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August 2023

NHS Research Scotland: ENRICH Scotland Newsletter

Welcome to the NRS ENRICH Scotland newsletter. This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot



I got complimented on my driving today. Someone left a note on windscreen saying "parking...fine".

Exciting time for ENRICH

NDN Scotland who oversee ENRICH is proud that one of our co-directors is now **Professor Susie Shenkin**, recognising the contribution to research. **Maria Drummond**, our ENRICH manager is soon to return to her rightful place and I'm sure she'll join us in thanking Jacqui Kerr for keeping a tight hand on the wheel during her absence.

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STOP PRESS

The date and venue for the ENRICH Scotland conference has been chosen, March 15th 2024, and like our 2022 conference it will be at Edinburgh Zoo. This means you'll be welcomed by roars, hoots and howls, and that's just the ENRICH staff, not sure what the residents will be saying!

As usual attendance at conference gives you free access to the zoo on the day but no smuggling children in by using ENRICH tote bags.

Please mark in your diary (with little paw prints if you wish and pick a couple of lucky staff from the home to attend.

Registration will be sent out nearer the time.

What are you interested in?

We now think it is time to get a idea what research topics care homes feel need to be considered. Keeping this in mind we are planning to send out a survey in September to all care homes registered with ENRICH. This is another very good reason to register now, if not already signed up.

From this survey we can hopefully influence researcher towards areas, that those working on the ground would find most helpful.

Also there may be some topics that are well researched and we can hunt this information and dissipate to those interested.

Keep an eye out for the survey.

Here we have Galashiels Nursing Home and Swintonhill proudly accepting their ENRICH certificates.

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For the second year running Braeburn Home Edinburgh invited ENRICH to man a table at their summer fayre. Thank you Shona although again the abundance of great baking and BBQ means I'm glad I only attend once a year...

RICH Voices Group

What have we been up to?

As you will know last months newsletter (July) was dedicated to RICH Voices. This edition can still be accessed on this link; https://mailchi.mp/570c0bcb9b4e/july-newsletter

Our videos continue to be very popular (keep an eye on the BAFTAs) and we'd recommend sharing and let others see what ENRICH and RICH Voices is all about.

You'll catch them here; https://youtu.be/1R4u8uadaGI

and

Research in Care Homes (RICH) Voices | NHS Research Scotland | NHS Research Scotland

We hope you enjoy, and if you want to sign up just email tay.ppipartners@nhs.scot to express your interest.

STUDY UPDATES

Here are updates in some of the studies ENRICH have supported and you may have participated in.

J Burton: 'Listening & Learning Study' - A short accessible video summary of key findings has been created and shared with participants and others. This formally acknowledges your support with the study. It is available from:

www.vimeo.com/carehome/listeningandlearning

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word about the study and facilitating recruitment from Scotland.

L Johnston: 'Landscape Assessment of Data and Digital Readiness of Scottish Care Homes' - study results reported in April 22. Grateful to ENRICH for raising awareness of the online survey to care homes. results can be found here; LADDeR-Infographic.pdf

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Update your preferences

We understand that there can be a high turnover of staff in care homes. Please keep us updated when your contact details change to ensure you continue receiving this newsletter.

News and Developments from ENRICH Scotland

<u>Blog</u>: We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research. <u>Click here to check out our blog!</u>



Stay connected to clinical research in Scotland

- Sign up to the NRS newsletter, <u>Research</u> <u>Bulletin</u>
- Follow the NRS
 on <u>Twitter</u>, <u>LinkedIn</u> and <u>www.nrs.org.uk</u>.







ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS

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