

ENRICH SCOTLAND

enabling research in care homes



November 2022

NHS Research Scotland: ENRICH Scotland Newsletter

Welcome to the NRS ENRICH Scotland newsletter. This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot

ENRICH Scotland Update



The ENRICH Scotland team would like to thank everyone who attended our first conference on the 26th October. We had a fantastic day sharing and learning about so much amazing care home-related research happening in Scotland. If you attended in-person or online and would like to share feedback, please send it to tay.enrichscotland@nhs.scot or speak to your Clinical Studies Officer.

RESEARCH IN CARE HOMES RICH VOICES



WHAT IS RICH VOICES GROUP?

- RICH (Research In Care Homes) Voices is the patient and public involvement group for ENRICH Scotland.
- The group is funded by the Chief Scientist Office and The Advanced Care Research Centre at the University of Edinburgh.
- Our aim is to collaborate with people living or working in care homes, and loved ones of those living in care homes.
- We also welcome the input of members of the public and professionals with a particular interest in the area.



CURRENT INVOLVEMENT OPPORTUNITIES

CREATE A PODCAST

We are looking to create a podcast for those who are affected by care homes to directly share their experiences. We aim to provide a safe, inclusive and welcoming platform to share under served voices.

DESIGN AN ACCESSIBLE SCIENCE PLATFORM

We are looking to provide better access to scientific information by creating an add-on to the ENRICH website. We hope to share plain-english summaries of research papers and offer members the chance to review their suitability.

DISCUSSION POINTS: CHALLENGES OF INCLUSION



How do you think we can include residents in PPI?

What do you think some of the primary challenges of PPI are?

What would be your solution to accessibility in research?

We welcome your ideas!

WISH TO JOIN RICH VOICES?

Get in touch with us at TAY.PPIpartners@nhs.scot

Research Roundup



Understanding Intention to Leave Among Care Home Staff

Researchers from ENRICH Scotland and Edinburgh Napier University want to interview care home managers in Edinburgh and Lothian about staff retention and turnover. **Interviews last up to 30 minutes and can be arranged in-person at the care home you work in, online or telephone.** To find out more, please email Bernie.McInally@nhslothian.scot.nhs.uk.



CARDIFF
UNIVERSITY
PRIIFYSGOL
CAERDYDD

Ymchwil Iechyd
a Gofal Cymru
Health and Care
Research Wales

How can we improve the opportunities for care home residents to get involved in research?

What are our research aims?

Research is the best way to improve the quality of care for people living in care homes.

Care home residents aren't always offered the opportunity to take part in research. We would like to understand the barriers to residents being included in research, and how to improve the opportunities for them to take part.

How can you help?

We are inviting care home residents, family members, care home staff and other health and social care professionals who work with care homes, and researchers to take part in a short survey to share your views about current barriers to residents taking part in research, and how these could be overcome.

For more information, please contact Brittany Nocivelli at School of Medicine, Cardiff University:
nocivelli@cardiff.ac.uk

The survey is available in both online and paper-based formats. There may be an opportunity to be included in the next interview stage of the study.

You can access the survey by scanning the QR code

or at the URL address:
https://cardiffctr.fra1.qualtrics.com/jfe/form/SV_daHj9L5WTsLm1U



A qualitative study on how evidence-informed understandings of 'good' social care are embedded into National Care Service Policy

Researchers from the University of Dundee are looking to speak with care home managers. This will involve inviting care home managers to take part in a 1:1 qualitative interview with me. The interview will be semi-structured and will involve asking participants about their understanding and perceptions of the Healthcare Framework for Adults Living in Care Homes, as well as how they define and understand 'good' practice at a local level and how this can be shared to influence national policy. **A certificate of participation will be provided to those who participate.** If you would like to participate in the study, please contact Dr Jenna Breckenridge at jenna.breckenridge@gov.scot or your local clinical studies officer.

Establishing the knowledge, attitudes and behaviour of care homes towards laundering of textile

Researchers from De Montfort University are asking care home staff to complete a questionnaire to determine the current infection control policies/practices utilised by care homes in the laundry of patient associated textiles, barriers to implementing infection control policies and their attitudes towards laundering. **If you would like to participate in the study and are a care home manager please follow [this link](#). If you are a healthcare worker please follow [this link](#).** Everyone who participates is entered into a draw to win a £50 one4all voucher. If you require further information please contact Prof Katie Laird at klaird@dmu.ac.uk or your local clinical studies officer.



The National Institute for Health Research (NIHR) in partnership with Alzheimer Scotland, Alzheimer's Research UK and Alzheimer's Society developed Join Dementia Research. This is a service that allows people to register their interest in participating in dementia research and be matched to suitable studies. We encourage everyone to consider registering. You do not need to be living with dementia to do so.

[Update your preferences](#)

We understand that there can be a high turnover of staff in care homes. Please keep us updated when your contact details change to ensure you continue receiving this newsletter.

News and Developments from ENRICH Scotland

Home

Welcome to the ENRICH Scotland Blog...

ENRICH Scotland is a research network within NHS Research Scotland. We are working to improve the care home research infrastructure in Scotland. This blog is where we share our progress.

First time to the site? [Start here](#)



From the blog



Blog: We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research. [Click here to check out our blog!](#)



ENRICH Scotland Conference 2022

If you were unable to attend you can still view the conference online via [this link](#).

Updates

Turning Care Homes Research into Practice: How Can Care Homes Research Have More Positive Impact on Everyday Care Home Practice?

On 25th November from 2pm-4pm a webinar will be held that aims to identify key barriers and facilitators to translating care homes research into practice. Attendees will also consider what actions we can take to maximise the positive impact of care homes research on everyday care home practice. Professor Adam Gordon will feature among others. [To secure your ticket click here.](#)

'Running on empty:' Care Home Workers' Experiences During the COVID-19 Pandemic

A team of researchers worked with Balhousie Care Group and colleagues from Northumbria University to explore the stress and coping experiences of health care workers in care home settings in Scotland during the COVID-19 pandemic. A cross-sectional mixed methods study was conducted using an online survey and interviews. Survey scores of 52 participants indicated high stress and medium coping skills. Participants with no health issues were associated with higher levels of coping. Thirteen HCWs participated in one-to-one interviews. A brief overview of the study is available via a [video](#) and full details of the study are available in their [publication](#). The study highlights the personal sacrifices made by HCWs, and the importance of tailoring generic infection reducing strategies to a care home environment to take cognisance of residents with impaired cognition. Additionally, the study acknowledges the strong sense of family within this HCW community and how this aided their ability to cope.

An evidence-based good practice, reflective guide for care home managers and senior care home staff to support ancillary staff has been developed by a team of researchers at Kings College London. [You can access it here.](#)



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