

Information for your Appointment

Oncology Physiotherapy and Lymphoedema Service

The Department

The Physiotherapy department is situated in the **Alexander Donald Building of the Western General Hospital**. There is a map included to help you locate the department.

Please be aware there is limited parking on site but there are good bus services.

As you enter the Physiotherapy department, please report to the reception desk on your left - hand side. You will be directed to the patient waiting area. We aim to see you within 10 minutes of your appointment time, however, in the event of a delay you will be informed. There are toilet facilities within the department.

Assessment

Your Physiotherapist will introduce themselves to you and will direct you to a treatment room or cubicle.

A detailed history of your problem will be recorded. **We need to know what medication, if any, you are taking so please either write them down or bring them with you.**

A physical examination is then required to allow the therapist to make an informed diagnosis of the problem. If you have had breast cancer this may involve examining the breast. **If you require a chaperone to be present during this examination please let us know at the time of making your appointment.**

Following this assessment your Physiotherapist will explain and discuss the findings with you and offer appropriate treatment. New patient appointments for Lymphoedema are usually up to 1 hour and for other issues they are usually 30-45 mins.

Follow-up appointments

Subsequent treatments will be discussed and arranged with you.

Please phone the department if you are unable to attend **any** of your appointments on **0131 537 1177**. This allows us to rearrange your next appointment at a time suitable to you and it frees up an appointment time for another patient. Frequent non-attendance may lead to you being discharged from Physiotherapy.

