

“Essentials in Psychological Care- Dementia Training programme for the Care Home Sector”



Edinburgh Behaviour Support Service (EBSS) is delighted to offer several opportunities for training in the next 6 months. The aim of the Essentials in Psychological Care package is to enhance participants' understanding of the causes of distressed behaviours in dementia using evidence based strategies that you can apply effectively in a care home setting.

This training and learning resource has been developed to support staff working in the care home sector at the skilled level of the Promoting Excellence Framework to increase understanding of the proactive and preventative strategies used in dementia and how best to promote person-centered care.

Who should attend?

The 1 day course covers knowledge and skills required by all health and social services workers who have direct and substantial contact with people who have dementia, those working at the Skilled level

Staff groups who are suited to attend this training include:

- ✓ Dementia Ambassadors
- ✓ Senior care staff or team leaders
- ✓ Care assistants
- ✓ Social care workers



Practical techniques for understanding and responding to stress and distress in dementia are taught throughout and training includes videos, group discussion, group tasks and interactive techniques.

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Places on this training are limited and fill up quickly so if you would like to apply for the workshop or have any other questions please email SDtraining@nhslothian.scot.nhs.uk or phone [01315376044](tel:01315376044) with your name, role, and work location. Sessions run from 9.00am-5pm

Dates	Location
Thursday 2 nd November 2023	Mackinnon House, Boardroom, Royal Edinburgh Hospital, EH10 5HF
Thursday 29 th February 2024	Mackinnon House, Boardroom, Royal Edinburgh Hospital, EH10 5HF
Thursday 25 th April 2024	Mackinnon House, Boardroom, Royal Edinburgh Hospital, EH10 5HF
Thursday 30 th May 2024	Mackinnon House, Boardroom, Royal Edinburgh Hospital, EH10 5HF

