

## Care Home Education - Infection Prevention and Control

NHS Lothian has developed an Education and Training page on the Care Home Website.

As far as possible, these resource have been carefully chosen to reflect the care home environment.

All can be accessed from this document by clicking on the red links or by following the instructions to access the website from a PC/Lap Top or phone on the next page.

The videos work most effectively if you use Google Chrome, Firefox or Edge rather than Explorer.

Title	Author	Resource & Link
<b>Infection Prevention and Control for Residential Care Settings</b>	NHS Lothian - Clinical Education and Infection Prevention and Control Teams	<a href="#">PowerPoint presentation - narrated video</a>
<b>COVID-19 - Information and guidance for care home settings</b> <ul style="list-style-type: none"> <li>• The guidance for care homes provides advice about COVID-19 for those working in care home settings for adults and older people (version 1.9 Oct 2020)</li> <li>• It includes outbreak control checklist and posters</li> </ul>	Health Protection Scotland with input from Care Inspectorate	<a href="#">Website</a> <a href="#">Guidance Document</a> <a href="#">Outbreak Control Checklist</a> <a href="#">Safe Practice in Care Homes Poster</a>
<b>Guidance for stepdown of infection control precautions and discharging COVID-19 patients from hospital to residential settings</b> (version 1.61 Aug 2020) <ul style="list-style-type: none"> <li>• Includes table outlining recommended PPE for care home settings (Appendix 1, page 11)</li> </ul>	Health Protection Scotland	<a href="#">Guidance Document</a>
<b>PPE - putting on and removing</b>  <b>Correct order for putting on (donning) and the safe order for removal (doffing) and disposal of PPE</b>	Health Protection Scotland	<a href="#">Video</a>

Title	Author	Resource & Link
<b>PPE for health &amp; social care settings</b> <ol style="list-style-type: none"> <li>1. Droplet Precautions - donning &amp; doffing</li> <li>2. Putting on PPE</li> <li>3. Taking off PPE</li> </ol>	Public Health England	<p><b>Droplet precautions poster</b></p> <p><b>Putting on PPE poster</b></p> <p><b>Taking off PPE poster</b></p>
<b>Safe use of Surgical Masks</b>	Health Infection Society - Dr Michael Weinbren	<b>Video</b>
<b>Hand Hygiene</b>	NHS National Services Scotland	<b>Video</b>
<b>Hand Hygiene</b> <ol style="list-style-type: none"> <li>1. Hand wash</li> <li>2. Hand rub</li> </ol>	NHS National Services Scotland National Infection Prevention and Control Manual	<p><b>Hand wash poster</b></p> <p><b>Hand rub poster</b></p>
<b>Car Sharing Guidance</b>	NHS Lothian	<b>Handout</b>
<b>Taking Covid-19 swabs</b>	Health Protection Scotland	<b>Video</b>
<b>National Infection Prevention and Control Manual **</b>  <b>** A specific Care Home IPC Manual will be published soon</b>	NHS National Services Scotland	<b>Website</b>

### Accessing the Resources

1. **PC/Laptop** - Click on the link to access the full website  
<https://services.nhsllothian.scot/CareHomes/EducationTraining/Pages/Infection-Prevention-and-Control-and-PPE.aspx>
2. **Smart Phone**
  - a. In Google search for NHS Lothian
  - b. Use the search function with 'Care Homes'
  - c. Access Page Menu and Select Education & Training
  - d. Access Page Menu and Select Infection Prevention & Control

