

# ENRICH SCOTLAND

enabling research in care homes



**September 2023**

## NHS Research Scotland: ENRICH Scotland Newsletter

Welcome to the NRS ENRICH Scotland newsletter. This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact [tay.enrichscotland@nhs.scot](mailto:tay.enrichscotland@nhs.scot)

***SIGN UP NOW.....***

Research involvement can be as simple as filling in a survey, and the results will help shape practice. So if you want to contribute hit this link and sign your home up with no obligation and you get a nice shiny certificate to hang proudly for all to see. [ENRICH Scotland Sign-up Form](#).

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**Research Roundup**

Dr Adam Spacey from the University of Salford has developed a survey for care home staff. This survey is **exploring advance care planning education delivered by hospice specialists to care home staff in post pandemic conditions**. The data gathered from the anonymous survey will be used to inform future advance care planning education and practice. This study follows on from findings from a literature review, which can be accessed [here](#). The survey can be accessed [here](#). It takes about 15 mins to complete so you can enjoy a coffee while filling it in. If you would like any further additional information, please contact Dr Spacey via email: [ma.spacey@salford.ac.uk](mailto:ma.spacey@salford.ac.uk).

Asena Merve Turkmen is a PhD student from the University of Strathclyde who is **exploring the experiences and needs of older LGBT+ people who use drugs**. She is looking for participants to tell their story with an online or over the phone interview in a safe space. It will take between one and two hours. Answers will be protected, confidential and anonymised. Findings from this study will provide information that is useful to researchers, advocates, policy makers and drug service providers to improve support services (LGBT+, ageing, substance use) for this population. **This study is an example of research that wasn't designed specifically about people living in care homes but is an opportunity for care home residents to have their experiences included and allow equitable participation.** Asena can be contacted at:

[masena.turkmen@strath.ac.uk](mailto:masena.turkmen@strath.ac.uk)

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## **Useful Links**

Below are links to reports that have recently been published as results of care home research ENRICH Scotland was either directly or indirectly involved in.

[\*\*The GEARED UP \(Care Home Data: Governance, Ethics, Access and Readiness through an Exemplar Demonstration\) Project final report\*\*](#)

[\*\*Antibiotics Research in Care Homes \(ARCH\): Key Findings and Recommendations\*\*](#)

[\*\*Ageing-In-Place at the End of Life in Community and Residential Care Contexts\*\*](#)

[The British Society of Gerontology \(BSG\) Care Home Research Blog](#) has lots of interesting posts, including one from [Professor Susan Shenkin](#) (ENRICH Scotland's co-chair) and another from [Dr Tamara Backhouse](#), who started working as a care assistant and is now a Research Fellow at the University of East Anglia. Her research focuses on dementia care in care homes and homecare.

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## **Dates for your Diary**

### 2024 ENRICH Scotland Conference

The date and venue for the ENRICH Scotland conference has been chosen, **March 15th 2024**, again at Edinburgh Zoo. Presenting a poster is a great way to share any great work your home is doing. If anyone is interested but unsure where to start, just get in touch.

Registration details will be sent out nearer the time.

***"Last time I was at the zoo I spotted a wholemeal loaf in one of the cages.  
I believe it was bread in captivity?"***

## **Care Home Managers' Forum**

We will be holding the first Care Home Managers Forum meeting via Teams on the 27th September. This meeting is for care home managers whose care homes are registered with ENRICH Scotland to discuss current and future research opportunities, research ideas and more. Please let us know if you will be attending and have anything to be added to the agenda.

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## **What Are You Interested In?**

As mentioned in August Newsletter, the ENRICH Scotland team would like to get a idea of what research topics care home staff feel need to be considered. The survey is being tweaked as we speak and will be with you shortly. Remember we are sending out a survey to care homes **registered** with ENRICH. This is another very good reason to register now, if not already signed up.

From this survey we can influence researcher towards areas that those working on the ground would find most helpful.

Also, there may be some topics that are well researched and we can hunt this information and disseminate to those interested.

**Keep an eye out for the survey.**

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**Manor Grange, Glenisla, Netherton Court and Olympia House  
Accepting their ENRICH Scotland Certificates.**



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## **RICH Voices Group**

Last month (August) RICH Voices launched its book "Challenging assumptions around dementia: user-led research and untold stories". The online version is free to read [here](#).

In the words of Rosalie Ashworth who pulled these stories together:

*"Our book reflects a partnership between people with lived experience of dementia sharing their stories with academics, researchers, and clinicians to raise awareness, reflect on positive and negative experiences, and share hopes for future work and research"*

Videos continue to be a bit hit, although haven't quite dislodged Happy Valley from the awards, and we'd recommend sharing and let others see what ENRICH and RICH Voices is all about. You'll catch them [here](#) and [here](#).

If you want more information about RICH Voices or to sign up then email [mtay.ppipartners@nhs.scot](mailto:mtay.ppipartners@nhs.scot).

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[Update your preferences](#)

We understand that there can be a high turnover of staff in care homes. Please keep us updated when your contact details change to ensure you continue receiving this newsletter.

## Home

### Welcome to the ENRICH Scotland Blog...

ENRICH Scotland is a research network within NHS Research Scotland. We are working to improve the care home research infrastructure in Scotland. This blog is where we share our progress.

*First time to the site? [Start here](#)*



### From the blog



## ENRICH Scotland Blog

**Blog:** We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research. This month there will be a tasty wee number by my colleague, Maureen, CSO in Lanarkshire and all of Glasgow, telling us the trials and tribulations of a day in the life of a CSO.

[Click here to check out our blog!](#)



### Stay connected to clinical research in Scotland

- Sign up to the NRS newsletter, [Research Bulletin](#)
- Follow the NRS on [Twitter](#), [LinkedIn](#) and [www.nrs.org.uk](http://www.nrs.org.uk)





