



Digital Health & Care
Innovation Centre



The
Right Decision
Service



ScottishCare
Voice of the independent care sector

MACMILLAN
CANCER SUPPORT







Home Care Decisions

This website and mobile app supports care home and care at home staff with guidance and best practice information for:

- Delivering day to day care
- Communicating important information to the wider multi-professional team
- Learning and personal development.

How to download and start using the Home Care Decisions app

- Go to the apps store on your phone and search for **Home Care Decisions** and look for the  logo
- Tap on **Install**. When it has installed, tap on **Open**
- When you first download the app, you will see a list of available toolkits. **Click on the first toolkit** to download it.
- To download another toolkit **click on the 5 horizontal lines**  at the top right of any app page and then **click on the green cloud**  bottom right of this new panel
- Once you have downloaded all your toolkits you can **move between them** by clicking on the 
- A **red exclamation mark** in the top right hand corner of a subsection indicates that there is a more updated version ready to be installed. **Click within the square** of the relevant section and the revised content will download

Learn more... (insert link to lorraines video)









Apple App Store



Android App Store

The app is continually being developed and expanded. It currently includes

| Assessment & Management | |
|--|---|
|  <p>Clinical Frailty Scale (CFS)</p> |  <p>MUST Malnutrition Universal Screening Tool</p> |
|  <p>4AT Delirium screening</p> |  <p>Skin and wound care</p> |
|  <p>Lower Urinary Tract Infection</p> |  <p>Diarrhoea & C. Difficile</p> |

The **Assessment and Management** Toolkit

Guidance to help care workers to make their own decisions where appropriate and to communicate key information to the wider multi-professional team.

It includes the Clinical Frailty Scale, 4-AT tool for delirium screening, guidance on UTI symptoms, and wound assessment, the MUST tool for malnutrition screening (due November 2021) and others.







Topics have appropriate use information and contain links to further content and functionality.

The **Palliative and End of Life Care** Toolkit

Practical guidance on caring for people with palliative and end of life care needs- physical, emotional and spiritual.

This part of the app has been created in collaboration with [Macmillan Cancer Support](#).

Most topics contain a Daily Care checklist and provide practical recommendations for everyday care. There is also additional content, links and resources for further reading.

| Palliative and End of Life Care | |
|--|---|
|  <p>Physical care</p> |  <p>Managing pain</p> |
|  <p>Emotional & spiritual care</p> |  <p>Communication</p> |
|  <p>Caring for someone nearing death</p> |  <p>Wellbeing- family and yourself</p> |