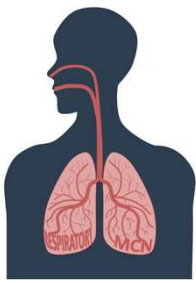


**NHS Lothian**  
**Respiratory Managed Clinical Network**  
**Professional Education Conference**  
Wednesday 13<sup>th</sup> May 2026



## Programme

Timings	Topic	Speaker
9am	Delegate Arrival & Registration	
9:30am	Welcome & Introductions	Dr Gourab Choudhury & Elspeth Christie
9:40am	Chronic Respiratory Diseases and Basics of Spirometry	Sara McArthur
10:10am	Updates on Asthma	Dr Sunny Jabbal
10:40am	Interstitial Lung Disease	Dr Manjit Cartlidge
11:10am	<b>Morning refreshments, exhibition and networking</b>	
11:30am	Workshop 1	<i>Further details available on next page</i>
12pm	Workshop 2	<i>Further details available on next page</i>
12:30pm	<b>Lunch, exhibition and networking</b>	
1:15pm	Workshop 3	<i>Further details available on next page</i>
1:45pm	Workshop 4	<i>Further details available on next page</i>
2:15pm	<b>Afternoon refreshments, exhibition and networking</b>	
2:35pm	Updates on COPD	Dr Gourab Choudhary
3:05pm	Safe Steroid Prescribing and Deprescribing	Dr Tom Chambers
3:35pm	Q&A Panel	Dr Gourab Choudhury & Elspeth Christie
4:05pm	Closing Remarks & Evaluation	Dr Gourab Choudhury & Elspeth Christie



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## Workshops

The colour on your name badge correlates to the room you will attend for your workshops.



Caledonian 1



Caledonian 2



Scott



Burns

### Workshop

### Speaker

**Timings:** 11:30am-12pm / 12pm-12:30pm / Lunch / 1:15pm-1:45pm / 1:45pm-2:15pm

AIR & MART Overview

Katie Johnston

Physiotherapy in Respiratory Care

Jill Gill

Oxygen Therapy

Colette Lamb

Thinking about the whole person: Complexity in respiratory care

Shona Brown and Joseph Burke

***Please note delegates will attend all workshops listed above with workshop leads rotating around each room.***

*This event is sponsored by the purchase of exhibition stand space by the pharmaceutical companies detailed below. This payment will be used for catering and room hire on the day. The companies have had no input in the programme or educational content of the meeting.*



*Delegates are advised that their full name and job role will be shared with event sponsors for the purpose of ensuring compliance with ABPI requirements. This information will be used and stored exclusively for regulatory and audit purposes. If you wish to opt out of your information being shared in this regard, please let us know by emailing [rebecca.anderson5@nhs.scot](mailto:rebecca.anderson5@nhs.scot)*