



Mental Health Information Station

Information on Psychotic disorders Schizophrenia and Hearing voices

SUPPORT

Treatment

People with psychotic disorders will often receive help from a community mental health team(which offers day-to-day support and treatment? It is usually treated with a combination of medicine and therapy tailored to each individual? Medication is prescribed by a psychiatrist, typically within a community mental health team? Medication reduces the effects of the symptoms on your life?

Read more on NHS Inform: www.nhsinform.scot/illnesses-and-conditions/mental-health/schizophrenia

Self Help

Peer support – The Hearing Voices Network - www.hearing-voices.org/

Early Psychosis - www.earlypsychosis.ca/definition-of-psychosis/

Hearing Voices Network - www.hearing-voices.org

Young Minds - <https://youngminds.org.uk/find-help/conditions/schizophrenia/>

Re -Think Mental Illness - www.rethink.org/

The Royal College of Psychiatrists - www.rcpsych.ac.uk/

INFORMATION

Short Educational Films

Jo and Charlie (Early Psychosis Intervention)

www.youtube.com/watch?v=fM6VEE3aC3M

What is Schizophrenia (The Royal College of Psychiatrists)

www.youtube.com/watch?v=_VMkXdt9DIU

Helpful Information

The Royal College of Psychiatrists information on Schizophrenia

www.rcpsych.ac.uk/mental-health/problems-disorders/schizophrenia

Re-Think Mental Illness www.rethink.org/advice-and-information/about-mental-illness/learn-more-about-conditions/psychosis/

Understanding Psychosis and Schizophrenia

www.bps.org.uk/what-psychology/understanding-psychosis-and-schizophrenia