

Podiatry Contact Centre
0131 536 1627

Opening times:

Monday to Thursday 8.45am - 4pm

Friday 8.45am - 3pm

Closed 12 noon- 1pm



Podiatry Department



Picture taking guide for patients

Informed consent

1. After discussion with your podiatrist, we felt that taking a picture of your foot or problematic area is necessary to help us make decisions about your care.
2. You are required to email this picture to us. However, we must inform you that there are some risks involved with this although we have done all we can to minimise these..
3. There is no guarantee that your email will be received by NHS Lothian however as we are expecting your email we will contact you if we don't receive it.
4. By sending us your photograph you are consenting for our staff to process the image and store it in your electronic patient record. This will be done securely and confidentially

Advice for taking pictures:

1. Always take the pictures on the same device (compact camera/mobile phone/tablet).
2. Use a plain background (the lighter the better, such as a white towel but as long as it's completely plain). No jazzy duvet covers
3. Take a landscape picture, make sure to include the whole foot from toes to heel.
4. If you have a wound also take a close up picture of this.
5. Make sure the picture is in focus
6. Take the picture in a bright room
7. If taking pictures over a period of time make sure that all pictures are taken in same environment each time
8. Ensure there are not any faces in the picture
9. Any identifiable image(s) on the foot (such as a tattoo) should be covered up before taking the picture.

Sending pictures

1. Images are emailed to woundcare.podiatry@nhslothian.scot.nhs.uk
2. Type, 'Patient picture' into email subject
3. Type your name and date of birth in the main body of the email
4. The file size limit is 13MB. Emails containing files larger than that will not be received.
5. Send still images only.
6. We are unable to respond to your email, if you have any further questions please contact the department by telephone.
7. Only send us pictures if you have been instructed to by your Podiatrist.