



Mental Health Information Station

Practical Ways to improve your outlook on employment

Able Futures

<https://able-futures.co.uk/mental-health-support-for-indiv.../>

Continuing mental health support during the COVID-19 coronavirus pandemic

All in Edinburgh

<http://allinedinburgh.org.uk/>

All in Edinburgh is a project which supports people who have a disability or long term health condition to find and keep a paid job, including job coaching, support with job applications and preparing for interviews, and advice about salaries and benefits, including benefits for those who cannot work.

Business Gateway

www.bgateway.com/events

We are releasing webinars across Scotland to help businesses through COVID-19. Search for what is running in your region. Don't see what you are looking for? Look at the Online Tutorial section for pre-recorded versions. There is local support in the Edinburgh office, phone number 0131 5167731

Chris Reed - Access to Work Mental Health Support Service

www.youtube.com/watch?v=sHJT30RJV0k#action=share

Chris talks about his experience of using the Access to Work Mental Health Support Service, delivered by Remploy and funded by the Department for Work and Pensions.

Coronavirus and mental health at work

www.acas.org.uk/coronavirus-mental-health/supporting-staff-mental-health

Advice for line managers on supporting your staff's mental health during the coronavirus pandemic.

My World of Work - Skills Development Scotland

www.myworldofwork.co.uk/

With the effects of COVID-19 continuing, you can still count on us for career information, advice and guidance. Our careers centres are closed but we're here online or by calling 0800 917 8000.

Our helpline is open Monday to Friday, 9am-5pm.

For further information go to Skills Development Scotland

www.skillsdevelopmentscotland.co.uk/coronavirus-covid-19/

Massive Open Online Courses

www.mooc.org/

Massive Open Online Courses are free online courses available for anyone to enroll, which provide an affordable and flexible way to learn new skills, advance your career and deliver quality educational experiences at scale.