NHS West Lothian Musculoskeletal Physiotherapy Services

0131 536 1060 Option 3 Mon-Fri 8.30am- 1.30pm



IMPORTANT Information about your appointment

Your appointment is by telephone.

The appointment will be very similar to a face to face consultation. You will receive the same level of care. The telephone call will last one hour.

Booking the appointment

- Make sure we have the correct telephone number.
- Ensure your telephone line or mobile can accept withheld numbers

What do I need for my appointment?

- At your appointment time be near your telephone.
- The caller number may be withheld.
- Your physiotherapist will ask you about your referral and general health.
- Have a list of the medications you are taking.
- The physiotherapist may ask personal questions about your condition
- Ensure that you are in a private space, where you are ok to discuss any issues.
- The physiotherapist will call twice within one hour of your appointment time.
- If you miss the fist call do not call back within this hour.

NB. Do not drive during this appointment