

SUPPORTED COMMUNICATION

HOW TO REDUCE FRUSTRATION AND
IMPROVE COMMUNICATION FOR
SOMEONE WITH APHASIA



What You'll Learn

This leaflet and accompanying video provide tips and strategies to help support people with aphasia to understand others and communicate effectively.

Supporting Understanding

Take your time

Repeat or re-phrase key words
or phrases

Use simple, meaningful gestures

Write key words to clarify & offer
choices. Use legible clear print

Use simple clear drawings
alongside
speech and writing

Use appropriate objects,
photographs,
alphabet boards etc.
to support understanding



Supporting Expression

Give them time

Encourage thinking of another word
or describe it instead

Encourage them to use key words
Use yes/no questions to confirm you
understand

Respond to gesture, mime
and pointing

Use writing and drawing if they are
able to do this

Make use of maps, photos, calendars,
communication books,
alphabet boards etc.

Please scan the QR code below with your smart phone or
tablet to watch our video for more information.



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East Lothian: 01620 642 704
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Speech and Language Therapy
department

