

SUMMER 2022 ISSUE 1

CHIT CHAT

Lothian Care Home and Integrated Teams Chat

Welcome...

To the first newsletter of the NHS Lothian Care Home and Integrated Teams (CHIT) Chat. The aim of this newsletter is to share with all Care Home staff across Lothian, the work of the Integrated Teams. These include:

Your local HSCP Care Home Support Teams

- Tissue Viability (TV)
- Health Protection Team (HPT)
- Infection Prevention and Control (IPC)
- Clinical Education Team (CET)
- Research
- Quality Improvement (QI)
- Lothian Care Academy

And you and your teams

We are keen to hear from you too. Have you an innovative project you would like to share with others? Or would you like some support with an improvement initiative? If so, please contact the Quality Improvement Team on:

loth.carehomesqstandards@nhslothian.scot

Spotlight on: Lothian Care Academy



OVERVIEW OF PROGRAMME

The Lothian Care Academy (LCA) has been commissioned by the four Local Authorities in Lothian, Integration Boards and NHS Lothian, following a national report of the Scottish Government's Independent Review of Adult Social Care in Scotland. This report was published on 3 February 2021 and highlighted the differences (and inequalities) between health and social care support workers and recommended that priority is given to the development of a holistic approach to workforce planning across health and social care.

Vision for the NHS Lothian Care Academy:

The LCA will deliver high-quality learning by working together with key stakeholders to create a consistent, safe, and best value training offer within Health and Social Care which will attract, develop, and support staff through their care sector roles.

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Summary of Work Completed in 2021/22

LOTHIAN CARE ACADEMY

Over the last year, stakeholders from across Health and Social Care in Lothian have been working on developing the programme and its pilots. Key achievements of the LCA in 2021/22 include:

- **Establishing** a programme board and clear governance arrangements for the management and collaboration across Lothian
- **Launching** the mentor programme in selected sites in Edinburgh and West Lothian HSCP; including training and support for mentors. This aims to increase retention of staff in care sector roles
- **Analysing** the areas for development and shared learning across Lothian; resulting in development of a stoma care training package for Care at Home staff piloting in Edinburgh and West Lothian
- **Partnering** with specialist teams to collaborate with staff on education and training projects; including the development and pilot of sensory impairment tools and referral processes in East Lothian, the delivery of wound care and leg ulcer management by the Tissue Viability Nurse team, and the creation of a working group to look at Anticipatory Care Planning in Care Homes
- **Listening** to Care Home and Care at Home staff; resulting in the prioritisation of a dementia programme under the Lothian Care Academy
- **Understanding** the barriers to competency assessments; through working with Chief Nurses and Central Legal Office
- **Launching** a recognisable brand for the Lothian Care Academy and video to recruit staff into Health and Social Care
- **Adopting** a QI based approach to all pilots to ensure success

[@LothianCareAcad on Twitter.](#)

loth.careacademy@nhslothian.scot.nhs.uk

Priorities and Next Steps

- Continue to expand the Lothian Care Academy offer by scaling up pilots to more areas across Lothian
- Work with partnerships to increase the trainer capacity across Lothian to support the Education and Training Requirements of staff.
- Continue to collaborate across Health and Social Care acknowledging the whole system which underpins Care Homes and Care at Home.
- Provide opportunities for staff to access local training by establishing local training venues and digital solutions for e-learning access.
- Collaborate and engage with staff and key stakeholders to identify new projects and initiatives which could come under the Lothian Care Academy.



Introducing the Care Home Support Teams

Edinburgh Care Home Support Team

Contact Us

Blackford Pavilion
Astley Ainslie Hospital
133 Grange Road
Edinburgh
EH9 2HL

Email: carehomesupport.ehscp@nhslothian.scot.nhs.uk

Office Number: 0131 537 9263

Meet the Team

- Clinical Nurse Manager – Catriona Drummond
- Team Lead– Eleanor Lawrie
- Deputy Team Lead – Jim Davitt
- Deputy Team Lead – Tina Donaghue
- Community Nurse – Megan Alden
- Community Nurse – Isabel Bryce
- Community Nurse – Carol Mowbray
- Community Nurse – Camille McRobb
- Community Nurse – Sarah Sinclair
- Community Nurse- Gillian Paton
- Community Nurse– Nicola Taylor
- Community Support Worker – Angela Findlay



Mid Lothian Care Home Support Team

Contact Us

Care Home Support Team
Bonnyrigg Primary Care Centre
35-37 High Street
TEL: 07890 023602

loth.midlothianchst@nhslothian.scot.nhs.uk

Meet the Team

- Service Manager - Stuart Grant
- Team Manager - Muriel Reid
- Quality Assurance Officer - Pauline Firth
- CPN - Alana Richardson
- OT - Ailsa MacRury
- ACP Lead/Specialist Palliative Nurse - Ian Chisholm
- Community Nurse Practitioner - Jillian Downie
- Community Nurse Practitioner - Elaine Revie
- Community Nurse Practitioner - Erin Scanlon
- Community Nurse Practitioner - Kirsty McBeth



**Midlothian
Health & Social Care
Partnership**

Introducing the Care Home Support Teams

West Lothian Care Home Support Team

Contact Us
01501 762542
73 Main Street
Sunnyside
Stoneyburn
EH47 8BY

WestLothianCareHomeTeam@nhslothian.scot.nhs.uk

Meet the Team

- Team Lead - Patricia Mullen
- Advanced Nurse Practitioner - Louise Kelly
- Nurse Practitioner - Aisha Akyeampong
- Nurse Practitioner - Kirstie Tidy
- Staff Nurse - Rhona Allardice

Our extended Multidisciplinary Team includes input from two Social Workers, Patricia Burns and Michael Fitzpatrick. Additionally, we have recently secured funding for a specialist bowel and bladder nurse who we hope to have in post soon.

East Lothian Care Home Support Team

Contact Us
loth.elcarehometeam@nhslothian.scot.nhs.uk
Office Number: 0131 446 4043

Meet the Team

- Clinical Team Leader, Advanced Nurse Practitioner - Suzanne Brown
- Nurse Practitioner - Jill Paterson
- Nurse Practitioner - Kelly Thom
- Nurse Practitioner – Laura Thomson
- Nurse Practitioner - Fiona Kerr
- Nurse Practitioner - Victoria Cassidy
- Nurse Practitioner - Diane Samson
- Nurse Practitioner - Chris Hendrie
- Nurse Practitioner - Margo Connerton
- Nurse Practitioner – Hayley Marwick
- Care Home Education Team – 01620 642 965
 - Kerry Dick
 - Joanna Munro

West Lothian
Health & Social Care Partnership



East Lothian
Health & Social Care Partnership



Care Home Website

By Hazel Stewart RMN AQIA

Hi, my name is Hazel Stewart and I am an Associate Quality Improvement Advisor in the Quality Improvement Team for Care Homes and Primary Care Settings.

Over the last few months I have been carrying out a project to improve the Care Homes website.
<https://weare.nhslothian.scot/carehomes/>

In every issue of the newsletter we will highlight two sections of the website that may be of interest.

These may be new sections, sections that have had big changes or sections which cover new information or information we know people are wanting to access but maybe aren't aware it is on the site. This quarter we will look at the "Education and Training" section and the section where you can find information on making referrals to services



You will find both sections under "Care Homes Information" on the website.

All sections of the website can be accessed via the green menu or if you go to the main page of that section of the site there will be a grid/visual menu you can follow.

Referrals require a few further steps and can be accessed in the section "Supporting Residents' Needs - Services and Referral Pathways" then going into one of four sub sections for a specific topic - if you hover on the title of each subsection this will tell you what is there.

Education and Training

This section details training and education on a wide variety of subjects.

Here you will find details of courses and how to book on to them if booking is required but some can be carried out online.

There is a huge variety of topics, including:

- Bladder and Bowel
- Confirmation of Death
- Oral Care
- Palliative care
-and many more!

Referrals to Services

In the "Supporting Residents' Needs - Services and Referral Pathways" section of the website you will find details of services available to all Care Home residents in Lothian.

Alongside the details of services many of them will also have a referral page - some we don't have details for or you can't directly refer someone to.

Many services you can refer a resident directly to yourself. You do not always have to go through the GP or Care Home Support Team (CHST) which supports your home.



Care Home Programme Team

Conference

The Care Home Programme Team was established in May 2020 under the direction of the Executive Nurse Director and the Nurse Director Primary and Community Care. The primary focus of the team is to provide operational and strategic support for Care Homes and Care at Home services in Lothian. This includes working with Health and Social Care Partnerships support teams and services to establish a means for escalation and oversight. The team has expanded over the past two years to include the Quality Improvement (QI) Team for Care Homes and Primary Care Settings and the Lothian Care Academy.



**Lothian Care
Homes and Care at
Home Conference**

22/09/2022

*“Caring and Learning
Together”*

Taking place at BT Murrayfield Stadium

Free Registration is now closed, but we may be able to offer last minute places.

If you would like to be considered for a late place, please contact :
carehomes@nhslothian.scot.nhs.uk