

Edinburgh Community Stroke Service

Working together for a caring,
healthier, safer Edinburgh



Edinburgh Community Stroke Service (ECSS)

ECSS offers stroke
rehabilitation in a community
setting.

How to Refer

Referrals can be made via the Social
Care Direct contact team:

Tel: 0131 200 2324

socialcaredirect@edinburgh.gov.uk

AIS box: 7732. If you cannot access
AIS/SWIFT, please contact us for a
referral form

The ECSS team would encourage any
enquiries regarding a referral by
calling:

Edinburgh Community Rehabilitation
and Support Service,

62 Longstone Street

EH14 2DA

0131 443 3837

ECSS@edinburgh.gov.uk



Lothian Buses: 20 34 33 stop nearby

ECSS Aims

- To provide a service where people can access multidisciplinary team support and rehabilitation in the community following a stroke.
- To provide stroke specific rehabilitation within the community following hospital discharge when identified goals still have to be achieved.

The ECSS Team

- ECSS is a multidisciplinary service provided by Occupational Therapists, Physiotherapists, an Employment and Training advisor and Community Support Workers.
- The service has close links to other agencies including Speech and Language Therapists, Assistive Technology Occupational Therapy, Chest Heart & Stroke Scotland Nurses, Consultant in rehabilitative medicine (community) Neuropsychology, Grapevine (welfare checking service), and other statutory/voluntary services.

What ECSS Provides

- ECSS can provide rehabilitation input once a week. This can be either Community and/or Centre based.
- ECSS is a flexible, personalised service providing 1:1 input or group work as appropriate incorporating health promotion and self management strategies. The duration of ECSS input is time limited depending on individual rehabilitation need and goals.
- The 4 weeks of Health Promotion can be provided independently of other ECSS service.
- Door-to-door transport may be available if independent travel is not possible. The centre has available parking or can be reached by public transport.
- Individuals may attend for all or part of a day depending on rehabilitation need.

- If required, individuals can obtain support with personal care within the ECSS centre, but ECSS cannot directly organise home care packages.

Referral Criteria

- ECSS is available to adults over 16 years of age living in the City of Edinburgh.
- Have a primary diagnosis of stroke.
- Be motivated and able to actively participate in rehabilitation.
- Have rehabilitative goals not yet fully met in hospital, or have ongoing rehabilitative goals and the potential to improve with rehabilitation.
- Individuals who have had a stroke may be reviewed and re-assessed later in their stroke recovery and may be considered for the service but ONLY if they have clear rehabilitation goals.