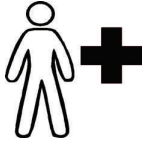


What will happen at my appointment?



You will see a dentist, a hygienist and two nurses. They will all wear face masks, glasses and gloves. You will be asked to wear a pair of safety glasses.

There will be music playing.

The dentist will tell you everything they are doing. You will be able to tell the dentist to stop when you want.



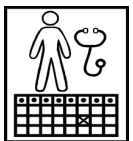
The dentist will check for holes in your teeth and may scale and polish your teeth. The dentist will shine a light in your mouth to see your teeth better and she will use a small mirror to look at your teeth. The dentist might use other small tools to check your teeth. Some of these tools may make noises or feel a bit strange.



The hygienist may check how you brush your teeth. She will tell you how best to brush your teeth and look after them and your gums.



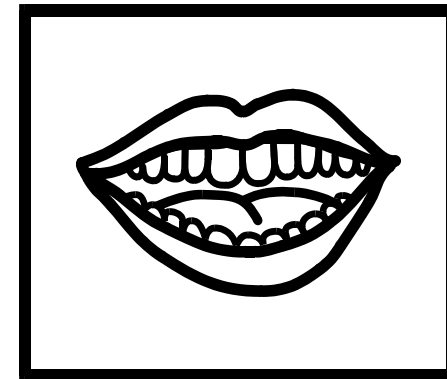
You will be told about drinks and food that are bad for your teeth.



You will be asked to come back to see the hygienist in 3 months and the dentist in 6 months.



Dental Clinic



Outpatient Department

You can get this leaflet in audio, Braille, large print, various computer formats or in community languages. Please contact Interpretation and Translation Service (ITS) on 0131 242 8181 and quote reference **00540/4**.

What is the Dental Clinic?



You will see a dentist and a hygienist, they will check your mouth and teeth are healthy.

If you need help or a wheelchair, please phone us before you come. Our phone number is on your appointment letter. Please try to arrive on time.



What should I do when I get to the dentist?



When you arrive, go to the reception desk. Either hand in your appointment card or give your name.

The receptionist will ask you to sit in the waiting area. Someone from the clinic will call your name when it's your turn to be seen.

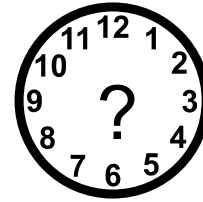


What should I do if I cannot come?

If you cannot come to your appointment please phone the number on your appointment letter
or
e-mail the address on your appointment letter.



How long will my appointment take?



Your appointment will take between 10 minutes and 30 minutes. When the clinic is very busy you may have to wait.

We will tell you how long you have to wait

We will give you another appointment time if you cannot wait

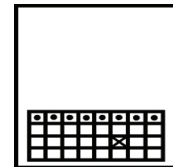
What should I bring to the appointment?



Come with someone who knows you well and can help you talk about your teeth and gums.



Clean your teeth before you come.



Bring:

◆ your appointment card.



◆ a list of your medicines.



◆ a list of any questions that you might want to ask.