

Happy Holidays!

From everyone here at The Heart Manual, we would like to wish you a peaceful and merry festive season.

If you would like to join **Digital Reboot Session** for February 1st 2023, for the Digital Heart Manual, book your place by emailing us at heart.manual@nhslothian.scot.nhs.uk

For those using the **QR code cards for the Digital manual**, we will be in touch with you in the **New Year.**

In 2022, we **trained over 500 facilitators!** Thank you for **joining us.**

