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| **Single Point of Access (SPOA)****Triage for PostCOVID-19 Community Allied Health Professional (AHP) Rehabilitation Services** |  | EHSCPMainLogoWebsite-sizednew.png |

* This SPOA AHP Triage is for City of Edinburgh residents with an ongoing post COVID rehabilitation need
* This is not a stand alone Post Covid rehab dedicated team but triages to existing Community AHP services. It is not appropriate for patients requiring further investigation

**Referral Guidance:**

**AHP Rehab support for the following Covid symptoms:**

* Return to work
* Respiratory difficulties
* Functional difficulties with day to day living
* Pain
* Fatigue
* Equipment provision
* Emotional wellbeing (but not Psychological therapy)
* Speech/Swallow
* Neurology deficits
* Nutrition

**You may wish to consider:**

**Breathlessness**

For clinical assessment of breathlessness >3 weeks post acute proven or suspected Covid 19 illness.

Refer to Post Covid breathlessness protocol [*here*](https://apps.nhslothian.scot/refhelp/guidelines/Pages/PostCOVIDBreathlessness.aspx) for further guidance.

**Fatigue**

Where fatigue of more than 4 months duration is the primary symptom

Consider referral to ME/CFS [*here*](https://apps.nhslothian.scot/refhelp/InfectiousDiseases/ME-CFS) for further guidance.

**SPOA postCOVID AHP rehabilitation**

**Community AHP rehabilitation need**

**+**

**Ongoing symptoms postCOVID-19**

(confirmed or suspected)

**+**

**Edinburgh resident**

**+**

**Adult**

**How to Refer**

**Primary Care clinician send SCI Gateway referral**

* **AHP – Physiotherapy**
* **Edinburgh AAH**
* **L Post COVID rehab**

**Exclusion Criteria**

* Emergency / urgent same day AHP assessment
* Non-Edinburgh resident
* Non COVID
* Child under 16 years of age

**AHP Services that SPOA can Triage too:**

Community Speech and Language Therapy, Dietetics and Nutrition, Community Respiratory Team, Physio @ Home, Lothian Work Support Service , Pulmonary Rehabilitation, Musculoskeletal Outpatients, Neuro Outpatients (OT and PT), HUBS

**This is an evolving process which will be responsive to the emerging needs of patients.**

Flyer – PostCOVID Single Point of Access Community Rehabilitation Edinburgh HSCP – Feb 2021 draft 3

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