



My Story of HOPE Spiritual Care Plan

Graham Hunter

Lead Quality Improvement Nurse
East Lothian Health and Social Care Partnership

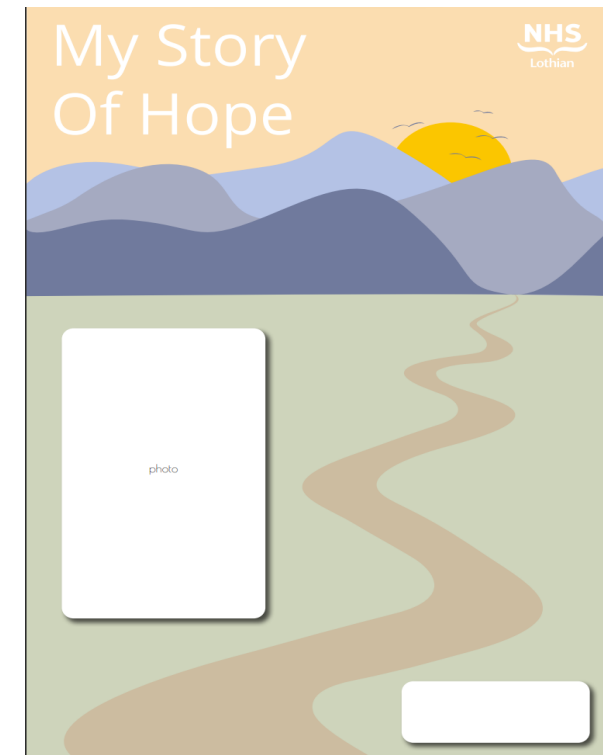
Where the My Story of HOPE sits within the Nursing and Midwifery strategy.

Deliver excellent, person-centred compassionate care

A collaborative, person-focused approach should be at the very centre of everything we aspire to achieve to deliver care that is high quality, compassionate, safe, and effective. Person-centred care supports people to develop the knowledge skills and confidence they need to more effectively manage and make informed decisions about their own health and health care, ensuring that people are treated with dignity, compassion and respect.

Our aims to achieve this are:

- ▶ **Role model and deliver our Principles for Person-centred Care.**
- ▶ **Develop care processes and systems that are coordinated and centered around people.**
- ▶ **Focus on enablement and engagement and use feedback to drive improvement**
- ▶ **Provide personalised, values and rights-based care that is realistic.**



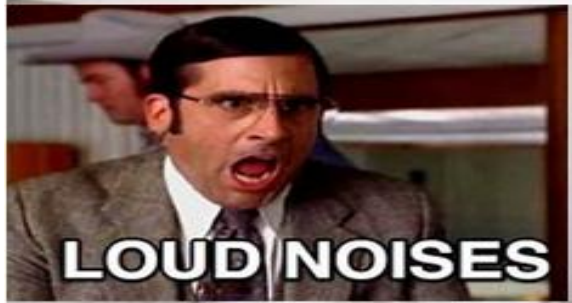
Traditional

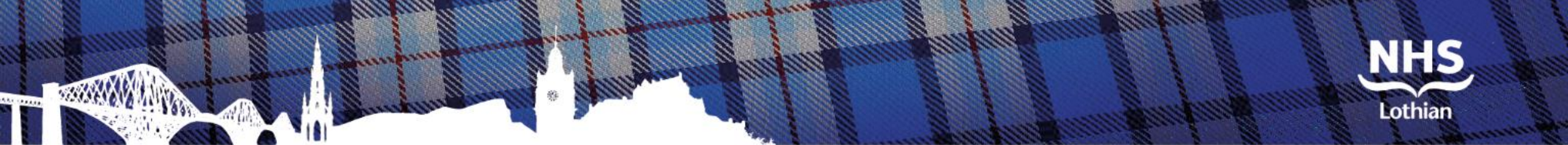
Modern



Spirituality







poppy 
scotland



First Run ... a traditional Care Plan

HOPE

HOPE Spiritual Care Plan	
Aim of Goal _____ Requires an assessment to identify their wishes, beliefs, feelings, faith and values (with relatives if applicable)	Goal(s): The resident is given the opportunity to discuss what is important to them (with relatives if applicable).
Consider – does the resident understand and retain instructions given. If not, adopt different approaches to meet their individualised needs prior to nursing / carer interventions.	
Every resident has the right to self-determine what care and/or treatment they receive if they have the capacity to do so. In the absence of capacity for a decision (which needs to be evidenced) care and or treatment needs to be delivered following the best interest principle of the Mental Capacity Act (2005)	
Plan of Care:	Date discontinued
<p>H: Sources of Hope, meaning, comfort, strength, peace, love, and connection.</p> <ul style="list-style-type: none"> • What is there in your life that gives you internal support? • What are your sources of hope, strength, comfort, and peace? • What do you hold on to during difficult times? • What sustains you and keeps you going? • For some people, their religious or spiritual beliefs act as a source of comfort and strength in dealing with life's ups and downs: is this true for you? • If the answer is "Yes" go on to O and P questions. 	

Results

Too clunky

Not enough time to fill it

Just another NHS "tick-

Uncomfortable asking / answering questions

Not interested

I Don't believe in God!

What's in it for me?



Trialled at 6 Care Homes in ELHSCP and 2 Wards in ELCH





My Story Of Hope



PHOTO



My Beginning

Where I went to school



What exams did I take

My Beginning

What were my dreams



What were my ambitions

What Is Important To Me

Health

Sadness

Happiness

Spirituality



My Middle Years

Jobs



Travel

Where I Am Now

Family




Moving into a care home

What are my dreams and ambitions

What are my achievements

This Is My Message Of Hope

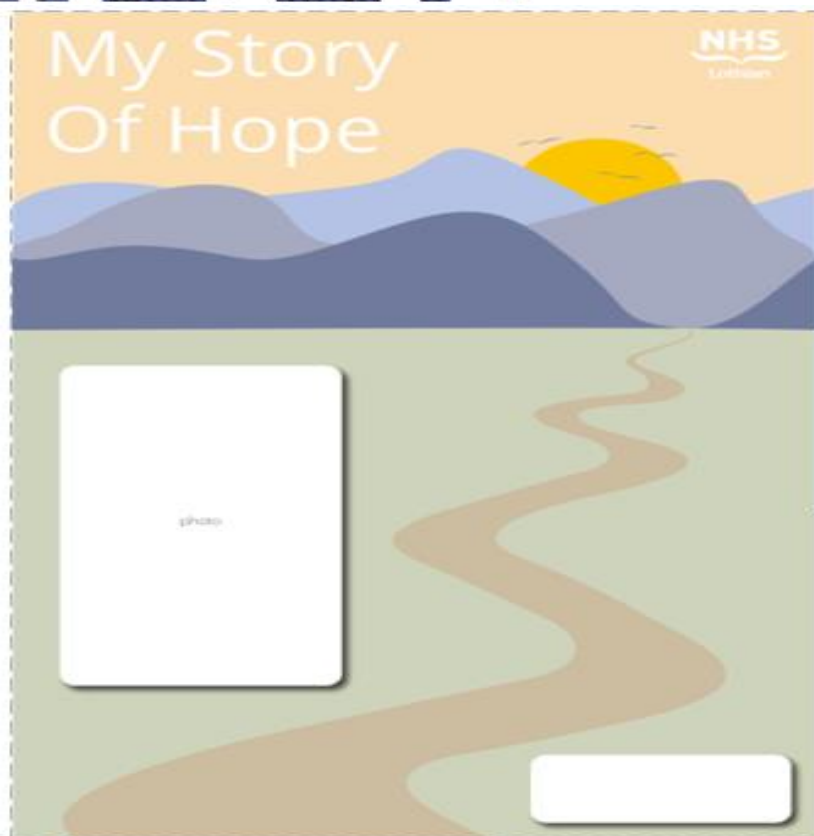


My Story of HOPE being implemented

Education sessions both Face to face and on Teams delivered.

See one / do one / teach one.

Confidence.



Currently being used within Ward 1 ELCH and 5 Care Homes within ELHSCP



Next Steps and Conclusion

Scottish Government – “Can I take this opportunity to thank you for all you do, and for your interest and hard work in seeking to find new and innovative ways to assess, and more importantly, record spiritual care within health and social care settings.” - Mark Evans DCS Professional Advisor (Participation Team)

NHS Lothian Head of Spirituality / Head of Spirituality NHS Scotland – “We carried out a service review last year and the work you have been doing relating to Spiritual Care is a pleasant surprise.” – Paul Graham Head of Spiritual Care & Bereavement (NHS Lothian / Scotland)

Engagement with above teams to shape and imbed practices.

Have fun with the data!!