



Dear Colleague

ADDITIONAL PHARMACEUTICAL SERVICES GLUTEN FREE FOOD PRESCRIBABLE PRODUCT LIST

Summary

1. This Circular advises that the Gluten Free Food Prescribable Product List to be used in conjunction with the community pharmacy Gluten Free Food Service (GFFS) has been updated.

Background

2. Circular PCA(P)(2013)29, published on 28 November 2013, announced the introduction of the new Gluten Free Food Service in community pharmacies on a trial basis. In September 2015, Circular PCA(P)(2015)24 advised that following a review of the trial period, the service was to continue as an Additional Pharmaceutical Service.

3. Only products which are listed in the Gluten Free Food Prescribable Product List and on the formulary established by the NHS Board concerned may be provided under this service.

Detail

4. The Gluten Free Prescribable Product List has been updated with effect from 1 September 2017 to take account of new products and discontinued lines in the past year. The list is consistent with the Advisory Committee on Borderline Substances (ACBS) advice. The updated list is attached as an Annex to this Circular.

5. Community Pharmacy Scotland has been consulted on the contents on this Circular.

6 September 2017

Addresses

For action

Chief Executives, NHS Boards

For information

Chief Executive, NHS NSS
Directors of Pharmacy, NHS
Boards

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Action

6. NHS Boards are to review their formularies for the GFFS and update them as necessary.
7. Community pharmacy contractors are to ensure that any products provided under the GFFS are included in the revised list and their Board's own formulary.

Yours sincerely

A handwritten signature in black ink that reads "Rose Marie Parr". The signature is written in a cursive style with a large initial 'R'.

Rose Marie Parr
Chief Pharmaceutical Officer/
Deputy Director Pharmacy & Medicines Division

Gluten Free Food Prescribable Product List

September 2017

This guideline is updated annually. Every effort is made to ensure its accuracy for both products and delivery costs. However, some products may not be included as they may not have been available in time for the update. Available online: www.show.scot.nhs.uk/publications/

What products to prescribe and at what quantity

ACBS indications for gluten free foods: established gluten-sensitive enteropathies including steatorrhoea due to gluten sensitivity, coeliac disease and dermatitis herpetiformis.

ACBS indications for gluten & wheat free foods: established gluten-sensitive enteropathies with coexisting wheat sensitivity only. These products are highlighted with a square ■.

There is useful guidance on the Coeliac UK website.

[Coeliac UK Prescribing Guidelines September 2013](#)

Age and sex	Number of units/month
Child 1-3 years	10
Child 4-6 years	11
Child 7-10 years	13
Child 11-14 years	15
Child 15-18 years	18
Male 19-59 years	18
Male 60-74 years	16
Male 75+ years	14
Female 19-74 years	14
Female 75+ years	12
Breastfeeding	Add 4
3 rd trimester pregnancy	Add 1

Below is the number of units represented by the prescribable gluten free food item.

Prescribable food item	No. of units
<400g bread	½
400-599g bread	1
600g + bread	1 ½
500g bread mix or flour mix	2
150-250g rolls/baguettes	½
251-400g rolls/ baguettes	1
<199g savoury biscuits/crackers	½
200g + savoury biscuits/crackers	1
250g pasta	1
251-499g pasta	1 ½
500g+	2
2 x 110g -180g pizza bases	1
100-170g xanthan gum	1
500g oats Or 300g cereal	1½

In line with Coeliac UK guidance 2013, Sweet biscuits should only be considered in exceptional circumstances on clinical advice.

Prescribable food item	No. of units
<199g sweet biscuits	½
200g+ sweet biscuits	1

Gluten Free Prescribable Product List

Products highlighted with a ■ are prescribable for those with coexisting wheat sensitivity only. Delivery dates to the Community Pharmacies for fresh products and delivery costs are correct as of September 2017. This list is intended as a reference document. While X Health Board endeavours to ensure that the information in this list is correct, X Health Board does not warrant the accuracy and completeness of the material in the list.

ITEM	CODE	NO OF UNITS
BREAD & ROLLS		
BARKAT		
Brown Rice Sliced Bread 500g	(PIP Code: 244-0691)	1
Home Fresh Par-baked Baguettes 200g	(PIP Code: 327-9023)	½
Home Fresh Par-baked Country Loaf 250g	(PIP Code: 327-1186)	½
Multigrain Rice Sliced Bread 500g	(PIP Code: 291-2871)	1
Par-baked Baguettes 200g	(PIP Code: 339-4970)	½
Par-baked White Sliced Bread 300g	(PIP Code: 339-4996)	½
White Rice Sliced Bread 500g	(PIP Code: 244-0709)	1
Wholemeal Sliced Bread 500g	(PIP Code: 339-4889)	1
Home Fresh par-baked Bread Rolls (6 pack) 260g	(PIP Code: 325-4679)	1
Par-baked Rolls (2 pack) 200g	(PIP Code: 339-4988)	½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
ENER-G		
Brown Rice Sliced Bread 474g	(PIP Code: 221-2470)	1
Rice Loaf – Yeast Free Sliced 612g	(PIP Code: 233-5362)	1 ½
Seattle Brown Loaf Sliced 454g	(PIP Code: 288-1324)	1
Tapioca Bread Sliced 480g	(PIP Code: 233-5370)	1
White Rice Bread Sliced 456g	(PIP Code: 225-9455)	1
Dinner Rolls (6 pack) 280g	(PIP Code: 317-5502)	1
ENER-G can be ordered directly from General Dietary Ltd in individual units but may incur a delivery charge. See contact details. Can be ordered via Alliance, AAH, Phoenix, Sangers, Quantum. Additional charges may apply for highlands and islands. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> • Orders up to £10 = £4.50 • Orders £10 - £20 = £6.50 • Orders £20 - £35 = £8.00, • Orders £35 + free delivery 		
GENIUS – All Breads are Fresh		
Soft Brown Sandwich Loaf Sliced 535g x6	(PIP Code 379-8550)	6
Soft White Sandwich Loaf Sliced 535g x6	(PIP Code 379-8568)	6
Seeded Brown Farmhouse Loaf Sliced 535g x 6	(PIP Code 403-8345)	6
Delivery costs to pharmacies: Genius products are distributed by Alliance without any administrative or delivery charges. See contact details. The pharmacy needs to place orders as follows:		
<ul style="list-style-type: none"> • Before 2.00 pm Mondays – for delivery on Thursday • Before 2.00 pm Tuesdays – for delivery on Friday • Before 2.00pm Wednesdays – for delivery on Tuesday • Before 2.00 pm Thursdays – for delivery on Tuesday • Before 9.00 pm Saturdays and Sundays – for delivery on Wednesday 		

ITEM	CODE	NO OF UNITS
GLUTAFIN		
Gluten Free Part Baked Baguettes (2 pack) 350g	(PIP Code: 224-0117)	1
Gluten Free Fibre Loaf – Sliced 300g	(PIP Code: 237-7356)	½
Gluten Free White Loaf – Sliced 300g	(PIP Code: 090-4268)	½
Gluten Free High Fibre Loaf – Sliced 350g	(PIP Code: 401-4296)	½
Gluten Free Part Baked Fibre Rolls (4 pack) 200g	(PIP Code: 344-3652)	½
Gluten Free White Rolls (4 pack) 200g	(PIP Code: 344-3645)	½
Gluten Free Select Fibre Loaf – Sliced 400g	(PIP Code: 054-6101)	1
Gluten Free Select Fresh Brown Loaf Sliced 400g x8	(PIP Code: 330-6800)	8
Gluten Free Select Fresh White Loaf Sliced 400g x8	(PIP Code: 290-6840)	8
Gluten Free Select Seeded Loaf – Sliced 400g	(PIP Code: 308-9364)	1
Gluten Free Select White Loaf – Sliced 400g	(PIP Code: 054-6093)	1
Gluten Free Select Fresh Seeded Loaf – Sliced 400g x8	(PIP Code: 402-3685)	8
Gluten Free Part-Baked Long White Rolls (2 pack) 150g	(PIP Code: 344-3637)	½
Gluten Free Part-Baked White Rolls (4 pack) 200g	(PIP Code: 344-2753)	½
<p>Glutafin are Dr Schar products. See contact details.</p> <p>Glutafin products are distributed by Alliance without any administrative or delivery charges.</p> <ul style="list-style-type: none"> • Fresh Loaves are supplied in cases of 8 • Delivery of fresh brown, seeded and white bread- place the order before 2pm on Friday for delivery the following Wednesday • Delivery of fresh white bread only - place the order before 10am on Tuesday to be delivered the following Friday 		
JUST – All Breads are Fresh		
Just: Gluten-Free Good White bread 380g x6	(PIP Code: 845-3821)	3
Just: White Sandwich Bread 600g x6	(PIP Code: 845-3813)	9
Just: Gluten-Free Good White rolls 260g (4x 65g) x6	(PIP Code: 845-3839)	6
<p>Delivery costs to pharmacies: Just products are delivered distributed by Alliance without any administrative or delivery charges. See contact details.</p> <ul style="list-style-type: none"> • Fresh Loaves and Rolls are supplied in cases of 6 • Delivery cost is included in the cost of each case • Minimum order is one case per delivery • Place order on Thursday and Friday for delivery on Monday (except bank holidays) • Place order on Sunday for delivery on Wednesday • Place order on Monday for delivery on Thursday • Place order on Tuesday and Wednesday for delivery on Friday 		

ITEM	CODE	NO OF UNITS
JUVELA		
Gluten Free Fibre Loaf – Sliced 400g	(PIP Code: 074-8632)	1
Gluten Free Fibre Loaf – Unsliced 400g	(PIP Code: 010-1675)	1
Gluten Free White Loaf – Sliced 400g	(PIP Code: 074-8590)	1
Gluten Free White Loaf – Unsliced 400g	(PIP Code: 031-4781)	1
Gluten Free Part-baked Fibre Loaf unsliced400g	(PIP Code: 273-6890)	1
Gluten Free Part-baked White Loaf unsliced 400g	(PIP Code: 273-6882)	1
Gluten Free Fibre Rolls (5 pack - each roll 85g) 425g	(PIP Code: 080-3668)	1
Gluten Free Fresh Fibre Loaf - Sliced 400g x8	(PIP Code: 339-9789)	8
Gluten Free Fresh White Loaf – Sliced 400g x8	(PIP Code: 322-0217)	8
Fresh White Rolls (5 pack - each roll 85g) 425g x8	(PIP Code 355-8871)	8
Fresh Fibre Rolls (5 pack - each roll 85g) 425g x8	(PIP Code 355-6800)	8
Part-baked Fibre Rolls (5 pack - each roll 75g) 375g	(PIP Code: 262-9020)	1
Part-baked White Rolls (5 pack - each roll 75g) 375g	(PIP Code: 243-7267)	1
White Rolls (5 pack - each roll 85g) 425g	(PIP Code: 010-5916)	1
Mixed Case Fresh White (20x85g rolls + 4x400g loaves sliced)	(PIP Code: 836-4259)	8
Mixed Case Fresh Fibre (20x85g rolls + 4x400g loaves sliced)	(PIP Code: 836-4242)	8
Mixed Case Fresh Loaves (4x400g fibre + 4x400g white)	(PIP Code: 839-2821)	8
Mixed Case Fresh Rolls (20x85g rolls fibre + 20x85g rolls white)	(PIP Code: 839-2839)	8
Mixed Case Fresh Loaves and Rolls (20x85g fibre rolls + 4x400g white loaves)	(PIP Code: 839-2847)	8
Mixed Case Fresh Loaves and Rolls (20x85g white rolls + 4x400g fibre loaves)	(PIP Code: 839-2730)	8
<p>Delivery costs to pharmacies: Juvela products are distributed by Alliance without any administrative or delivery charges. See contact details. Both Fresh Loaves and Rolls are supplied in cases of 8. Mixed cases are also available. You can also order any combination of both fresh bread & rolls i.e. 4 packs fresh fibre rolls & 4 packs of fresh white loaves (use PIP code for individual product).</p> <p>All combinations of loaves and rolls are delivered to the pharmacy 4 times a week</p> <ul style="list-style-type: none"> • Place order before 10am on Friday – delivered to the pharmacy by 5.30pm on Tuesday • Place order before 10am on Monday – delivered to the pharmacy by 5.30pm on Wednesday • Place order before 10am on Tuesday – delivered to the pharmacy by 5.30pm on Thursday • Place order before 10am on Wednesday – delivered to the pharmacy by 5.30pm on Friday 		
LIFESTYLE HEALTHCARE		
Fresh Brown Bread Sliced 400g x8	(PIP Code: 087-6557)	8
Fresh Brown Bread Unsliced 400g x8	(PIP Code: 087-6698)	8
Fresh High Fibre Sliced 400g x8	(PIP Code: 229-4254)	8
Fresh High Fibre Unsliced 400g x8	(PIP Code: 213-2959)	8
Fresh White Bread Sliced 400g x8	(PIP Code: 087-6490)	8
Fresh White Bread Unsliced 400g x8	(PIP Code: 087-6516)	8
Fresh High Fibre Rolls (5 pack - each roll 80g) 400g x8	(PIP Code: 224-0125)	8
Fresh Rolls - Brown (5 pack - each roll 80g) 400g x8	(PIP Code: 264-1322)	8
Fresh Rolls - White (5 pack - each roll 80g) 400g x8	(PIP Code: 087-6706)	8
<p>Lifestyle Healthcare products are distributed by Alliance See contact details.</p> <p>Delivery costs to pharmacies: No handling charges apply. Ordered by Friday, produced on Sunday and delivered Tuesdays, order by Tuesday to be delivered on Thursdays.</p>		

ITEM	CODE	NO OF UNITS
PROCELI		
Part Baked Baguettes (Crusty) (2 pack x 125g) 250g	(PIP Code: 328-2803)	½
Proceli products are distributed by Ambe Medical group. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> • Order value £75 or more will no incur delivery charge • Order value less than £75 incurs a £15 delivery charge • Next day delivery if ordered before 1pm 		
WARBURTONS – All Breads are Fresh		
Gluten Free Sliced Brown Bread 400g x4	(PIP Code: 368-5278)	4
Gluten Free Sliced White Bread 400g x4	(PIP Code: 368-5260)	4
Gluten Free Sliced Seeded Bread 400g x4	(PIP Code: 401-8867)	4
Gluten Free Brown Rolls (3 rolls per pack) 220g x4	(PIP Code: 368-5294)	2
Gluten Free White Rolls (3 rolls per pack) 220g x4	(PIP Code: 368-5286)	2
Gluten Free White Baguette (2 pack x 80g) 160g x4	(PIP Code: 381-3805)	2
Gluten Free White Thin Rolls (4 pack x 43g) 172g x 4	(PIP Code: 391-4496)	2
Gluten Free Seeded Thin Rolls (4 pack x 43g) 172g x 4	(PIP Code: 402-3511)	2
Do not deliver directly. Delivery costs to pharmacies: No handling or distribution costs apply if ordered through AAH or from Phoenix. See contact details. <ul style="list-style-type: none"> • Both Fresh Loaves and Rolls are supplied in minimum cases of 4. • Products ordered by 5pm on Fridays are delivered to pharmacies on Tuesdays when ordering via AAH. 		

ITEM	CODE	NO OF UNITS
HOME BAKING		
BARKAT		
Bread Mix 500g	(PIP Code: 051-5338)	2
Flour Mix 500g	(PIP Code: 335-6672)	2
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
FINAX		
Coarse Flour Mix 3 x 900g	(PIP Code:364-1024)	11
Fibre Bread Mix 3 x 1kg	(PIP Code:359-4942)	12
Flour Mix 3 x 900g	(PIP Code:364-1032)	11
Delivery costs to pharmacies: Bialimenta, Finax and Mum's Mill products can be obtained by ordering from Drossa Limited. See contact details. <ul style="list-style-type: none"> • Drug Tariff price includes delivery. No additional delivery charges inc highlands and islands • Drossa can supply mixed flour & pasta products, minimum order is 3 x flour items at 1 time (2.7kg) 12 units • Happy to accept 'mixed outers' at Drug Tariff prices • Aim to send out orders the first working day following receipt via UPS (courier) 		
GLUTAFIN		
Gluten Free Bread Mix 500g	(PIP Code: 298-8418) ■	2
Gluten Free Fibre Bread Mix 500g	(PIP Code: 298-8426) ■	2
Gluten Free Multipurpose White Mix 500g	(PIP Code: 231-2981)	2
Gluten Free Multipurpose Fibre Mix 500g	(PIP Code: 231-2973)	2
Gluten Free Select Bread Mix 500g	(PIP Code: 274-4951)	2
Gluten Free Select Fibre Bread Mix 500g	(PIP Code: 297-9912)	2
Gluten Free Select Multipurpose Fibre Mix 500g	(PIP Code: 004-5591)	2
Gluten Free Select Multipurpose White Mix 500g	(PIP Code: 004-5187)	2
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> • Glutafin products are distributed by Alliance without any administrative or delivery charges. 		
GLUTENEX		
Gluten Free White Bread Mix 500g	(PIP Code: 395-1456)	2
Glutanex is a division of Feed Me Right Ltd - See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> • Glutanex is distributed by AAH with no additional delivery charges 		
HERON FOODS		
Gluten Free Wheat Free Bread & Cake Mix 500g	(PIP Code: 299-6437) ■	2
Gluten Free Wheat Free High Fibre Bread Mix 500g	(PIP Code: 299-6445) ■	2
Heron Foods are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range.		
INNOVATIVE SOLUTIONS		
Pure Brown Rice Flour 500g	(PIP Code: 325-7912)	2
Pure Gluten Free Blended Flour 1kg	(PIP Code: 282-8580)	4
Pure Potato Starch (Flour) 500g	(PIP Code: 325-7920)	2
Pure Tapioca Starch (Flour) 500g	(PIP Code: 325-7946)	2
Pure Brown Teff Flour 1kg	(PIP Code: 343-1467)	4
Pure White Teff Flour 1kg	(PIP Code: 343-1483)	4
Pure White Rice Flour 500g	(PIP Code: 325-7904)	2
Delivery costs to pharmacies: Pure products. See contact details. <ul style="list-style-type: none"> • Order up to 500g = £4.02, Order 501g – 5kg = £7.80, Order 5.01kg – 10kg = £8.52 • Order 10.01kg – 25kg = £13.56, Order 25.01 kg and over = £15.60 • AAH and Alliance stock and distribute 		

ITEM	CODE	NO OF UNITS
JUELA		
Fibre Mix 500g	(PIP Code: 023-6042)	2
Harvest White Mix 500g	(PIP Code: 247-7875)	2
White Mix 500g	(PIP Code: 035-2161)	2
See contact details. Delivery costs to pharmacies: All products are routinely stocked.		
<ul style="list-style-type: none"> Juvela products are distributed by Alliance without any administrative or delivery charges 		
MUM'S MILL		
Quick Bread Mix 1kg	(PIP Code:399-0116)	4
Delivery costs to pharmacies: Bialimenta, Finax and Mum's Mill products can be obtained by ordering from Drossa Limited. See contact details.		
<ul style="list-style-type: none"> Drug Tariff price includes delivery. No additional delivery charges inc highlands and islands Drossa can supply mixed flour & pasta products, minimum order is 3 x flour items at 1 time (2.7kg) 12 units Happy to accept 'mixed outers' at Drug Tariff prices 		
Aim to send out orders the first working day following receipt via UPS (courier)		
ORGRAN		
Easy Bake Bread Mix 450g	(PIP Code: 273-4796)	2
Pizza & Pastry Mix 375g	(PIP Code: 270-7735)	1 ½
Self Raising Flour 500g	(PIP Code: 273-4762)	2
Orgran products are distributed by Naturally Good Foods. Delivery fees apply if ordered directly from Naturally Good Foods. See contact details. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> Delivery costs to pharmacies: Order up to 499g = £3.15, Order 500g – 600g = £4.15, Order 601g to 900g = £5.35, Order 901g – 1000g = £6.25, Order >1000g = £7.50, Order >100g 24hour = £9.00 Orders over £40 in value and under 28kg in weight are free of postage charges No minimum order Normally delivered within 3 working days Delivery costs dependant on individual wholesaler. AAH (SR flour and bread mix), Phoenix (all prescribable range) and Alliance (all prescribable range) Orders to Zone 2 Scottish Highlands and Islands Post Codes IV, HS, KA27-28, KW, PA20-49, PA60-78, PH17-26, PH30-44, PH49-50, ZE >1000g incurs a £12.50 delivery fee 		
PROCELI		
Plain White Flour 1kg	(PIP Code: 328-4577)	4
Proceli products are distributed by Ambe Medical group. See contact details.		
Delivery costs to pharmacies:		
<ul style="list-style-type: none"> Order value £75 or more will no incur delivery charge Order value less than £75 incurs a £15 delivery charge 		
Next day delivery if ordered before 1pm		
TOBIA TEFF		
Brown Teff Flour 1kg	(PIP Code: 346-6729)	4
White Teff Flour 1kg	(PIP Code: 346-6711)	4
Delivered directly from the company by Parcel Force. See contact details.		
Delivery costs to pharmacies: 1-2kg £4.00, 2kg – 5kg £5.90, 6kg -30 kg £6.20		
Deliveries take 48 -72 hours		
Also available through Quantum Pharmaceuticals, Phoenix, Waymade Healthcare		
TRITAMYL		
Flour Mix 2kg	(PIP Code: 228-0675)	8
White Bread Mix 2kg	(PIP Code: 228- 0667)	8
Brown Bread Mix 1kg	(PIP Code: 228-0659)	4
Tritamyl products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details.		
Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		

ITEM	CODE	NO OF UNITS
PIZZA BASES		
BARKAT		
Brown Rice Pizza Crust 150g	(PIP Code: 259-2566)	½
White Rice Pizza Crust 150g	(PIP Code: 259-3051)	½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
GLUTAFIN		
Gluten Free Pizza Bases (2 pack) 300g	(PIP Code: 334-1112)	1
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> Glutafin products are distributed by Alliance without any administrative or delivery charges. 		
JUELA		
Pizza Bases (2 pack) 360g	(PIP Code: 265-4390)	1
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> Juvela products are distributed by Alliance without any administrative or delivery charges 		
PROCELI		
Pizza Bases (2 pack) 250g	(PIP Code: 309-8357)	1
Proceli products are distributed by Ambe Medical group. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> Order value £75 or more will no incur delivery charge Order value less than £75 incurs a £15 delivery charge Next day delivery if ordered before 1pm		

ITEM	CODE	NO OF UNITS
PASTA		
BARKAT		
Animal Shapes Pasta 500g	(PIP Code: 339-4913)	2
Macaroni 500g	(PIP Code: 339-4921)	2
Spaghetti 500g	(PIP Code: 339-4947)	2
Spirals 500g	(PIP Code: 339-4939)	2
Shells 500g	(PIP Code: 392-6763)	2
Lasagne 250g	(PIP Code: 394-1937)	1
Gnocchi 250g	(PIP Code: 399-1577)	1
Alphabet Shapes Pasta 500g	(PIP Code: 339-4962)	2
Buckwheat Pasta Penne 250g	(PIP Code: 232-3319)	1
Buckwheat Pasta Spirals 250g	(PIP Code: 232-2873)	1
Short-Cut Tagliatelle 500g	(PIP Code: 339-4954)	2
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
BIALIMENTA		
Pasta Tubetti 6 x 500g	(PIP Code: 351-1979)	12
Potato Pasta Gnocchi 6 x 500g	(PIP Code: 351-1961)	12
Potato Pasta Perle di Gnocchi 6 x 500g	(PIP Code: 351-1987)	12
Pasta Spirali (Spirals) 6x 500g	(PIP Code: 364-1073)	12
Pasta Penne 6 x 500g	(PIP Code: 364-1040)	12
Pasta Sagnette 6 x 500g	(PIP Code: 364-1065)	12
Acini di Pepe (Pasta Grains) 6 x 500g	(PIP Code: 364-1057)	12
Pasta FormatiMisti (Variety pack of 4 shapes) 6 x 500g	(PIP Code: 364-1438)	12
Delivery costs to pharmacies: <ul style="list-style-type: none"> Bialimenta and Finax products can be obtained by ordering from Drossa Limited. Drug Tariff price includes delivery. See contact details. No additional delivery charges inc highlands and islands Drossa can supply mixed flour and pasta products but minimum order is 6 x pasta items at 1 time (2.7kg) 12 units. Happy to accept 'mixed outers' at Drug Tariff prices Aim to send out orders the first working day following receipt via UPS (courier) 		
GLUTAFIN		
Pasta Shells (Conchiglie) 500g	(PIP Code: 250-0676)	2
Fusilli (Spirals) 500g	(PIP Code: 211-5178)	2
Fibre Fusilli (Spirals) 500g	(PIP Code: 386-2646)	2
Penne 500g	(PIP Code: 211-5152)	2
Spaghetti 500g	(PIP Code: 211-5160)	2
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> Glutafin products are distributed by Alliance without any administrative or delivery charges. 		
JUELA		
Fibre Penne 500g	(PIP Code: 332-8010)	2
Fusilli (spirals) 500g	(PIP Code: 280-7980)	2
Lasagne Sheets 250g	(PIP Code: 280-7972)	1
Macaroni 500g	(PIP Code: 280-8004)	2
Spaghetti 500g	(PIP Code: 280-7998)	2
Tagliatelle 250g	(PIP Code: 319-3497)	1
See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> Juvela products are distributed by Alliance without any administrative or delivery charges 		

ITEM	CODE	NO OF UNITS
ORGRAN		
Buckwheat Spiral Pasta 250g	(PIP Code: 288-1423)	1
Corn Spirals 250g	(PIP Code: 209-7590)	1
Rice & Millet Spirals 250g	(PIP Code: 200-4133)	1
Rice Spirals 250g	(PIP Code: 200-4281)	1
Rice & Corn Lasagne 200g	(PIP Code: 270-7701)	1
Rice & Corn Macaroni 250g	(PIP Code: 273-4770)	1
Rice & Corn Spirals 250g	(PIP Code: 270-7669)	1
Orgran products are distributed by Naturally Good Foods. Delivery fees apply if ordered directly from Naturally Good Foods. See contact details. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> • Delivery costs to pharmacies: Order up to 499g = £3.15, Order 500g – 600g = £4.15, Order 601g to 900g = £5.35, Order 901g – 1000g = £6.25, Order >1000g = £7.50. Order >100g 24hour = £9.00. • Orders over £40 in value and under 28kg in weight are free of postage charges • No minimum order • Normally delivered within 3 working days • Delivery costs as per wholesaler standard cost from AAH (SR flour and bread mix), Phoenix (all prescribable range) and Alliance Health Care (all prescribable range) • Orders to Zone 2 Scottish Highlands and Islands Post Codes IV, HS, KA27-28, KW, PA20-49, PA60-78, PH17-26, PH30-44, PH49-50, ZE >1000g incurs a £12.50 delivery fee. 		
RIZOPIA		
ORGANIC BROWN RICE PASTA		
Fusilli 500g	(PIP Code: 340-0074)	2
Lasagne 375g	(PIP Code: 340-0108)	1½
Penne 500g	(PIP Code: 340-0082)	2
Spaghetti 500g	(PIP Code: 340-0090)	2
Rizopia products are distributed by PGR Health Foods Ltd. See contact details. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> • Rizopia products are distributed by AAH, Alliance, and Phoenix without any administrative or delivery charges • Not every wholesaler will stock full range. Wholesaler may charge for delivery dependant on account status • In most cases, delivered in 24 hours 		

ITEM	CODE	NO OF UNITS
CRACKERS & CRISPREAD		
BARKAT		
Round Matzo Crackers 200g	(PIP Code: 337-8296)	1
Crackers 200g	(PIP Code: 342-7457)	1
Gluten-free Crispbread 150g	(PIP Code: 341-0420)	½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
GLUTAFIN		
Crackers 200g	(PIP Code: 009-3302)	1
Crisp Bread 150g	(PIP Code: 338-4443) ■	½
High Fibre Crackers 200g	(PIP Code: 018-7641)	1
Mini Crackers 175g	(PIP Code: 353 5515)	½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> Glutafin products are distributed by Alliance without any administrative or delivery charges. 		
JUELA		
Crispbread 200g	(PIP Code: 236-6136)	1
Savoury Biscuits 150g	(PIP Code: 310-7893)	½
Crackers (2 x 62.5g)125g	(PIP Code: 337-9576)	½
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> Juvela products are distributed by Alliance without any administrative or delivery charges 		
NAIRN'S		
Nairn's Wholegrain Crackers 114g	(PIP Code: 398-7138)	½
See contact details. Delivery costs to pharmacies: Is available through Alliance, AAH, Phoenix.		
WARBURTONS		
Gluten Free Bran Crackers 150g	(PIP Code: 378-4865)	½
Do not deliver directly. Delivery costs to pharmacies: No handling or distribution costs apply if ordered through AAH or from Phoenix. See contact details. <ul style="list-style-type: none"> Both Fresh Loaves and Rolls are supplied in minimum cases of 4. Products ordered by 5pm on Fridays are delivered to pharmacies on Tuesdays when ordering via AAH. 		

ITEM	CODE	NO OF UNITS
BAKING AIDS		
BARKAT		
Xanthan Gum 80g	(PIP Code: 400-8074)	0.5
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
ENER-G		
Xanthan Gum 170g	(PIP Code: 272-4318)	1
ENER-G can be ordered directly from General Dietary Ltd in individual units but may incur a delivery charge. See contact details. Can be orderd via Alliance, AAH, Phoenix, Sangers, Quantum. Additional charges may apply for highlands and islands .Delivery costs to pharmacies: <ul style="list-style-type: none"> • Orders up to £10 = £4.50 • Orders £10 - £20 = £6.50 • Orders £20 - £35 = £8.00, • Orders £35 + free delivery 		
INNOVATIVE SOLUTIONS		
Pure Xanthan Gum 100g	(PIP Code: 282-8572)	1
See contact details. Delivery costs to pharmacies: Pure products. <ul style="list-style-type: none"> • Order up to 500g = £4.02, Order 501g – 5kg = £7.80, Order 5.01kg – 10kg = £8.52 • Order 10.01kg – 25kg = £13.56, Order 25.01 kg and over = £15.60 • AAH and Alliance stock and distribute 		

ITEM	CODE	NO OF UNITS
BREAKFAST CEREAL		
BARKAT		
Gluten-free cornflakes 250g	(PIP Code: 339-4905)	1 ½
Gluten- free porridge 500g	(PIP Code: 260-1888)	1 ½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
GLUTAFIN		
Gluten-free Cornflakes 375g	(PIP Code: 381-3748)	1 ½
Gluten-free fibre flakes 300g	(PIP Code: 401-4288)	1 ½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> • Glutafin products are distributed by Alliance without any administrative or delivery charges. 		
NAIRNS		
Gluten Free Porridge Oats 450g	(PIP Code 368-7332)	1 ½
See contact details. Delivery costs to pharmacies: Is available through Alliance, AAH, Phoenix		
JUELA		
Gluten-Free Flakes 300g	(PIP Code 371-1652)	1 ½
Gluten-Free Fibre Flakes 300g	(PIP Code 371-1660)	1 ½
Corn Flakes 375g	(PIP Code 388-2990)	1 ½
Crispy Rice 375g	(PIP Code 388-2982)	1 ½
Pure Oats 500g	(PIP Code 371-1678)	1 ½
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> • Juvela products are distributed by Alliance without any administrative or delivery charges 		

ITEM	CODE	NO OF UNITS
SWEET BISCUITS		
BARKAT		
Digestive Biscuits 175g	(PIP Code: 340-6030)	½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
ENER-G		
Vanilla Cookies 435g	(PIP Code: 277-4610)	2
ENER-G can be ordered directly from General Dietary Ltd in individual units but may incur a delivery charge. See contact details. Can be orderd via Alliance, AAH, Phoenix, Sangers, Quantum. Additional charges may apply for highlands and islands .Delivery costs to pharmacies: <ul style="list-style-type: none"> • Orders up to £10 = £4.50 • Orders £10 - £20 = £6.50 • Orders £20 - £35 = £8.00, • Orders £35 + free delivery 		
GLUTAFIN		
Digestive Biscuits 150g	(PIP Code: 017-0225)	½
Shortbread Biscuits 100g	(PIP Code: 316-7848)	½
Tea Biscuits 150g	(PIP Code: 018-5868)	½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> • Glutafin products are distributed by Alliance without any administrative or delivery charges. 		
JUELA		
Digestive Biscuits 150g	(PIP Code: 210-0923)	½
Sweet Biscuits 150g	(PIP Code: 276-4959)	½
Tea Biscuits 150g	(PIP Code: 210-0915)	½
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> • Juvela products are distributed by Alliance without any administrative or delivery charges. 		

GLUTEN FREEFOOD PRODUCT MANUFACTURERS

CONTACT DETAILS

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