

# Edinburgh Community Stroke Service

## Edinburgh Community Stroke Service (ECSS)

Offers continuing stroke rehabilitation  
in a community setting.

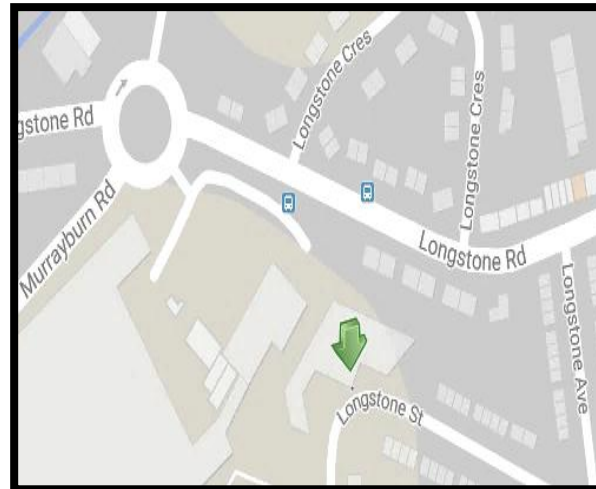
*They worked right through all  
the priorities that I had.  
I would certainly recommend  
ECSS to anybody.  
I would say: Give it a go, follow  
their advice and you will certainly  
improve.*



Previous ECSS Client

### Address:

**EDINBURGH COMMUNITY REHABILITATION  
AND SUPPORT SERVICE**  
62 LONGSTONE STREET  
EDINBURGH  
EH14 2DA  
0131-443-3837



### Lothian Buses:

20, 30, 34, 33, 36  
stop nearby

*I didn't know what had  
happened to me before  
I came to ECSS.  
They explained things to  
me. I now understand how  
a stroke can affect you.*



Previous ECSS Client

## ECSS Aims

- To provide a service where people can access multidisciplinary team support and rehabilitation in the community following a stroke.
- To provide continued stroke specific rehabilitation within the community based on individual rehabilitation need and goals.

## The ECSS Team

- ECSS is a multidisciplinary service provided by:  
Occupational Therapists,  
Physiotherapists, an Employment and Training advisor and Community Support Workers.  
ECSS is an integrated service (NHS and City of Edinburgh Council) and we share your relevant medical/social information within the team. Information is shared on a need to know basis and is kept within Data Protection legislative guidelines.
- The service has close links to other agencies including

Speech and Language Therapists, Assistive Technology Occupational Therapist, Chest Heart & Stroke Scotland Nurses, Consultant in rehabilitative medicine (community) Neuropsychology, Grapevine (welfare checking service), and other statutory/voluntary services.

## What ECSS Provides

- ECSS can provide rehabilitation input once a week. This can be either Community and/or Centre based.
- ECSS is a flexible, personalised service providing 1:1 input or group work as appropriate incorporating Health promotion and self-management strategies.  
The duration of ECSS input is time limited depending on individual rehabilitation need and goals.
- Door-to-door transport may be available if independent travel is not possible.
- If required, individuals can obtain support with personal care within the ECSS centre, but ECSS cannot directly organise home care packages.

## Appointment

Proposed Date:

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Time:

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Location:

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Therapist Name:

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Other information:

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