


Example Gluten Free Patient Assessment

Pharmacy Care Record Application - Windows Internet Explorer
http://pctlocal/pcr/GlutenFreeConcordance.aspx?patientRid=1&supportToolAssessmentRid=2

Pharmacy Care Record Application

Pharmacy: 1234 - Pharmacy One
User: testuser - Jane Smith
Last login: Wed, Nov 13, 2013 13:35

Pharmacy Care Record 

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SMITH, Johnathan (Mr) *Born 03-Feb-2001 (12y 9m) Gender Male CHI No. 0102031231*
Preferred name John Patient Details Last Modified On 03-Dec-2008 By InitialUser
Address 3 Appleton Parkway, Livingston, West Lothian, UK, EH54 7EZ *Phone and email 01506 000-000*

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Concordance

Is the patient adhering to their gluten-free diet? Yes No

Does the patient understand how to identify foods that may contain gluten? Yes No

Does the patient have information that will support their concordance with a gluten-free diet? Yes No

Coeliac Disease is an autoimmune condition. Ingesting gluten causes the villi of the small intestine to react by flattening. This reduces the absorptive capacity of the intestine.

Actions:

- Check the patient's feelings about how they are managing with their diet.**
- Check if the patient is confident that they can identify foods that contain gluten.**
- Enquire if the patient is aware of the symptoms caused by eating gluten. There is wide variation in the severity of symptoms; some patients do not experience any symptoms.**
- Signpost the patient to Coeliac UK (www.coeliac.org.uk).**
- Record any care issues in the patient's care plan and agree desired outcomes and actions.**
- Refer to the community dietitian, patient's GP, or as per healthboard guidelines.**

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Example Gluten Free Patient Assessment

Pharmacy Care Record Application - Windows Internet Explorer

http://pcrlocal/pcr/GlutenFreeInteractionsPrecautions.aspx?patientRid=1&supportToolAssessmentRid=2

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Interactions & precautions

Is the patient prescribed folic acid, iron or calcium and Vitamin D supplements? Yes No

Is the patient aware of how to take these medicines properly, if indicated? Yes No

Health risks associated with non-compliance with a gluten-free diet include osteoporosis, chronic malabsorption, and gut lymphoma.

Actions:

- Provide advice on how to take the medicines properly.
- Record any care issues in the patient's care plan and agree desired outcomes and actions.

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Example Gluten Free Patient Assessment

Pharmacy Care Record Application - Windows Internet Explorer
http://pcrlocal/pcr/GlutenFreeAdverseEffects.aspx?patientRid=1&supportToolAssessmentRid=2

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Pharmacy: 1234 - Pharmacy One
User: testuser - Jane Smith
Last login: Wed, Nov 13, 2013 13:35

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Adverse effects

Is the patient aware of the common symptoms that are caused by not following a gluten-free diet? Yes No

Does the patient have any symptoms that may suggest that they are consuming foods that contain gluten? Yes No

Is the patient aware that adverse effects should be reported? Yes No

Patients who do not adhere strictly to their diet may experience a decreased appetite, weight loss, diarrhoea, anaemia, mouth ulcers, abdominal bloating, lethargy, nausea and blood in stools.

Actions:

- Keep a record of any problems that the patient describes.**
- Refer them to their GP if symptoms appear severe.**
- Record any care issues in the patient's care plan and agree desired outcomes and actions.**

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Example Gluten Free Patient Assessment

Pharmacy Care Record Application - Windows Internet Explorer

http://pcrlocal/pcr/GlutenFreeMonitoring.aspx?patientRid=1&supportToolAssessmentRid=2

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Last login: Wed, Nov 13, 2013 13:35

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Monitoring

Is the patient aware of how many gluten-free units they are able to order each month? Yes No

Gluten-free annual health check not completed in pharmacy

What date is the patient due to receive their gluten-free annual health check at the pharmacy?

Height or weight or both not available

Height (m)

Weight (kg)

BMI

There are national recommendations for the number of monthly gluten-free units; these vary by age and gender. The amount of gluten-free units patients are given should meet their dietary needs.

Patients should be monitored periodically to ensure that they maintain a healthy weight. Some patients may have a blood test at intervals by their general practitioner to ensure that the patient is not showing signs of malabsorption

Actions:

- Communicate the information gained from the annual health check to the patient's general practitioner.**
- Record any care issues in the patient's care plan and agree desired outcome and actions.**

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Example Gluten Free Patient Assessment

Pharmacy Care Record Application - Windows Internet Explorer
 http://pcrlocal/pcr/GlutenFreeReview.aspx?patientRid=1&supportToolAssessmentRid=2

Pharmacy Care Record Application

Gluten-free assessment summary

Concordance

Is the patient adhering to their gluten-free diet?	Unanswered	+
Does the patient understand how to identify foods that may contain gluten?	Unanswered	+
Does the patient have information that will support their concordance with a gluten-free diet?	Unanswered	+

Interactions and precautions

Is the patient prescribed folic acid, iron or calcium and Vitamin D supplements?	Unanswered	+
Is the patient aware of how to take these medicines properly, if indicated?	Unanswered	+

Use **+** to add care issues for the specific question.

Adverse effects

Is the patient aware of the common symptoms that are caused by not following a gluten-free diet?	Unanswered	+
Does the patient have any symptoms that may suggest that they are consuming foods that contain gluten?	Unanswered	+
Is the patient aware that adverse effects should be reported?	Unanswered	+

Monitoring

Is the patient aware of how many gluten-free units they are able to order each month?	Yes	+
Gluten-free annual health check not completed in pharmacy	No	
What date is the patient due to receive their gluten-free annual health check at the pharmacy?	25-Sep-2014	+
Height or weight or both not available	No	
Height (m)	1.84	
Weight (kg)	78	
BMI	23.04	+

Care issues associated with this assessment

Care issue	Earliest review by	Last modified on
No records to display.		

[Add](#)

Assessment completion

Assessment complete	No
Assessment completed by	
Assessment completed on	

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