

## Contact us

If you are being cared for in St John's Hospital,  
please phone: **01506 522 010**.

If you are being cared for at home or in a community hospital,  
please phone: **01506 523 531**.

## We welcome your feedback

We hope you are happy with the service we have provided.  
We want to hear about your experience – whether it was positive  
or if there were things we could have done better.

To share your comment or suggestion, or to make a complaint,  
please speak to the senior nurse on duty on the numbers above.

Marie Curie Cancer Care, NHS Lothian and Macmillan Cancer Support are working  
together in West Lothian to provide specialist palliative care and support for people  
with any advanced, progressive and incurable illness and their families.

May 2014 S721a

# West Lothian Palliative Care Service

## How our service can help you

### Information for patients and families



West Lothian Palliative Care Service

**WE ARE  
MACMILLAN.**  
CANCER SUPPORT

**NHS**  
Lothian

Marie Curie  
Cancer Care 

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CANCER SUPPORT

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Lothian

Marie Curie  
Cancer Care 

Marie Curie Cancer Care, NHS Lothian and Macmillan Cancer Support are working together in West Lothian to provide specialist palliative care services for patients with any advanced, progressive and incurable illness, and support for their families.

The West Lothian Palliative Care Service offers a range of services to provide patients, and the people caring for them, with specialist support and advice – whether in St John's Hospital, in their own home, in a community hospital or in a care home.

The service is provided by teams of clinical nurse specialists based in St John's Hospital. They are supported by a consultant in palliative medicine and a team of health and social care professionals.



## How we can help

The clinical nurse specialists are experienced in looking after patients with an advanced, progressive and incurable illness. They work closely with other professionals so patients and their families are supported to help them improve their quality of life.

You may be referred to our service so that we can provide you and your family with:

- **information and advice** to support your choices and decisions
- **emotional and spiritual support** – we can discuss with you and your family any questions or concerns you may have
- **assessment and advice on managing pain and other symptoms**
- **support to help you plan ahead** for the type of care you wish to receive, and where you wish to receive it

When you are referred to our service, you will be offered the opportunity to meet with a clinical nurse specialist who will jointly identify your needs and goals and help you to agree on a plan of care.

Depending on your needs, this plan of care may involve additional members of our team including our consultant in palliative medicine, senior social worker, physiotherapist, occupational therapist, pharmacist, chaplain, complementary therapists and Macmillan welfare benefits advisers.

## Do I have to pay for the service?

No – our service is free for you and your family.