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**ENRICH**  
**SCOTLAND**  
enabling research in care homes



**May 2022**

### **NHS Research Scotland: ENRICH Scotland Newsletter**

Welcome to the NRS ENRICH Scotland newsletter. This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact [tay.enrichscotland@nhs.scot](mailto:tay.enrichscotland@nhs.scot)

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## **ENRICH Scotland Certificate Update**



Shona, the manager at Braeburn Home receiving their ENRICH Scotland certificate from Bernie, our clinical studies officer for Lothian and the Borders. Please keep sending in your photos to [tay.enrichscotland@nhs.scot](mailto:tay.enrichscotland@nhs.scot).

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## Research Roundup

### **Listening and learning: Management of COVID-19 by care home staff**

Dr Jenni Burton from the University of Glasgow wants to speak to anyone who has worked in care homes in Scotland at any point during the COVID-19 pandemic (March 2020 to February 2022) about their experiences of managing COVID-19. Collating these experiences will provide learning for others and may help to inform future practice. Interviews will take place over the phone or online and will last up to 60 minutes. To participate please email Dr Jenni Burton at [Jenni.Burton@glasgow.ac.uk](mailto:Jenni.Burton@glasgow.ac.uk) or speak to your ENRICH Scotland clinical studies officer.

### **Improving the quality of life of women who have dementia and use a pessary for treatment for pelvic organ prolapse**

A team of researchers at Glasgow Caledonian University are investigating the extent to which women with dementia and prolapse get help to alleviate those

symptoms and how services meet their needs. They are currently looking for volunteers with lived experience of living with dementia and a prolapse, or of caring for a woman living with dementia and a prolapse to support the team as a patient and public advisor. If you would like more information about this role then please contact your ENRICH Scotland clinical studies officer or email Professor Suzanne Hagen at [s.hagen@gcu.ac.uk](mailto:s.hagen@gcu.ac.uk).

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### **A review of a digital tech programme tackling social isolation in care homes**

Working in collaboration with the Scottish Government's Technology Enabled Care (TEC) Programme and the Digital Health & Care Innovation Centre (DHI), a team of academics from the University of Stirling have been funded to study the success of a pioneering digital inclusion programme rolled out in care homes during the pandemic. The project will evaluate the 'Connecting Residents in Scotland's Care Homes' (CRSCH) initiative, which was launched in November 2020 with the aim of equipping all care homes in Scotland with iPads. The team would like to speak to care home staff who were working as 'Digital Champions' within care homes that engaged with the programme. If you would like to speak to a member of the research team about the Connecting Residents in Scotland's Care homes programme, please contact Dr Ismini Pavlopoulou at [Ismini.pavlopoulou@stir.ac.uk](mailto:Ismini.pavlopoulou@stir.ac.uk), or Dr Grant Gibson at [grant.gibson@stir.ac.uk](mailto:grant.gibson@stir.ac.uk)

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### [Understanding the barriers and facilitators to research involvement](#)

Researchers from NHS Tayside are looking for staff from Scottish Care Homes for older people and/or people living with dementia or neuroprogressive conditions. They would like staff to complete a 10-minute survey about past and present research involvement of their care home, as well as consider possible facilitators and barriers to research. All responders will be entered into a prize draw to win a box of chocolates. Three participants have already won a box! Please contact [rosalie.ashworth@nhs.scot](mailto:rosalie.ashworth@nhs.scot) if you have any questions.

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### [Exploring and Understanding the lived experience in Care homes for older people of Infection risk and transmission during the COVID-19 pandemic](#)

This study is exploring how care home residents, staff and families and friends of residents experienced coping with preventing spread and transmission of the SARS-CoV-2 virus to inform development of guidelines and support in managing future outbreaks of infectious diseases and in providing support to those living and working in care homes. Recruitment is to a survey and individual interviews. Interview participants will be offered a £10 voucher; 20 survey respondents will be drawn at random to win a £10 gift voucher when the survey closes. The researchers are keen to draw from a variety of perspectives and would like to recruit domestic, administrative, catering and grounds members of staff.

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### [Approach to acute functional decline in care homes: A qualitative interview study with care home staff](#)

A team of researchers led by the University of Oxford want care home staff to participate in interviews for up to one hour on the phone to discuss recognising and managing residents who are less well than usual. They also want to know how the Covid-19 pandemic has influenced or changed the way that these episodes are managed. Participants will receive reimbursement for their time. Involvement can be counted as Continuous Professional Development (CPD) and participants will get a certificate to confirm participation. Please email [ucare@phc.ox.ac.uk](mailto:ucare@phc.ox.ac.uk) or your ENRICH Clinical Studies Officer for more info.

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The National Institute for Health Research (NIHR) in partnership with Alzheimer Scotland, Alzheimer's Research UK and Alzheimer's Society developed Join Dementia Research. This is a service that allows people to register their interest in participating in dementia research and be matched to suitable studies. We encourage everyone to consider registering. You do not need to be living with dementia to do so.

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### Update your preferences

We understand that there can be a high turnover of staff in care homes. Please keep us updated when your contact details change to ensure you continue receiving this newsletter.

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## News and Developments from ENRICH Scotland

A screenshot of the ENRICH Scotland website's home page. At the top is a teal navigation bar with white text links: HOME, BLOG, MEET THE TEAM, GALLERY, and CONTACT. Below the navigation bar, the word 'Home' is centered. The main content area features a large white box on the left with the heading 'Welcome to the ENRICH Scotland Blog...' and a paragraph of introductory text. To the right of this text is a photograph of five people sitting around a wooden table in a meeting room, engaged in discussion. Below the main content area, the text 'From the blog' is centered, followed by two small, partially visible image thumbnails.

**Blog:** We regularly update our blog with posts and photos documenting what we get up to. Please get in touch if you'd like to write a guest blog for us about why you're interested in research. [Click here to check out our blog!](#)

**SAVE THE DATE!** The ENRICH Scotland conference will be held on the 26th October 2022 at Edinburgh zoo. We want as many care home staff with an interest in research to attend as possible so put the date in your diary and look out for registration details soon!

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## Study Updates

A booklet has been created from the Pro-CARE study team with ideas and tips for carers who assist people with dementia with personal care. [Read it here.](#)

Findings from the LADDeR study have been published. This study asked care homes in the south east of Scotland to map current data and digital readiness in terms of connectivity, systems for collecting resident data, and how this information is shared with other care partners. [You can read the report here.](#)

Researchers from the University of Kent who studies staff retention and sustainability in the social care sector are hosting a webinar to share their findings on the 17th May. [Click here to register for the event.](#)



### Stay connected to clinical research in Scotland

- Sign up to the NRS newsletter, [Research Bulletin](#)
- Follow the NRS on [Twitter](#), [LinkedIn](#) and [www.nrs.org.uk](http://www.nrs.org.uk).



*ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS Boards and the Chief Scientist Office (CSO) of Scottish Government. NHS Research Scotland Central Management Team is hosted by Scottish Health Innovations Ltd (Ltd).*

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