

Slateford Medical Practice, Physiotherapy Department, Top Floor

27 Gorgie Park Close, Edinburgh, EH14 1NQ

Tel: 0131 455 9850

Patient Transport

If you are unable to get about independently and require hospital transport to enable you to attend, please contact the Ambulance Service on: **0300 123 1236** (calls charged at local rate) up to 28 days in advance to book, making sure you have your CHI number available which you can find on your appointment letter. Hard of hearing or speech impaired? Use text relay: **18001-0300 123 1236** (calls charged at local rate). To cancel patient transport, telephone 0800 389 1333 (Freephone 24 hr answer service).

What do I need to do?



1. If you require physiotherapy, please phone to book an assessment:
Neurology Physiotherapy appointment line (open from 9am – 3pm on weekdays)
0131 455 9850



2. Bring any forms or questionnaires you have been asked to complete.



3. Depending on where your problem is, you may be asked to undress. Bring shorts if you have a back or leg problem. You may wish to wear a vest top if you have a neck or shoulder problem.



4. Please bring a list of any tablets and medications you are taking.

On arrival at the Medical Practice please take the lift and report to the Physiotherapy Reception on the second floor.

Where do I go?

Slateford Medical Practice
27 Gorgie Park Close
EH14 1NQ

Transport and travel information

Buses:

Lothian Buses on 0131 555 6363 www.lothianbuses.co.uk

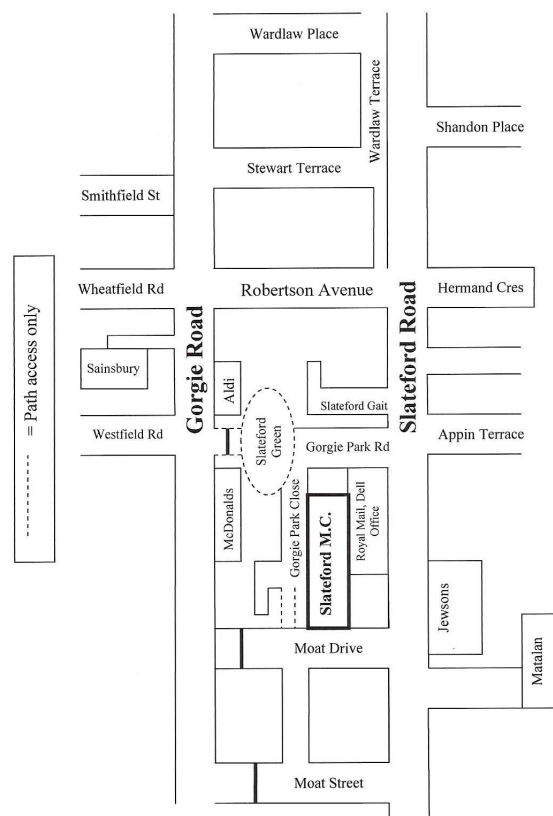
Traveline Scotland on 08712002233 or

www.travelinescotland.com

First Edinburgh: 0131 663 9233 www.firstgroup.com

Parking:

Disabled parking is available. There is free parking for patients at the Health Centre and free on street parking is also available.



What happens in a physiotherapy assessment?



The physiotherapist will assess you – they will ask questions and examine you.

You may be seen by a student physiotherapist. If you have any objections to this please let us know.

Your physiotherapist will discuss your problem with you and advise you on things you should do to help your problem.

If you need further appointments, your following visits will last about 40 minutes.

The exercises you do and the changes you make are the main focus of your treatment.

We are committed to ensuring that NHS time is used as efficiently as possible. We need to ensure that appointments are not wasted.

What if I cannot attend my physiotherapy appointment?

Many appointments are wasted, as patients are unable to attend for various reasons.

If you are unable to attend your appointment, you must notify the Physiotherapy Department as soon as possible. The contact telephone number is on your appointment letter. This will allow your appointment to be allocated to someone else.

If you do not tell us that you cannot attend, you may be removed from the waiting list and your GP will be notified of this.

Please let us know before your first appointment if you need an interpreter.

الرجاء إعلامنا قبل الموعد الأول إذا كنت بحاجة إلى مترجم.

আপনার যদি ইন্টারপ্রেটারের প্রয়োজন হয় তাহলে প্রথম এ্যাপয়ন্টমেন্ট-এর আগেই আমাদেরকে জানাবেন।

यदि आपको दुभाषिये की जरूरत हो तो कृपया आपकी प्रथम अपॉइंटमेंट के पहले हमें बताये

ਜੇ ਤੁਹਾਨੂੰ ਤੁਹਾਡੀ ਬੋਲੀ ਵਿਚ ਤਰਜਮਾ ਕਰਨ ਵਾਲੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿ੍ਪਾ ਕਰਕੇ ਸਾਨੂੰ ਆਪਣੀ ਪਹਿਲੀ ਅਪੋਇੰਟਮੈਂਟ ਤੋਂ ਪਹਿਲਾਂ ਹੀ ਦਸ ਦਿਓ।

اگر آپ کو مترجم کی ضرورت ہو تو برائے مہربانی اپنی پہلی اپائنٹمنٹ (مقررہ وقت) سے پہلے ہمیں بتائیں۔

如果你需要傳譯員，請你在第一次約會前通知我們。

Jezeli potrzebujesz tłumacza prosze powiadomic nas przed swoja pierwsza wizyta.