

Information for Patients

Palliative care aims to help people who have problems due to any life limiting illness.

We try to help patients achieve the best quality of life they can within the limitations of their illness.

The hospital palliative care team consists of nurses and doctors, all of whom are experienced and trained in specialist palliative care.

We offer advice and support for patient, families, and hospital staff.

We work very closely with members of the hospital team who are responsible for your care.

Working with other professionals we aim to:

- Provide advice and support on symptoms that may be of concern to you.
- Offer opportunities for you to discuss physical, emotional, family and social problems or worries
- Help you and your family make informed decisions about your future care and treatment
- Liaise with other professionals who provide specialist palliative care in the community, in hospices and in other hospitals.

Any member of the hospital team involved in your care can make a referral to the hospital palliative care team. They will talk to you about how the team may help first. Your consultant will have agreed to the referral if another doctor or nurse makes it.

You or your family are welcome to contact the palliative care team for advice, but we cannot become involved in your care without asking the hospital staff looking after you. This makes sure that all the professionals work together.

The team members are: -

- **Dr Kate Henriksen – Consultant in Palliative Medicine**
- **Suzanne Young – Clinical Nurse Specialist in Palliative Care**
- **Jennifer Foster - Clinical Nurse Specialist in Palliative Care**
- **Louise Gornall – Team Administrator**
- **Fiona Bankier – Complementary Therapist**
- **Georgina Nelson - Chaplain**
- **Anne Wade – Social Worker**
- **Doctors and nurses training in palliative care also work with the team**

The team can be contacted: **9am-5pm, Monday – Friday**
Tel Office: 01506 522010 (52010)

If no one is available to take your call, please leave a message on the answer machine and we will return your call as soon as possible.