

**Confidential**  
To Parents/Carers

Date 17 August 2022  
Our Ref HPT/RO/fs

Enquiries to Health Protection Team  
Direct Line 0300 790 6264  
Email [health.protection@nhslothian.scot.nhs.uk](mailto:health.protection@nhslothian.scot.nhs.uk)

Dear Parents/Carers

### **Samples and Exclusion for Children with Diarrhoea and Vomiting**

Further to our inform and advise letter which was sent to you yesterday (16/08/2022), regarding the investigation of diarrhoea and vomiting at your local nursery, I am writing to provide clarity on what you should do if your child has been unwell with the symptoms below.

If your child currently has symptoms or develops symptoms of vomiting, diarrhoea or abdominal cramps, you should submit samples in two sample pots to your General Practitioner (GP). The samples pots are available for collection from your GP practice. Previously we stated that you should submit a sample if your child has been unwell since the 15th July, however on further investigation we would only ask you to hand in samples if your child has been unwell in the last 7 days.

When or if your child has symptoms, they should not participate in arrangements/visits where they are likely to mix with other children until they are free of the symptoms for at least 48 hours.

Finally, the contact number on the letter issued yesterday was incorrect. If you need to contact the Health Protection Team, please call 0300 790 62 64

Thank you for your cooperation with the Health Protection Team.

Yours sincerely



**Dr Richard Othieno**  
Consultant in Public Health Medicine