

### March 2022

#### NHS Research Scotland: ENRICH Scotland Newsletter

Welcome to the NRS ENRICH Scotland newsletter. This newsletter was designed to help care home staff, residents and their relatives keep up to date with all aspects of care home research in Scotland, as well as share ENRICH news and developments. Whenever possible, we will include a website (usually linked in the title of the study description) or research team email address along with the description of the study. However, if you'd prefer you can also contact your local clinical studies officer to discuss the studies.

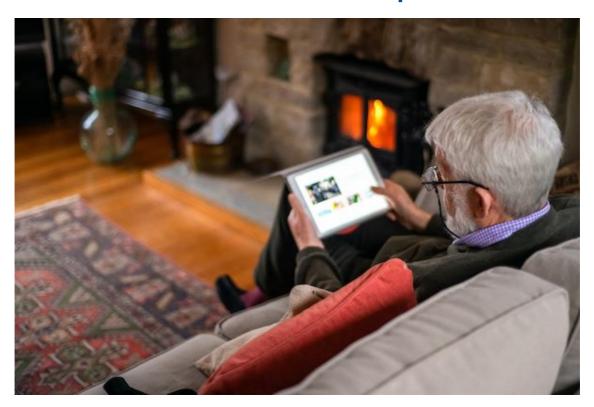
Thank you for reading, and if you would like to get in touch with feedback or stories you believe to be appropriate, please contact tay.enrichscotland@nhs.scot

## **ENRICH Scotland Certificate Update**



Kimberly Rogers from Gibson House holding their Care Inspectorate- endorsed ENRICH Scotland certificate. This certificate is being sent to every care home registered with ENRICH Scotland and will include the ENRICH Scotland logo and Care Inspectorate logo. Please contact us if you are still waiting to arrange the delivery of yours.

## **Research Roundup**



Working in collaboration with the Scottish Government's Technology Enabled Care (TEC) Programme and the Digital Health & Care Innovation Centre (DHI), a team of academics from the University of Stirling have been funded to study the success of a pioneering digital inclusion programme rolled out in care homes during the pandemic. The project will evaluate the 'Connecting Residents in Scotland's Care Homes' (CRSCH) initiative, which was launched in November 2020 with the aim of equipping all care homes in Scotland with iPads. The team would like to speak to care home staff who were working as 'Digital Champions' within care homes that engaged with the programme. If you would like to speak to a member of the research team about the Connecting Residents in Scotland's Care homes programme, please contact Dr Ismini Pavlopoulou at Ismini.pavlopoulou@stir.ac.uk, or Dr Grant Gibson at grant.gibson@stir.ac.uk

# Exploring and Understanding the lived experience in Care homes for older people of Infection risk and transmission during the COVID-19 pandemic

This study is exploring how care home residents, staff and families and friends of residents experienced coping with preventing spread and transmission of the SARS-CoV-2 virus to inform development of guidelines and support in managing future outbreaks of infectious diseases and in providing support to those living and working in care homes. Recruitment is to a survey and individual interviews. Interview participants will be offered a £10 voucher; 20 survey respondents will be drawn at random to win a £10 gift voucher when the survey closes. The researchers are keen to draw from a variety of perspectives and would like to recruit domestic, administrative, catering and grounds members of staff.

#### <u>Understanding the barriers and facilitators to research involvement</u>

Researchers from NHS Tayside are looking for staff from Scottish Care Homes for older people and/or people living with dementia or neuroprogressive conditions. They would like staff to complete a 10-minute survey about past and present research involvement of their care home, as well as consider possible facilitators and barriers to research. All responders will be entered into a prize draw to win a box of chocolates. Three participants have already won a box! Please contact rosalie.ashworth@nhs.scot if you have any questions.

# <u>Approach to acute functional decline in care homes: A qualitative interview study with care home staff</u>

A team of researchers led by the University of Oxford want care home staff to participate in interviews for up to one hour on the phone to discuss recognising and managing residents who are less well than usual. They also want to know

Involvement can be counted as Continuous Professional Development (CPD) and participants will get a certificate to confirm participation. Please email ucare@phc.ox.ac.uk or your ENRICH Clinical Studies Officer for more info.



The National Institute for Health Research (NIHR) in partnership with Alzheimer Scotland, Alzheimer's Research UK and Alzheimer's Society developed Join Dementia Research. This is a service that allows people to register their interest in participating in dementia research and be matched to suitable studies. We encourage everyone to consider registering. You do not need to be living with dementia to do so.

#### Update your preferences

We understand that there can be a high turnover of staff in care homes. Please keep us updated when your contact details change to ensure you continue receiving this newsletter.

**News and Developments from ENRICH Scotland** 

#### Home

# Welcome to the ENRICH Scotland Blog...

ENRICH Scotland is a research network within NHS Research Scotland. We are working to improve the care home research infrastructure in Scotland. This blog is where we share our progress.

First time to the site? Start here



#### From the blog

Blog Launch: We're keen to use as many ways as possible to keep people up-to-date with our progress and are aware that many care home staff, residents and family members/friends don't receive our newsletter, or have access to emails or check social media regularly. To address this, we've started a blog, which we'll use to describe the work we are doing. For people who aren't able to read a blog post, we'll be updating the gallery page on the blog regularly too. We're always looking for feedback on anything we produce, so please get in touch if you have any comments or suggestions. We'll share the link to the blog soon.

### **Upcoming events**



# My Home Life Re-Launch with Robert Gordon University

This event will explore how My Home Life Scotland could help all care settings to be great places to live, die, work and visit. The My Life approach Home underpinned by people who are developing best practice together, focussing relationships. on working in an appreciative way and having caring conversations. Upon registration, a Microsoft Office Team's link will be sent.



The ENRICH Scotland conference will now be in September. The conference will feature researchers and care homes involved with ENRICH Scotland plus much more! Watch this space for more details in the months to come...



Stay connected to clinical research in Scotland

- Sign up to the NRS newsletter, <u>Research</u> <u>Bulletin</u>
- Follow the NRS
  on <u>Twitter</u>, <u>LinkedIn</u> and <u>www.nrs.org.uk</u>.







ENRICH Scotland is part of NHS Research Scotland (NRS) which is a partnership of Scottish NHS Boards and the Chief Scientist Office (CSO) of Scottish Government. NHS Research Scotland Central Management Team is hosted by Scottish Health Innovations Ltd (Ltd).

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