	Presenter
14.25 – 14.45	Using social identity theory as a conceptual tool to understand nurses’ perspectives of research in relation to the nursing role	Dr Azwa Shamsuddin, Lecturer in Nursing, Edinburgh Napier University @azwashamsuddin
14.45 – 15.05	TikTok, TikTok; What you waiting for?	Becca Freeden, Research Assistant /PhD Student & Laura Fregonese, Lecturer in Nursing, Queen Margaret University
15.05 – 15.25	Capacity and capability building in the Allied Health Professions: the outcome of a health intervention research study	Professor Alison Porter-Armstrong, Professor of Health Technology, Innovation and Assessment, Edinburgh Napier University @AlisonA13414330

Session C6 **Location: Nelson Meeting Room, St Leonard’s**
Chair: Elaine Rankine, Head of Pharmacy Education, Research and Development, NHS Lothian

Time	Doing Things Differently in the Community and Primary Care	Presenter
14.25 – 14.45	Development of a Brief Balance Recovery Confidence Scale for community-dwelling late middle-aged and older adults in the UK	Yazeed Qashwa, PhD Student (Physiotherapy), Queen Margaret University
14.45 – 15.05	Psychological outcomes from a Covid-19 hospitalisation follow-up screen and treat pathway	Dr Emily Revell, Clinical Psychologist & Joni Falla, Clinical Associate in Applied Psychology, NHS Lothian
15.05 – 15.25	Edinburgh Health and Social Care Partnership pharmacotherapy evaluation	Hazel Garven, Lead Pharmacist, Primary Care, NHS Lothian

Session C5 **Location: Bonnar Meeting Room, St Leonard's**
Chair: Professor Juliet MacArthur, Chief Nurse Research & Development, NHS Lothian

Time	Testing Novel Interventions	Presenter
14.25 – 14.45	A pharmaceutical care planning checklist's impact and acceptability in primary care.	Wendy Carswell, Primary Care Pharmacist, NHS Lothian
14.45 – 15.05	Psychological Interventions for Complex PTSD And Schizophrenia-Spectrum disorder: PICASSO Trial	Professor Thanos Karatzias, Professor of Mental Health, Edinburgh Napier University
15.05 – 15.25	Investigating the effect of carbonation on the swallow using Ultrasound Evaluation of Swallowing (USES)	Sasha Archer, Site Lead Speech & Language Therapist, NHS Lothian @MrsArcher2

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Poster Presentations Prestonfield Room

	Title	Presenter
1.	Inequalities of provision of nationally funded clinical academic training awards for healthcare professionals: quantitative comparisons across the four nations of the UK	Andy Peters, AHP Research Facilitator, NHS Lothian
2.	What helps or hinders UK nurses to lead research: cross-sectional survey of nurse lead-investigators	Dr Barbara Farquharson, Associate Professor Nursing, University of Stirling @bfarq1
3.	First Steps into Research: My journey through the NHS Clinical Academic Research Gateway Award	Anna Wollman, Community Mental Health Nurse, NHS Lothian @annawollman
4.	Developing impactful engagement between research nurses and clinical nurses within cardiology	Kelly Williams, Research Nurse, Centre for Cardiovascular Science, University of Edinburgh
5.	Developing a brief intervention to communicate cardiovascular risk to patients presenting to the emergency department with chest pain: a co-production approach	Stacey Schulberg, Research Nurse & PhD Student, University of Edinburgh @staceystewart25
6.	Integrating clinical research into practice within Edinburgh: an organisation-based case study	Amy Shepherd, Lead Research Nurse & Louise Sharp, Senior Research Nurse, Regional Infectious Diseases Unit, NHS Lothian @CRIGedinburgh
7.	Utilisation of bubble contrast echo studies in NHS Lothian	Amy O'Neill, Senior Cardiac Physiologist, NHS Lothian @amy_oneill1
8.	Exploring the implementation of the ABCDEF bundle for assessment, prevention and management of delirium within Scottish ICUs: preparation for a feasibility study	Devi Kandel, Lecturer in Nursing, Edinburgh Napier University @AtLecturer

9.	The development of a new dietetic service within The Edinburgh Fertility Centre (EFC)	Eugenia Grand, Specialist Fertility Dietitian, Laurie Eyles, Dietetic Service Lead, Audrey McGregor, Dietetic Service Lead, NHS Lothian
10	Uncovering factors affecting healthy eating and weight gain in pregnant women in Vietnam: Insights from the Theoretical Domains Framework and COM-B Model	Hoang Anh Nguyen, Nutritional Therapy Practitioner/Clinical Doctorate Student, University of Stirling
11	Adoption of digital stress management resources for long-term health conditions: A scoping review	Gdiom Abady, PhD Student (Nursing), Edinburgh Napier University @Gdiom_Abady
12	Challenges and Opportunities in service delivery of direct hearing healthcare technology: A Scoping Review	Harini Madhu, PhD Student, Edinburgh Napier University @HariniMadhu1911
13	Addressing inequities in hearing healthcare due to geographical and socioeconomic barriers: a scoping review	Millie Kirkwood, PhD Student, Edinburgh Napier University @KirkwoodMi19166
14	Developing a mental distress screening pathway for people with epilepsy (PWE)	Dr David Gillespie, Consultant Clinical Neuropsychologist, NHS Lothian
15	Trauma skilled practice in an NHS Lothian mental health rehabilitation service	Casey McCrae, Trainee Clinical Psychologist, NHS Lothian
16	The impact of team formulation in a mental health rehabilitation in-patient setting	Dr Audrey Millar, Consultant Clinical Psychologist, NHS Lothian
17	The implementation of an attachment-focussed training programme for inpatient psychiatric care staff: a normalisation process study	Aiden Duffy, Trainee Clinical Psychologist & Dr David Carmichael, Clinical Psychologist, NHS Lothian

18	An arts based view of clinical spaces: what makes forensic mental health environments a good place to be?	Megan Hatcher, Art Psychotherapist, NHS Lothian
19	COMET to BEST	Shona Montgomery, Lecturer in Midwifery, Edinburgh Napier University @ShonaMontgomer8
20	Motor Neuron Disease systematic multi-arm adaptive randomised trial (MND-SMART)	Ethan Stoker, Research Nurse, Anne Rowling Regenerative Neurology Clinic, University of Edinburgh @AnneRowlClinic
21	What factors influence nurse independent prescribing practice in UK primary care: qualitative evidence synthesis	Cheryl Macneil, Advanced Nurse Practitioner/Student, NHS Borders/Edinburgh Napier University @CherylMacneil1
22	The role of confidence and professional goal setting in the uptake of CPD: A qualitative study	Charlotte Taylor, Teaching Fellow, University of Edinburgh
23	CAKE: a slice of co-design and co-production to promote healthful teams	Dr Caroline Dickson, Senior Lecturer in Nursing, Queen Margaret University & Dr Kath MacDonald, Director Listen Up Storytelling @CAKE_listenup
24	I may be functioning ok, but am I ok? A grounded theory approach to understanding how people with mild, non-operative Degenerative Cervical Myelopathy experience the psychosocial impact of the disease.	Christine Fraser, Advanced Practice Physiotherapist, NHS Lothian @ChristineFras16
25	An evaluation of the clinical effectiveness of a pharmacy-led clinic on the management of patients with Type-2 Diabetes Mellitus	Mary-Ann Robertson, Pharmacist; Alison Cockburn, Lead Pharmacist & Helene Legay, Pharmacist, NHS Lothian

26	The impact of COVID-19 on pharmacists and pharmacy technicians working within Scottish general practice: a national survey	Dr Natalie Weir, Lecturer, Strathclyde Institute of Pharmacy & Biomedical Science, University of Strathclyde
27	Different settings: SIMilar approach – A cross sector simulation pilot for foundation trainee pharmacists	Caroline Souter, Principal Pharmacist, Education Research and Development, NHS Lothian @caroline_souter @nhslothianpharm
28	Gentamicin labels: Improving the timing of gentamicin levels and reducing delay in dose administrations	Esperanza Palenzuela, Antimicrobial Pharmacist, NHS Lothian
29	What patient assessment skills do pharmacist independent prescribers require to prescribe immunomodulators in myeloma?	Anton Slavin, Pharmacist, NHS Lothian @DiMascioV
30	Poster withdrawn	
31	Evaluating the benefits of a pharmacist independent prescriber in the Ambulatory Care Clinic at the Royal Infirmary of Edinburgh	Fiona Cleat, Pharmacist, NHS Lothian
32	Shorter durations of antibiotic treatment for common community-acquired infections in adults and subsequent antibiotic resistance: A systematic review	Solafa Noorsaed, PhD Student (Pharmacy), University of Strathclyde
33	Assessing duration of antibiotic therapy across hospitals in Scotland including the impact of COVID-19 pandemic: a segmented interrupted time series analysis	Amanj Kurdi, Reader in Pharmacoepidemiology & Pharmacy Practice, University of Strathclyde @Amanjkurdi6
34	Being research ready: building confidence and competence – identifying gaps in knowledge and skills in pharmacists in NHS Lothian	Dr Amanda McLean, Specialist Pharmacist, NHS Lothian @Amanda_McL-uniQ
35	Back to basics - assessing the impact of pharmacist review on basic asthma care measures	Joanna Hutchinson, Lead Pharmacist, Respiratory Out-Patients, NHS Lothian

36	Exploring current provision of interprofessional education during experiential learning placements for student pharmacists in Scotland	Clare Depasquale, PhD Student (Pharmacy), Robert Gordon University
37	Exploring the implementation of pharmacist independent prescribing into community pharmacy practice using Normalization Process Theory	Laura Karim, Scottish Government Clinical Academic Fellow, Robert Gordon University
38	Is the delivery of pulmonary rehabilitation education person-centred and is it what participants want?	Dr Nicola Roberts, Associate Professor, Edinburgh Napier University @DrNRoberts
39	Foot drop management devices in people with multiple sclerosis: a systematic review	Vedad Abdolkhani, PhD Student (Physiotherapy), Queen Margaret University
40	The evaluation of care home staff training on the management of patients with postural deformity	Kelly Russell & Shona Bellward, Physiotherapists, NHS Lothian @Physio@Home
41	Evaluation of a university peer exercise and community activity placement (PECAP) model	Julie Mathers, Principal Lecturer in PrBL and Simulation, Robert Gordon University @mrsjuliemathers
42	Advanced practice physiotherapists in Scottish primary care: Axial Spondyloarthritis epidemiology, time to diagnosis, and referrals to rheumatology	Libby Dale & Gavin Frizzell, GP Advanced Practice Physiotherapist Clinical Leads, NHS Lothian
43	Analysing and enhancing the MD Anderson Dysphagia Inventory: a mixed methods analysis of the head and neck cancer swallowing-related quality of life patient reported outcome tool	Dr Kate Toft, Advanced Speech & Language Therapist, NHS Lothian @SLTAdult
44	Born in Scotland in the 2020s - Pilot study	Shona Low, Senior Clinical Research Nurse Midwife, University of Edinburgh @born_scotland
45	'Doing' is never enough, if 'being' is neglected. Exploring midwives' perspectives on the influence of an emotional intelligence education programme, a qualitative study	Dr Mo Tabib, Lecturer in Midwifery, Robert Gordon University @TabibM2

46	Neurodiversity in the professional workplace: understanding the experiences of autistic professionals in health and education roles in Scotland	Victoria Johnstone-Cooke, Speech & Language Therapist, NHS Lothian @VJohnstoneCooke
47	From online to ongoing: the roll out of supportive conversations and reflection sessions (OSCaRS) with care home staff in Lothian	Lucy Johnston, Senior Research Fellow, Edinburgh Napier University & Maggie Byers-Smith, Lead Nurse QI & Standards, Care Homes & Primary Care Settings, NHS Lothian @lucyjohnston555
48	How do student and early career learning disability nurses develop their sense of professional identity and belonging within practice environments, and how can this influence post-registration employment?	Sam Abdulla, PhD Student/Lecturer in Nursing, Edinburgh Napier University @samabdulla
49	Exploring the embodied experience of emotion in Critical Care and Emergency Nurses: trauma-informed inquiry	Anna Bovo, PhD Student (annNursing), University of Edinburgh @BovoAnna
50	Exploring the barriers to successful implementation of Advanced Nurse Practitioners in primary care in the United Kingdom	Emma Brown, Advanced Nurse Practitioner, NHS Borders & Hazel McPhillips, Lecturer in Nursing, Edinburgh Napier University @hazeyfantasy6
51	Perceptions of an educational approach to transformative and sustainable practice for health and social care practitioners	Kirstyn Anderson, Lecturer in School of Health Sciences, Robert Gordon University @RGUHealthSci
52	Establishing consensus of requirements for the multidisciplinary workforce in UK cardiac catheter laboratories; a Delphi study	Iain Gillingham, Lecturer in Nursing/PhD Student, Edinburgh Napier University @iaingil
53	The influence of simulated learning on prescribing preparedness and medicines related harm on pre-registration nursing students	Sharad Rayamajhi, PhD Student (Nursing), Edinburgh Napier University

54	Assessing the efficacy of behavioural and psychosocial interventions for improving sleep hygiene in adolescents: A systematic review and meta-analysis of randomised controlled trials and quasi-experimental studies	Catherine White, Trainee Health Psychologist, University of Stirling @CatherineW1801
55	Improving transitions from paediatric to adult healthcare in young people with respiratory disease	Zoe Johnstone, Clinical Specialist Respiratory Physiotherapist/Clinical Doctorate Student, NHS Lothian/University of Stirling @zoejohnstone10
56	Poster withdrawn	
57	Conducting psychological research directly with care-experienced young people: Perspectives of care-experienced young people and adults working directly/indirectly with them - A Delphi based study	Raahat Manrai, PhD Student (Psychology), Dr Emily Taylor, Lecturer in Clinical Psychology & Dr Rachel Happer, Clinical Research Fellow, University of Edinburgh @RaahatManrai
58	A qualitative systematic review of the barriers and facilitators of help seeking in parents of children aged 1-5	Christopher Sweeny, Clinical Academic Fellow (Nursing), University of Edinburgh
59	A University/NHS collaborative research project exploring student nurses' experiences, perceptions and impact of trauma informed education in mental health care.	Dr Gwenne McIntosh, Head of Health Sciences, University of Stirling @GwenneMcIntosh
60	Management of chronic pain in older people: a review	Dr Margaret Dunham, Associate Professor, Edinburgh Napier University

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