



REACH-HF Facilitator Training

Online
March 2022



Welcome & Etiquette

- **Welcome to the online training of REACH-HF facilitation!**
- 2 days with presentations, exercises, breakout rooms, discussions and Q&As.
- Mute to avoid noise/feedback
 - Please remember to unmute to speak.
- Breaks: 10-minute comfort breaks, and 30-minute lunch break.



REACH-HF Training Schedule

Day 1 -: 9.00am to 4.30pm	
HOST Carolyn Deighan(CD)	
09:00 – 10:00	Welcome, online training etiquette and introductions. Dr Carolyn Deighan/Sharon Cameron
10:00 – 10:50	PA & Exercise Prof Patrick Doherty
10.50 - 11.00	<i>Break</i>
11.00 – 12.55	PA & Exercise Prof Patrick Doherty
12.55 – 13.25	<i>Lunch break</i>
13.25 – 13.55	PA & Exercise Prof Patrick Doherty
13.55 -14.35	Psych + Communication styles + Quality delivery Dr Carolyn Deighan
14.35-14.45	<i>Break</i>
14.45 – 16.30	Psych + Communication styles + Quality delivery Dr Carolyn Deighan

Day 2 -: 9.00am to 4.30pm	
HOST Sharon Cameron(SC)	
09:00 – 10:40	Family and Friends Prof Rod Taylor (pre-recorded)
10:40 – 10:50	<i>Break</i>
10:50 – 12.30	Facilitation (Bringing it all together) part 1 Sharon Cameron
12:30 – 13:00	<i>Lunch break</i>
13:00 – 14:00	Facilitation (Bringing it all together) part 2 Sharon Cameron
14:00 – 14:15	<i>Break</i>
14:15 – 15:15	Brief experiences of delivering REACH-HF during current pandemic – Wirral Facilitators : Clare Gibson & Jayne Wright
15:15 – 16:30	Q&A and Panel Discussion. Sharon Cameron, Dr Carolyn Deighan, Clare Gibson, Jayne Wright, Prof Patrick Doherty, Prof Rod Taylor, Dr Hayes Dalal.



Introductions

- Tell us a wee bit about you!
- What's your name and which service are you with.
- Background /experience.
- Why REACH-HF?
- 1 or 2 key expectations for these two days.