

Newsletter

ISSUE 10: FEB 2021



Welcome

to your first NHS Lothian PEF CHEF Newsletter of 2021!

NHS Lothian and our non-NHS partners are enjoying the recent return of nursing and midwifery students to practice learning and thank all of you who are, or have been, supporting students with their learning, particularly if you are adopting new and innovative methods to enable this!

You may be aware that the NMC (2021) have re-introduced the Current Emergency and Recovery Programme Standards which are available via link below:

<https://www.nmc.org.uk/standards-for-education-and-training/emergency-education-standards/>

In exceptional circumstances these standards allow for the Practice Supervisor (PS) and Practice Assessor (PA) to be the same registrant for an individual student. Please contact NHS Lothian PEF CHEF Team if you need any further advice or support with the current standards.

We are also excited to welcome our first two students on PLE with NHS Lothian PEF CHEF Team, from 25th January 2021. As a team, we have worked hard to consider learning opportunities for the students which will align with their platforms, proficiencies and skills.

Just a reminder for us all that some students in our learning environments have had reduced opportunities to learn within clinical areas as a direct response to the current pandemic and it is more important than ever to agree an individualised learning plan with students early within their practice learning experience and to keep this under regular review.



Thank you all as always!

Gillian

Gillian Taylor
NHS Lothian Strategic Lead for Practice Learning/Lead PEF

the PEF CHEF team

Practice Education Facilitator
Care Home Education Facilitator

*keeping you updated on the latest news for your
Practice Learning Environment(PLE)*

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PRACTICE ASSESSMENT DOCUMENT (PAD)

Replaces the OAR

As you are aware a number of the students from September 2020 will have the new PAD documentation when they come into clinical practice for their placements - students will either have an electronic e-copy but some will have hard copy. Some existing students will still have the Ongoing Achievement Record (OAR). If you would like more information about the PAD, the following link will take you to a Turas page which has a pdf version of the document,

a powerpoint and a video which talks through the document.
<https://learn.nes.nhs.scot/39208/future-nurse-and-midwife/national-practice-assessment-document-resources>

The table below gives a summary of which students will be using the new PAD or the OAR and whether their assessment documentation will be electronic or be a hard copy.

Transition Arrangements for new HEI Programmes

	<p>Year 1 students commence on new BN Programme - (PAD- e copy) Year 2+3 students remain on existing programme - (e OAR) Midwifery students remain on the OAR (hard copy)</p>
	<p>Year 1 commence on new programme Master's route - (PAD hard copy) Year 2 move to new programme with both Master and BSc (Hons) route - (PAD hard copy) Years 3 to transition to BSc (Hons) route - (PAD hard copy) Year 4 remain on the old BSc (Hons) programme - (OAR hard copy)</p>
	<p>Year 1,2+3 commence on the new programme - (e PAD) Year 4 remain on existing programme - (e OAR)</p>
	<p>Year 1 October cohort : commence on new programme – PAD hard copy Year 2 (level 2) Sept '19: transition to the new programme - PAD hard copy Year 2 (level 2) Sept '18 remain on old programme - use OAR hard copy Year 3 no students in 3rd year currently</p>

Activities for shielding staff

Are you shielding at home during lockdown?
 Looking for development and training opportunities that can be done from home?
 Look no further than your local Practice Education Facilitator (PEF) or your Care Home Education Facilitator (CHEF). We can offer you web links that are accessible from home that can help you gain the competencies for either Practice Supervisor or Practice Assessor.
 In conjunction with this learning, you can participate in our virtual workshops for those staff who have not been mentors in the past.

Student Focus

Lateral flow testing for students



As students return to clinical placements it is a timely reminder that all NHS Lothian student nurses and midwives will be encouraged to participate in NHS Lothian Lateral Flow Testing (LFT) procedures. Consistent with all NHS Lothian staff this is a voluntary undertaking. However, it is hoped Practice Assessors/Practice Supervisors will take this opportunity to discuss with their student the relevance for participating in this testing. All LFT kits are to be supplied to students via their clinical placement area. The student must comply with all the necessary reporting on national databases. On their first day on placement, students should be instructed on the governance and protocols for compliance with Lateral Flow Testing regulations

prior to use. However, students are also required to complete a consent form (**Appendix 1**) this can be located on our Lothian Student internet page (see internet page Link below). After completing their consent form, the students should scan/ email their consent form to their nominated HEI contact where it will be kept within their personal records. Managers for clinical areas will be recording batch numbers for LFT kits provided as in accordance with all other clinical staff. Please access Student internet information pages for up to date information.

<https://staff.nhsllothian.scot/COVID-19/Students/Pages/Student-Testing.aspx>

Student expenses – interim arrangement during Covid 19

Scottish Government letter dated 9/12/20 regarding student expenses stipulated that: Undergraduate (Scottish domiciled) nurse/midwife and AHP students can claim expenses for clinical placements from 1st Sept 2020 until Covid 19 emergency period ends (date TBC). Expenses can be claimed for additional costs by insurance companies for change of use of vehicle, some cost of mileage where public transport cannot be use or further travel required than would normally be the case, and some expenses for Scottish AHP students studying outside Scotland

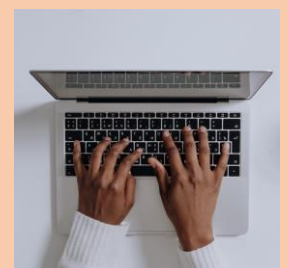
Claims should be submitted using the Nursing and Midwifery and AHP claim forms on the SAAS website: <https://www.saas.gov.uk/forms/nmsb>. All claims must adhere to SAAS guidance and must be certified by the appropriate department within Higher Education Institutions prior to submission. Students must submit their claim within 6 months of their placement end date.

LOTHIAN CARE HOME WEBPAGES

New webpages have been developed to provide information and resources to all care home staff working in Lothian

<https://services.nhsllothian.scot/CareHomes/Pages/default.aspx>

In the near future, we will be adding a tab to this page entitled "Supporting Students in Practice Learning" and will host resources here for Care Home PS/PA



Student Focus

Covid vaccination for students

NHS Lothian are pleased to offer student nurses and midwives in patient facing clinical placements the opportunity to get their first dose of COVID vaccine (we are aware many of you may have already done so).

Access to first dose appointments will be made available at the mass vaccination venues. If you meet the eligible criteria and still require your first dose of COVID-19 vaccine, please email; your name, placement area, role (student) and contact telephone number to: loth.massvaccinationstaff@nhslothian.scot.nhs.uk A member of the team will respond with next steps.

Information changes regularly so keep up to date by checking the NHS Lothian intranet Vaccine Hub page: <http://intranet.lothian.scot.nhs.uk/COVID-19/Vaccine/Clinics/Pages/default.aspx>

POINTS OF VIEW

Student perspectives

"Starting a new placement is always a bit nerve wracking for me, especially if it is an area I am not familiar with. Having a Practice Supervisor who is encouraging and open to questions is really helpful as it quickly makes me feel more comfortable in the new area and creates a good environment for learning without the fear of being a hinderance to the team."

Theresa
2nd Year
UoE



POINTS OF VIEW

Student perspectives

"Starting placement in a new practice area can be over-whelming... For students, simple introductions, tours and information are a top priority and should never be overlooked. Even before arriving at a placement, contacting the practice areas can be difficult. Often, phone calls are met with endless rings or no answer, but beware, getting through may be to someone who has no idea about you or your pending placement. Such a first impression of the placement can often contribute to mild anxiety. That said, the opposite also applies. Meeting an enthusiastic Assessor over the phone is much more reassuring. It surely makes for a much more enjoyable first day. I'd give a closing 'shout out' to sending welcome packs and basic information, or an outline of first few days, as these make a huge difference..."

- Beth, 2nd year, UoE

PRACTICE ASSESSOR AND PRACTICE SUPERVISOR WORKSHOPS

Workshops available online

We currently run Thursday workshops every week as part of your preparation to become a Practice Supervisor and a Practice Assessor to students within your practice learning environment. Completion of self-directed learning is required initially.

Book your place on a workshop via eESS



Student Placements Q&A



Nursing, Midwifery and Allied Health Professions students across Scotland recommenced pre- and post-registration programmes at the start of the new academic term in September 2020. With this came the reinstatement of practice learning experiences for nursing, midwifery and allied health professions students. Since recommencement of practice learning experiences, a number of questions has arisen from those practitioners supporting students during a time when COVID-19 is prevalent in practice learning environments.

This document was published in December 2020 by NHS Education for Scotland and should be considered along with local guidance. The set of frequently asked questions is designed to address some of the commonly asked questions which include:

why have placement experiences recommenced at this time?

I am anxious about taking a student during this time

I work in a community setting. The student who arrives next week will be in the car with me when undertaking community visits. What action should I take?

We don't have enough space in our practice learning environment to support a student and maintain physical distancing and I am working mostly from home. How can I support a student?

For the full set of questions and answers please access the link below:

<https://www.nhsgrampian.org/globalassets/foidocument/foi-public-documents1---all-documents/rapog-frequently-asked-questions-final-version-8th-dec-2020.pdf>



TRAK TRAINING

For student nurses
and midwives

Prior to covid-19 pandemic student nurses and midwives received face to face TRAK training from NHS Lothian eHealth training team.

During the pandemic TRAK training for student nurses was moved online via Learn Pro and through MS Teams for student midwives. This is currently being reviewed to ensure the module provides students with the appropriate learning and training for each field of practice. Whilst under review, students who are currently on their practice learning experience may not have completed the appropriate TRAK training or received their TRAK username and password. While we appreciate TRAK may meet proficiencies and competencies relating to documentation, alternative learning opportunities in relation to this may need to be identified and your local PEF/CHEF can help and support you with this.

QMPLE UPDATE

Quality Management of the Practice Learning Environment

The implementation and roll out of NHS Education for Scotland QMPLE platform continues across NHS Lothian and is currently being used to complete educational audits of the practice learning environment (PLE), which some of you may have been involved with. Feedback from PER's (Practice Education Role) involved with the audit process using QMPLE has been positive. Staff found the audit process to be quick, straightforward and user friendly. The PER's like having easy access to their profile area so they can update and amend changes as they happen.

Your PEF/CHEF can support you with QMPLE and if not done so already, please log on and have a look. The NHS Lothian QMPLE intranet site has information and resources to help you to become familiar with QMPLE.

<http://intranet.lothian.scot.nhs.uk/Directory/QMPLE/Pages/default.aspx>



National Wellbeing Hub

For people working in Health and Social Care

The National Well-being Hub has a range of psychological and wellbeing resources for the health and social care workforce. It has been designed to make it easy for you to find information, resources and support to help you at work and at home. There are pages for individuals as well as managers.

Resources for individuals - This page on the website is based on the principles of psychological first aid.

This means it provides advice and support for your practical, everyday needs and relationships, as well as tips on self-care to help you cope with the challenges you're facing during the pandemic.

Here is the link to the hub:

<https://www.promis.scot/individuals/>



WORKBOOKS

For 1st year student midwives

As discussed in Newsletter number 9, to aid student learning, the PEF/CHEF team have created student nurse workbooks for those on placement within the community teams, this resource was developed for pre-registration students to complete throughout their placement.

The resource is designed to signpost students to the underpinning theory of nursing practice and NHS Values, encouraging critical thinking around typical scenarios they may at some point encounter.

We have now added a community student midwife workbook for year one to this suite of additional resources.

These are optional for first year student midwives to use to supplement their practice learning with self-directed study. If anyone wishes to use the workbook, please contact their local PEF/CHEF to request a copy.

NMC EMERGENCY STANDARDS:

For student support
and assessment



On 13th January 2021 the NMC published their new emergency standards regarding students, which replaced the recovery standards from last year. This was in response to the new rising cases of Covid 19 in the UK and the role the students play.

The standards said that although 'normal education should continue where it's possible to do so.' If required, final year students could spend 100% of their programme in paid clinical placements, and first year students could spend 100% of their time in theoretical component. However Fiona McQueen, chief nursing officer for Scotland issued an open letter on the same day to advise that in Scotland we would not take up those options at present, due to the different stage of progress of Covid infections from England, and would try to maintain students clinical placements as per their usual programme. Nationally, we would not be offering paid placements, and students would remain supernumerary. Keeping students, who have opted to continue with their studies, in the clinical areas, where appropriate, as learners, remains the top priority, although this will be continually reviewed. Fiona McQueen asks that practice learning environments continue with a 'flexible and solution-focussed approach to placement availability'.

Students are to be offered an opportunity to join the bank as healthcare support workers. This option is entirely voluntary and as the hours are not counted as clinical hours for their programme, the students should ensure that it will not impact on their studies. This was communicated to students in an open letter from Scottish Government on 18th January 2021.

One emergency measure that the NMC has offered which may help areas to support increasing numbers of students is that, for the emergency period only, the practice supervisor and practice assessor supporting the student can be the same person. (Usually standards stipulate they must be two different people). This person must still be a member of staff who is a registered nurse/midwife or nursing associate with suitable equivalent qualifications for the programme the student is undertaking, and who is not on a temporary register.

Caring with Confidence

The Code in Action

The NMC have launched *Caring with Confidence: The Code in Action*. This is a resource on how The Code can help professionals feel confident about their decisions and actions in these challenging times and beyond. This is an ideal resource to develop students understanding around professional practice. There are a series of animations that focus on key themes about nursing and midwifery professionals' roles, and how The Code can support them to uphold high standards, especially in difficult situations. There are 9 bite size videos covering: accountability, professional judgment, delegation, speaking up, inclusivity and challenging discrimination, social media, person-centred care, end of life care and professionalism. These can be accessed on the NMC website at: <https://www.nmc.org.uk/standards/code/>

Student Nurse and Midwife Virtual Forums



Calling all Student Nurses and Midwives!
**An opportunity to share your views and experiences of being a
 Student Nurse/Midwife in NHS Lothian.**

Facilitated by:	Professor Alex McMahon NHS Lothian Executive NMAHP Director Gillian Taylor Strategic Lead for Practice Learning/Lead PEF
When?	Monday 22nd March 2021 (1-2pm)
Where?	Microsoft Teams
Interested?	email Enquiries.EED@nhslothian.scot.nhs.uk before 5pm Monday 15th March 2021 via your student email address

Please note

No communication will be shared with a personal email address
 Your student email account will be used to register you for the virtual forum.
 You will receive joining instructions to your student account prior to the forum.
 Numbers will be capped at 10 attendees maximum.
 If you are no longer able to attend please notify Enquiries.EED@nhslothian.scot.nhs.uk so that your
 place can be re-allocated.
Thank you and watch out for future forums too!



the PEF CHEF team

Practice Education Facilitator
 Care Home Education Facilitator

please contact your PEF or CHEF directly if you have any further questions,
 otherwise contact

PEFCHEFEnquiries@nhslothian.scot.nhs.uk