

Dear Sir/Madam,

Now more than ever before Scotland needs YOU!

We are writing to invite you to help with National Medical Research projects. Researchers need your help to develop new treatments and vaccines.

SHARE - The Scottish Health Research Register and Biobank is a register of people in Scotland who are willing for their clinical records to be used to let them know about clinical research that may be particularly relevant to them. Medical research can be anything from just filling in a questionnaire about your diet and exercise regimen for example, to researching a new medication or clinical investigation for an illness you may have. Alternatively, if you have no significant health problems you may be invited to take part in research which requires healthy people. SHARE aims to help people find research projects which are relevant to them but also helps researchers find the right people for studies.

Please sign up to SHARE today at [www.registerforshare.org](http://www.registerforshare.org) or use the QR code below.

If you prefer to speak with someone and wish to sign up over the phone, please contact us on telephone: 01382 383471.

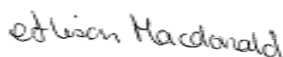
SHARE will let you know about studies which may be relevant to you. If you are interested and want to know more, SHARE will let the researchers know. However, if after reading about it you don't want to take part you just say NO. You can choose which project, if any, you wish to take part in. There is no obligation, and you can withdraw at any time.

In addition, SHARE also seeks your permission to keep any leftover blood following routine clinical testing. This leftover sample is anonymised and, for example, can help researchers to understand why some people respond to medications, and others have side-effects. It can also help in the development of novel medications to tackle the growing need to treat diseases like COVID-19, Cancer, Diabetes, COPD and Asthma.

Please do pass the information to friends and family (anyone over age 11 is eligible).

Thank you very much for considering this request and for your support of future health research in Scotland.

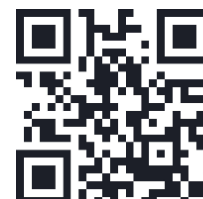
Yours faithfully,



**Alison Macdonald**  
Executive Director Nursing, Midwifery & AHPs



**TRACEY GILLIES**  
Executive Medical Director



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Chair Professor John Connaghan CBE  
Chief Executive Calum Campbell  
Lothian NHS Board is the common  
name of Lothian Health Board

