



Flippin' Pain™ presents



WHY



REALLY MATTERS

A free LIVE webinar series

For people in **SCOTLAND** affected by chronic pain



#1 **Rethinking Pain: New understanding & new possibilities**

Date: 15th February (Tues) | Time: 10:00 UK
Prof. Lorimer Moseley AO and expert panel



#2 **Why EVERYTHING matters when it comes to pain**

Date: 2nd March (Wed) | Time: 17:00 UK
Prof. Cormac Ryan and expert panel



#3 **Flippin' everything you thought you knew about Arthritis**

Date: 23rd March (Wed) | Time: 12:00 UK
Prof. Tasha Stanton and expert panel



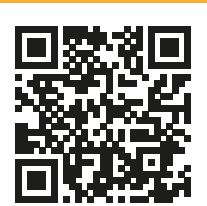
BOOK NOW

FREE to attend
Watch the events **LIVE**
Ask **YOUR** questions
Get recordings **DIRECT**
to your inbox

bit.ly/fp-scot

Type into your web browser

Scan with your phone camera



Having trouble booking? Contact us at events@flippinpain.co.uk

In association with The Scottish Government and NHS Scotland



Scottish Government gov.scot

Are these events for **ME?**

Knowing more about the real science of pain can be useful for **EVERYONE** but may be of particular interest to you if you, or someone you care about live with persistent pain.

Here are some things people who have attended our events tell us about living with pain and the **benefits of understanding it better**



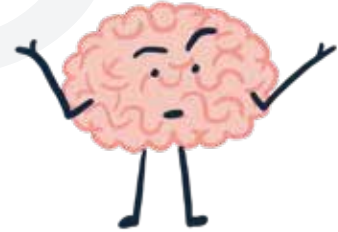
They felt confused and frustrated



They didn't feel believed



They'd received conflicting advice



Things they'd been told made no sense

They were **STUCK** and didn't know what to do next

WHY should you attend?

Don't just take our word for it...

I have lived with pain for 14 years.

Understanding pain was so important to me. It helped me regain control which allowed me to move forward with my life and gave me the knowledge and confidence to manage my pain. These webinars are an opportunity to learn about pain, which could bring about a positive change to more people like me living in persistent pain.

Ruth Barber

North Lanarkshire



I'm a pain specialist.

People attending our clinics tell me that learning about pain can make a huge difference to their lives and help them make decisions about how to move forward with their pain. These webinars are a great opportunity for anyone to improve their understanding of pain and a unique chance to ask questions of leading pain researchers, healthcare specialists, and those who are living with pain themselves.

Nicola Rhind

Aberdeen

